



2019 UT WFFM 8th Annual Big Fish IMX/IMR

Hosted by
Wasatch Front Fish Market
Held under the sanction of USA Swimming

Sanction#: **UT19-93**
October 25-26th, 2019

In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. It is further understood that Utah Swimming LSC, and WFFM club shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Location:	Cottonwood High School 5715 S 1300 E Salt Lake City, UT 84121 Emergency calls the day(s) of the meet: 801-891-4874		
Session Dates and Times:	Session	Warm Up	Meet Starts
	Friday, October 25 th , 2019	4:15-5:00 PM	5:10 PM
	Saturday, October 26 th , 2019	7:15-8:00 AM	8:10 AM
Facility:	Pool Specifications: Indoor 25-yard pool with six (6) lanes Start End Water Depth: 5.5 feet @ 1 meter from wall; 5.0 feet @ 5 meters from wall Turn End Water Depth: 3.5 feet @ 1 meter from wall; 4.0 feet @ 5 meters from the wall Timing: Colorado Timing System with a horn start Pool Certification: The competition course has not been certified in accordance with 104.2.2C(4).		
Meet Director:	Ruth Swallow, (801) 891-4874 Email: swim4fishmarket@aol.com		
Meet Referee:	Ted Swallow, (801) 891-4684 Email: brdnst@aol.com		

Meet Starter:	Alicia Simon, (801) 755-1337 Email: acs68@yahoo.com
Meet Admin. Official:	Erin Callaway, (801) 709-3183 Email: elcallaway@gmail.com
Eligibility:	This meet is open to all Utah Swimming 2019 registered USA Swimming athletes. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet. Swimmer's age on the first day of the meet determines age group for the entire competition.
Deck Registration:	No deck registration will be accepted; swimmers must be registered at time of entry.
Entry Limits, Fees and Deadlines:	<p>This meet will be limited to 250 swimmers or number required to comply with the 4-hour rule. Teams will not be split. Individual swimmers may enter up to SEVEN (7) individual events, swimming no more than Four (4) individual events per day. No Times (NT's) will be accepted but a minimum 100Y time is being enforced when entering NT for 200 Fly, 200 Breast and 200 Back, and a minimum 200Y time for the 400 IM and 500 Free. These times are listed on the event list.</p> <p>Surcharge per participating swimmer: \$7.00 Individual Event Entry: \$6.00</p> <p>All fees must accompany entries and are nonrefundable. One team check is recommended. Make checks payable to Wasatch Front Fish Market.</p> <p>Entries will begin to be accepted on Monday, October 7th, 2019 at 8 AM. All entries must be received (in the hands of the below designated person) by 7:00 PM, Monday October 21st, 2019. Deck entries will be accepted based upon lane availability.</p> <p>Email or mail entries to: Ruth Swallow 7601 S Siesta Hills Ct Sandy, UT 84093 (801) 891-4874 swim4fishmarket@aol.com</p> <ul style="list-style-type: none"> • Please submit all entries using electronic meet entry software (Hy-tek, TeamUnify, etc.), including proof of time verification. Individuals/Teams mailing the USI Official Entry form found on the sanctions page of the Utah Swimming website (www.swimutah.com) must make sure that each form is signed and provide time verification for each entry. Entries are not accepted without said verification. • Entries are not considered confirmed until the team entry representative receives official confirmation from the meet entry contact. If the team entry representative does not receive an email confirmation regarding your entries within 24 hours of the entry deadline, please contact the meet entry contact immediately. A printed copy of submitted entries will be used to resolve any entry issues.

