



Integrity, Inclusion, Education, Excellence

Autumn IMX Challenge

Hosted By: Atlantis Swimming (BBA) November 1-3, 2019

Sanction - This meet is sanctioned by Michigan Swimming, Inc. (MS), as a **timed final** meet on behalf of USA Swimming (USA-S), Sanction Number **MI1920021 and MITT1920021**. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as is fully set forth in these meet rules. **Location – Waterford Kettering High School, 2800 Kettering Drive, Waterford, MI 48392**

<u>Session</u>	<u>Warm Up</u>	<u>Event Start</u>
Friday PM	4:30 pm	5:30 pm
Saturday AM	8:00 am	9:00 am
Saturday PM	1:00 pm	2:00 pm
Sunday AM	8:00 am	9:00 am
Sunday PM	1:00 pm	2:00 pm

Motels – Use your favorite Hotel booking website.

Facilities -Waterford Kettering pool is an 8 lane pool with a separate supervised warm-up and warm down area available. Depth at start is 8.5' and 3.5' at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing system with an 8 lane display will be used.. There is ample balcony seating for spectators. Lockers are available (provide your own lock). Public phones **will** be available. The competition course has not been certified in accordance with 104.2.2C (4).

Eligibility - The Autumn IMX Challenge is for all swimmers. All swimmers must be currently registered with United States of America Swimming (USA-S). A swimmer's age on **November 1, 2019** will determine his/her eligibility for a age group.

Deck Registration - Unregistered swimmers must register on deck at this meet by turning in the athlete registration form and payment to the Meet Referee. The cost of registering on deck is double the normal fee (\$160.00 per swimmer for 2019-20 registration).

Meet Format - Meet Format - All events are **timed finals**. This meet is designed as an IMX Challenge: All swimmers are encouraged to enter 8 individual events including all the events required in the USA Swimming IMXtreme Challenge, or IM Ready, for their respective age group plus additional events as well. 11-12 Girls events are in the morning and the 11-12 Boys events are in the afternoon on both Saturday and Sunday. 8 and Under swimmers may enter all listed events for the Atlantis Swimming IM Having Fun slate, as well as additional events if they wish!

Entry Limits - Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the Administrative Official for hard copy entries until the Michigan Swimming Four (4) hour per session maximum time limit is met. As set forth in entry procedures below, (A) a hard copy of your club's entry summary sheet, (B) a hard copy of your club's signed release/waiver agreement (C) your club's certification of entered athletes and (D) your club's entry and entry fees must be received by the Entry Chair in a timely fashion prior to the start of the meet, or your swimmers will not be allowed to swim in the meet. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.

Swimmers Without A Coach - Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Individual Entry Limits - Swimmers may enter a maximum of three (3) individual events on Friday and five (5) individual events each day Saturday and Sunday. Time Trials, if allowed, count towards daily total.

Electronic Entries - \$5.00 per individual event. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: **Atlantis Swimming**.

Paper Entries - MS rules regarding non-electronic entries apply. **\$6.00** per individual event. There is a \$1.00 additional charge per individual event paid if the entry is not submitted in Hy-Tek format. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

Entry Procedures - Entries may be submitted to the Administrative Official as of **October 4, 2019 at 8am**. The Administrative Official must receive all entries no later than **October 27, 2019, 11:59pm**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (<http://www.miswim.org/>). All individual entries should be submitted via electronic mail to the Administrative Official at dawngurley@att.net. All entries will be processed in order by email date code or mail date code. Any entries submitted will be considered provisional until such time as the Administrative Official has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your clubs signed certification of entered athletes and (d) your club's entry fees. This must be received in a timely fashion prior to the start of the meet or your swimmers will not be allowed to swim in the meet. The complete Autumn IMX Challenge entry packet with entry forms is available on the Michigan Swimming Website at <http://www.miswim.org/>

Refunds - Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entries - Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to: **Colleen Rose, 248-361-3078**

2315 Torquay Ave, Royal Oak 48073

colleenrose@yahoo.com,

Entry questions to AO – Dawn Gurley (dawngurley@att.net)

Check In - Check in will be required. Check-in will be available **30 minutes prior to warmup**. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm up for each session. Check in sheets will be posted **in the pool hallway outside of the locker rooms**.

