



# 2019 UT HAST Candy Cane 12 & under Mini-Meet

**Hosted by**  
**Hilltop Aquatics Swim Team**  
 Held under the sanction of USA Swimming

**Sanction#: UT19-106**  
**December 20, 2019**

*In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. It is further understood that Utah Swimming LSC, and HAST club shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

<b>Location:</b>	<b>American Fork Fitness Center</b> <b>454 North Center</b> <b>American Fork, UT 84003</b> Emergency calls the day(s) of the meet: <b>801-763-3084</b>		
<b>Session Dates and Times:</b>	<b>Session</b>	<b>Warm Up</b>	<b>Meet Starts</b>
	Friday, December 20, 2019	4:00 pm	4:30 pm
<b>Facility:</b>	<b>Pool Specifications:</b> 25-yard pool with eight (8) lanes Start End Water Depth: 6.5 to 7 feet @ 1 meter from wall; 6.5 to 7 feet @ 5 meters from wall Turn End Water Depth: 12 feet @ 1 meter from wall; 12 feet @ 5 meters from the wall  <b>Timing: Daktronics Timing System &amp; pads with a horn start, with Message Center Scoreboard</b>  <b>Pool Certification:</b> The competition course has not been certified in accordance with 104.2.2C(4).		
<b>Meet Directors:</b>	DaNene Adamson Brydie Smith	801-763-3084 x-408 270-839-5768	<a href="mailto:HAST@hilltopaquatics.org">HAST@hilltopaquatics.org</a> <a href="mailto:alpha64smiths@yahoo.com">alpha64smiths@yahoo.com</a>
<b>Meet &amp; Deck Referees:</b>	Rebecca Harding Mike Wynn	801-921-3154 801-372-1299	<a href="mailto:rjharding37@gmail.com">rjharding37@gmail.com</a> <a href="mailto:wynnclan@gmail.com">wynnclan@gmail.com</a>
<b>Meet Starters:</b>	Alex Smith	270-839-5708	<a href="mailto:alpha64smiths@yahoo.com">alpha64smiths@yahoo.com</a>
<b>Meet Admin. Official:</b>	Jennifer Nielson	801-310-3520	<a href="mailto:jenn.n@comcast.net">jenn.n@comcast.net</a>
<b>Eligibility:</b>	<ul style="list-style-type: none"> <li>This meet is open to all <b>12 &amp; under swimmers</b> who are currently 2019 registered USA Swimming athletes.</li> <li>No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. Swimmer's age on the first day of the meet determines age group for the entire competition.</li> <li>Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.</li> </ul>		
<b>Deck Registration:</b>	No deck registration will be accepted; swimmers must be registered at time of entry.		

## Entry Limits, Fees and Deadlines:

- The meet will be limited to the number of swimmers dictated by the timeline, and deck capacity constraints. *Teams submitting additional entries after their 1<sup>st</sup> entries are received and accepted into the meet, might not get their additional entries accepted, depending on constraints.*
- Individual swimmers may enter up to **THREE (3)** individual events.
- **NT's will be accepted.**
- **Surcharge per participating swimmer:        \$28.00**
- All fees MUST accompany entries but can be turned in upon check-in the first day of the meet. All fees are non-refundable. One team check is recommended. ***Please make one team check payable to: AFFC/HAST.***
- **Entries will be accepted starting on Wednesday, December 4, 2019 @ 12:00 noon.**
- All entries and fees must be ***received*** (in the hands of the below designated person) on or before ***WEDNESDAY, December 11th*** at noon.
- Email or mail entries to: [HAST@hilltopaquatics.org](mailto:HAST@hilltopaquatics.org)  
DaNene Adamson  
c/o AF Fitness Center  
454 North Center  
American Fork, UT 84003