	<ul style="list-style-type: none"> The person submitting a team's entries is the team entry representative and the received email implies the official signature of the team entry representative. Said person will be the only person to make changes and will be responsible for all fines and penalties resulting from inaccurate times and unregistered swimmers. <p><i>*Whether entries are submitted electronically or on paper, by the action of entering the swimmer in the meet the submitter, whether the swimmer, coach, parent or team representative, certifies that the swimmer is a registered member of USA Swimming and that all times stated in the entry are true and correct.</i></p> <p><i>*The submitter further assumes responsibility for any false or incorrect times, and understands that all listed entry times are subject to Utah Swimming Time Verification Procedures, and that a fine of \$20.00 shall be paid to Utah Swimming, Inc. for each incorrect time, unless corrected before the entry deadline. It is understood that an automatic call before the review section shall be the result for a third entry time that cannot be verified. The submitter further agrees that a penalty of \$100.00 shall be assessed to anyone entering a swimmer in a meet sanctioned by Utah Swimming, Inc. who is not registered with USA Swimming at the time of entry, upon it being proven that the swimmer was not so registered.</i></p>
Entry Rules:	<p>Entries must be submitted in the course in which they were achieved. Converted times should NOT be used. All times submitted must be the swimmer's best time. Event seeding will be in the following order: conforming SCY, non-conforming LCM, non-conforming SCM Swimmers without a valid USA Swimming time in an event must be submitted as a "NT" in that event.</p> <p>A mandatory scratch down may apply to this meet if the timeline exceeds 4 hours for 12-Under swimmers, subject to the provisions of USA Swimming Rules and Regulations 205.3.1F. If a scratch down is necessary, teams will be reimbursed for said scratched events.</p>
Meet Format, Check-in and Scratches	<p>This meet will be run as timed finals.</p> <p>This meet is negative check-in, scratches are due to Ruth Swallow by 6 PM on Thursday, October 24th. In the event of a no show (NS), swimmer will not be allowed to swim the missed race, but no further penalty will apply. Time trials will not be offered.</p>
Warm-up:	<p>USA Swimming and Utah Swimming safety procedures will be enforced throughout the meet. Warm-ups are subject to the following procedures:</p> <ul style="list-style-type: none"> Warm-up: Coaches have the responsibility of ensuring that all their swimmers are instructed in warm-up procedures and that the swimmers follow all Utah Swimming safety procedures. All swimmers will enter the pool from a sitting or 3-point position. No pushing, splashing, running or any other general horseplay. Swimmers engaging in such activities will be asked to leave the pool. All USA Swimming athletes must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist unaccompanied swimmers in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet. 202.5.3 <p>During the last 15 minutes of warmup, lanes 2 and 5 will be opened for diving starts in the competition pool only.</p>

Dive Certification:	"Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement." 202.4.10D
Concussion:	Any swimmer under the age of 18 entered in the meet must have a current (within the year), athlete and parent signed Concussion Informed Consent Acknowledgement. If affiliated with a member club, it must be on file with the club. If unaffiliated with a member club, it is the responsibility of the swimmer or the swimmer's parent or legal guardian to ensure compliance with this requirement.
Restrictions:	Deck changes are prohibited. 202.4.10I Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. 202.4.10H Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. 202.4.10J
Adaptive Swimming	Adaptive swimming: In accordance with USA Swimming rule 202.4.14 & Article 105.1, the Meet Referee has the authority to accommodate swimmers with disabilities in accordance with USI P&P 1.17. The coach or person in charge of team entries must notify the meet referee and meet entry contact of accommodations requests at the time of entry submission.
Athlete Protection:	All coaches and officials must show proof that they are certified to be on deck at check in. A separate Restroom would be provided for any USA registered non-athlete members.
Awards:	Heat Winner Awards will be given.
Results:	Results will be emailed following the meet.
Deck access:	Deck access is limited to swimmers, coaches, officials, and meet workers. Officials and coaches must wear their USA Swimming ID cards to be allowed on deck. Only currently registered coach members of USA Swimming may be on deck in a coaching capacity. 202.5.5
Concessions:	A light concession will be offered both days
Timers:	Teams with more than 10 swimmers will be asked to provide timers. Lane assignments will be sent out prior to the meet. Swimmer in 400 IM and 500 Free must provide your own timer and counter.
Parking:	Free parking is available next to the building
Web Site:	For meet info, please visit the Utah Swimming web site at: http://www.swimutah.com or http://wasatchfrontfishmarket.org



SESSION #1**Friday, October 25th, 2019**
(Warm-up 4:15 pm - Start 5:10 pm)

Event #	Q Time	Event Description
1		Mixed 12 & Under 100 IM
2		Mixed 8 & Over 200 IM
3		Mixed 12 & Under 50 Fly
4		Mixed 8 & Over 100 Fly
5	1:26.29 in 100 Fly	Mixed 11 & Over 200 Fly
6		Mixed 8 & Over 200 Free
7		Mixed 13 & Over 50 Free
8		Mixed 12 & Under 100 Free
9	3:02.49 in 200 IM	Mixed 11 & Over 400 IM

SESSION #2**Saturday, October 26th, 2019**
(Warm-up 7:15 am - Start 8:10 am)

Event #	Q Time	Event Description
10		Mixed 8 & Over 100 Back
11		Mixed 12 & Under 50 Back
12	1:26.29 in 100 Back	Mixed 11 & Over 200 Back
13		Mixed 8 & Over 100 Breast
14		Mixed 12 & Under 50 Breast
15	1:35.79 in 100 Breast	Mixed 11 & Over 200 Breast
16		Mixed 13 & Over 100 Free
17		Mixed 12 & Under 50 Free
18	2:41.19 in 200 Free	Mixed 11 & Over 500 Free

All events will be swum mixed gender.

Swimmers in the 400 IM, 500 Free must provide their own timers and counters.