Scratch Rules - Prior to check in close a swimmer may scratch events at the Clerk of Course. After check in closes, you must see the Meet Referee to scratch an event.

Marshaling - All events will be self-marshaled. Heat sheets will be posted in conspicuous areas on deck and distributed to coaches as soon as possible. All swimmers will be expected to find their heat and lane independently.

Seeding - All events are timed finals seeded slowest to fastest except for the 500 Freestyle and 400 IM which will be seeded fastest to slowest alternating genders (women/men).

Deck Entries/Time Trials - Deck entries and Time Trials may be accepted at the Clerk of Course at the discretion of the Meet Referee and the Meet Director. Deck Entries must be received by the close of Check-in for each session to be seeded. Deck Entries are \$7.50 per entry. Deck entry and time trial swimmers are subject to the Michigan Swimming \$1.00 general surcharge if they are not already entered into the meet. For Deck Entries and Time Trials, registration status must be proven by providing a current USA Swimming membership card or a current print out of an athlete roster from the Club Portal, the Club Portal is located on the USA Swimming website. The athlete by showing their membership from USA Swimming's DECK PASS on a smart phone. Name, athlete ID and club affiliation should then be added to your database just as it appears on the card or list or the swimmer may compete unattached (UN) if they request to do so

Meet Programs/Admissions - Individual session heat sheets will be available for \$2.00 once the session has been seeded. The doors to the spectator area will be open at 4:00pm for Friday's session and at 8:00am for Saturday and Sunday. Admission is \$5 per day. A weekend pass will be available charged at 5\$ per day for the total number of days remaining in the meet.

IMX AND IM READY(IMR) EXPLANATION

IM READY (IMR)

The first step in the IMX Challenge is IM Ready (or IMR). To get "IM Ready," swimmers compete in a series of five events at shorter distances. Below, we've listed the line-up by age groups.

9 & Under; 10-year olds: 100 Free, 50 Back, 50 Breast, 50 Fly, 100 IM
11-year olds; 12-year olds: 200 Free, 50 Back, 50 Breast, 50 Fly, 100 IM
13, 14, 15, 16, 17, & 18-year olds: 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM
Once you've swum each event at least once at an official meet, you can log-in to your Deck Pass Account, and find out where you rank against all the other swimmers on your club team. You do not need to complete the IM Ready program to participate in the IM Xtreme. It is simply a steppingstone.

IM XTREME (IMX)

Ready to move forward? The next step is IM Xtreme (IMX). The IMX ranking includes a series of five or six events at longer distances. Once you've completed the IMX program, you can find out where your IMX score ranks nationally, within your zone, within your LSC rank and on your club.

9 & Under; 10-year olds: 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM
11-year olds; 12-year olds: 500 Free, 100 Back, 100 Breast, 100 Fly, 200 IM
13, 14, 15, 16, 17, & 18-year old: 500 Free, 200 Back, 200 Breast, 200 Fly, 200 IM, 400 IM

How do I score points?

Rankings in the program are based on power points a system developed by USA Swimming.

How do I participate?

Participation in the IMR and IMX is easy. USA Swimming automatically scores and calculates results for all athlete members! Swimmers only need to sign up for a Deck Pass Account, then compete in each required event, at a sanctioned meet, at least once in a season.

Swimmers have the option of printing certificates that displays their scores for either IMR or IMX. They can also optionally print their national, zone, LSC and/or club rankings for IMX.

Scoring - Individual Scoring will occur via IMX scores (Power Points) for IM Xtreme and IM Ready events only. Those scores will be based on participating in all IM Xtreme or IM Ready events in the following slates for each individual age: 8 y/o and Under, 9, 10, 11, 12, 13, 14, 15, 16, 17, and 18 y/o. In the event of a DQ a swimmer is still qualified for the IMX or IMR slate they will just receive 0 points for the DQ'd event/s. (No event substitutions.) **Time Trial events are NOT eligible.**