## Entry Rules:

- Please **submit all entries by email using Hy-tek** software or using the entry form available at the Utah Swimming website. Teams entering via e-mail must supply a hard copy with verification of times. Said person will be responsible for all fines and penalties resulting from inaccurate times and unregistered swimmers. Teams using the official entry form must make sure that each form is signed, and time verification is included on each entry. Entries will not be accepted without time verification and one uniform entry sheet signed by the person responsible for entry submission.
  - **An additional \$5.00 per swimmer surcharge will be added to entry fees for any entries not using Hy-tek software.**
- Entries are not considered confirmed until the team entry representative receives official confirmation from the meet entry contact. If the team entry representative does not receive an email confirmation regarding your entries within 24 hours of the entry deadline, please contact the meet entry contact immediately. A printed copy of submitted entries will be used to resolve any entry issues
- *Whether entries are submitted electronically or on paper, by the action of entering the swimmer in the meet the submitter whether the swimmer, coach, parent or team representative, certifies that the swimmer is a registered member of USA Swimming and that all times stated in/on the entry are true and correct. The submitter further assumes responsibility for any false or incorrect times and understands that all listed entry times are subject to Utah Swimming Time Verification Procedures, and that a fine of \$20.00 shall be paid to Utah Swimming, Inc. for each incorrect time, unless corrected before the entry deadline. It is understood that an automatic call before the review section shall be the result for a third entry time that cannot be verified. The submitter further agrees that a penalty of \$100.00 shall be assessed to anyone entering a swimmer in a meet sanctioned by Utah Swimming, Inc. who is not registered with USA Swimming at the time of entry, upon it being proven that the swimmer was not so registered.*
- **It is preferred that entries are submitted in the course in which they were achieved. Converted times should NOT be used. All times submitted must be the swimmer's best time.** Event seeding will be in the following order: conforming SCY, non-conforming LCM, non-conforming SCM
- Swimmers without a valid USA Swimming time in an event must be submitted as a "NT" in that event.
- A mandatory scratch down may apply to this meet if the timeline exceeds 4 hours for 12-Under swimmers, subject to the provisions of USA Swimming Rules and Regulations 205.3.1F. If a scratch down is necessary, teams will be reimbursed for said scratched events.

## Meet Format, Check-in and Scratches

- **Scratches are due to the Meet Director at 7:00 A.M. on Friday -- BEFORE meet program sheets are printed.** If a swimmer fails to scratch properly and doesn't report to the block to swim, that swimmer will not be allowed to swim that event. However, they will not be scratched from their subsequent event. *Coaches, please help us run a timely meet, by bringing your scratches by the deadline.*
- This meet will run as timed finals.
- This meet is a negative check-in.
- Events can be combined, without a lane in between and can swim two to a lane at the referee's discretion.

<b>Warm-up:</b>	<p>USA Swimming and Utah Swimming safety procedures will be enforced throughout the meet. Warm-ups are subject to the following procedures:</p> <ul style="list-style-type: none"> <li>• Coaches have the responsibility of ensuring that all their swimmers are instructed in warm-up procedures and that the swimmers follow all Utah Swimming safety procedures. All swimmers will enter the pool from a sitting or 3-point position. No pushing, splashing, running or any other general horseplay. Swimmers engaging in such activities will be asked to leave the pool.</li> <li>• All USA Swimming athletes must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist unaccompanied swimmers in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet. 202.5.3</li> <li>• During the last 15 minutes of warm-up, <b>lanes 2, 4 and 6</b> will be opened for diving starts in the competition pool.</li> <li>• All lanes will be open for warmup to all swimmers, <b>with Lanes 1 &amp; 2 possibly restricted to younger swimmers only.</b></li> <li>• The meet Referee may make changes at any time as determined to be in the best interest of the athletes and the conduct of the meet.</li> </ul>
<b>Dive Certification:</b>	"Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement." 202.4.10D
<b>Restrictions:</b>	<ul style="list-style-type: none"> <li>• Deck Changes are prohibited. 202.4.10I</li> <li>• Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. 202.4.10H</li> <li>• Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. 202.4.10J</li> </ul>
<b>Concussion:</b>	Any swimmer under the age of 18 entered in the meet must have a current (within the year), athlete and parent signed Concussion Informed Consent Acknowledgement. If affiliated with a member club, it must be on file with the club. If unaffiliated with a member club, it is the responsibility of the swimmer or the swimmer's parent or legal guardian to ensure compliance with this requirement.
<b>Adaptive Swimming</b>	Adaptive swimming: In accordance with USA Swimming rule 202.4.14 & Article 105.1, the Meet Referee has the authority to accommodate swimmers with disabilities in accordance with USI P&P 1.17. The coach or person in charge of team entries must notify the meet referee and meet entry contact of accommodations requests at the time of entry submission.
<b>Deck Access:</b>	Deck access is limited to swimmers, coaches, officials, and meet workers. Officials and coaches must wear their USA Swimming ID cards to be allowed on deck. Only currently registered coach members of USA Swimming may be on deck in a coaching capacity. 202.5.5
<b>Athlete Protection:</b>	<ul style="list-style-type: none"> <li>• All coaches and officials must show proof that they are certified to be on deck at check in.</li> <li>• We ask that all spectators use the locker rooms in the facility. Random locker room checks will be performed as per MAAPP governs.</li> <li>• Volunteers/Coaches/Officials must use the Family restroom, <u>located by the guard room</u>. We ask you enter/exit the locker rooms from the entrance nearest the pool doors.</li> </ul>
<b>Awards:</b>	<ul style="list-style-type: none"> <li>• Ribbons will be awarded <b>1st through 12th place</b> in each age group and event for boys &amp; girls in "BB", "B", and "C" divisions.</li> <li>• Awards will be given by age groups: 6 &amp; under, 7 yr., 8 yr., 9 yr., 10 yr., 11 yr., 12 yr. age groups.</li> <li>• Participation gift given to each swimmer!</li> </ul>
<b>Results:</b>	<ul style="list-style-type: none"> <li>• Results will be available on the HAST website: <a href="http://www.hilltopaquatics.org">www.hilltopaquatics.org</a></li> <li>• Results will be emailed to participating teams.</li> <li>• Final Results will be available on the Utah Swimming web site in a (HTML) printable format and in a downloadable Team Manager (Cfile.zip) format.</li> </ul>
<b>Officials:</b>	Officials helping at this meet will be given a gift card for their participation at each session of this meet. We appreciate all their help at this meet!! <b><i>When submitting your team entries, please include in your Team Information, the names and phone numbers of the officials from your team that will be available to officiate, AND the sessions that they will be available.</i></b>
<b>Hospitality:</b>	There will be food and drinks available at all sessions for officials and coaches.
<b>Concessions:</b>	<b>LIMITED</b> Concessions will be offered at this meet.
<b>Timers:</b>	Teams that have <b>10 or more swimmers</b> competing from their team will be responsible to provide <b>TWO (2) timers for Sessions 1 &amp; 2, of the meet.</b> Teams with 9 or less swimmers may be asked to provide one timer, each session, <i>if needed</i> . Your lane assignment will be posted the first day of the meet. Timers are expected to check in 15 minutes prior to the start of each session. <b>Thank you for your help!!</b>

<b>Facility Use:</b>	The hot tub and all other Fitness Center facilities other than the locker rooms, restrooms and reception area are off limits to everyone except paying Fitness Center participants. The shallow end of the pool is ONLY open to paying Fitness Center participants with wristbands.
<b>Parking:</b>	Free parking is available next to the building, and in the lower parking lot of the facility.
<b>Web Site:</b>	For meet info, please visit the Utah Swimming web site at: <a href="http://www.swimutah.com">http://www.swimutah.com</a>



<b>HAST Candy Cane Mini-Meet</b>
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**Friday, December 20th**  
(Warm-up @ 4:00 pm - Start @ 4:30 pm)

Mixed	Event Description
<b>1</b>	<b>12 &amp; under 100 Freestyle</b>
<b>2</b>	<b>*8 &amp; under 25 Breaststroke</b>
<b>3</b>	<b>12 &amp; under 50 Backstroke</b>
<b>4</b>	<b>12 &amp; under 50 Butterfly</b>
<b>5</b>	<b>*8 &amp; under 25 Freestyle</b>
<b>6</b>	<b>12 &amp; under 50 Breaststroke</b>
<b>7</b>	<b>*8 &amp; under 25 Butterfly</b>
<b>8</b>	<b>*8 &amp; under 25 Backstroke</b>
<b>9</b>	<b>12 &amp; under 100 IM</b>
<b>10</b>	<b>12 &amp; under 50 Freestyle</b>
	<b>*Non-conforming events, and not recognized events, as per USA Swimming Rules</b>