IM XTREME Events #

8 and Under, 9, 10 Year Old Girls: Events #7, 15, 20, 40, 46

8 and Under, 9, 10 Year Old Boys: Events #8, 16, 21, 41, 47

11, 12 Year Old Girls: Events #1, 7, 15, 21, 40

11, 12 Year Old Boys: Events #2, 24, 29, 54, 57

13-18 Year Old Girls: Events #1, 5, 26, 34, 50, 56

13-18 Year Old Boys: Events #2, 6, 27, 35, 51, 57

IM READY Event #

8 and Under, 9, 10 Year Old Girls: Event #13, 19, 38, 44, 48

8 and Under, 9, 10 Year Old Boys: Events #14, 20, 39, 45, 49

11, 12 Year Old Girls: Events #3, 13, 38, 44, 48

11, 12 Year Old Boys: Events #4, 25, 30, 52, 55

13-18 Year Old Girls: Events #3, 23, 28, 53, 56

13-18 Year Old Boys: Events #4, 24, 29, 54, 57

(Though no event substitutions will be allowed to make a meet IMX Score or qualify for awards, please feel free to enter events in addition to the IM Xtreme slate of events for the swimmer's age.) No team scores will be kept.

Awards – All swimmers will receive an IMX Challenge Meet bag tag.

High Point awards will be presented to the top eight finishers of each [of the following](#): ages 8 and Under, 9, 10, 11, 12 girls and boys who compete in the IM Xtreme [and IMR](#) slate of events for their age. No awards for ages 13 and Over. In the event of a DQ a swimmer is still qualified for the IMX or IMR slate they will just receive 0 points for the DQ'd event/s. Note: Athletes must swim all IM Xtreme or IMR events listed for their age as noted above to be eligible for awards. **Awards will not be mailed.**

Heat winners will be given out for the 8 and under 25 events only.

Results - Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions - Food and beverages will be available in **the main hallway**. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found - Articles may be turned in/picked up at **Meet Operations Room**. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety - Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Deck Personnel/Locker Rooms/Credentialing - Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The General Chair of MS, Program Operations Vice-Chair of MS, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the **pool entry door**. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team **Atlantis Swimming (BBA) logo** as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities - All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm-ups.

General Info - Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

First Aid - Supplies will be kept in **Meet Operations Room**.

Facility Items –

- (A) No smoking is allowed in the building or on the grounds of **Waterford Kettering High School Natatorium.**
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the **Meet Operation Room.**
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited.**
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Meet Director - Colleen Rose at 248-361-3078 colleenvrose@yahoo.com

Meet Referee- Jeff Wilkins 313-574-3638

Safety Marshal –Patrick McCourt

Administrative Official- Dawn Gurley dawngurley@att.net

Autumn IMX Challenge Events Sanction #: MI1920021

Friday 4:30 PM Warm up, 5:30 PM Events Begin

Girls	Event	Boys
1	Open 500 Free	2
3	Open 200 Free	4
5	Open 400 IM	6

Saturday Warm Up 8:00 AM, Events Begin 9:00 AM

Girls	Event	Boys
7	12 & U 100 Back	
	10 & U 100 Back	8
9	12 & U 50 Free	
	10 & U 50 Free	10
11	8 & U 25 Free	12
13	12 & U 50 Fly	
	10 & U 50 Fly	14
15	12 & U 100 Breast	
	10 & Under 100 Breast	16
17	8 & U 25 Breast	18
19	12 & U 100 Free	
	10 & U 100 Free	20
21	12 & U 200 IM	
	10 & U 200 IM	22

Saturday PM-Warm 1:00pm meet start 2:00pm

Girls	Event	Boys
23	Open 100 Back	24
	11-12 50 Fly	25
26	Open 200 Fly	27
28	Open 100 Breast	29
	11-12 100 IM	30
31	Open 100 Free	32
	11-12 100 Free	33
34	Open 200 Back	35

Sunday 8:00 AM Warm Up, 9:00 AM Events Begin

Girls	Event	Boys
36	8 & U 25 Fly	37
38	12 & U 50 Breast	
	10 & U 50 Breast	39
40	12 & U 100 Fly	
	10 & U 100 Fly	41
42	8 & U 25 Back	43
44	12 & U 50 Back	
	10 & U 50 Back	45
46	10 & U 200 Free	47
48	12 & U 100 IM	
	10 & U 100 IM	49

Sunday PM-Warm Up 1:00pm meet start 2:00pm

Girls	Event	Boys
50	Open 200 Breast	51
	11-12 50 Breast	52
53	Open 100 Fly	54
	11-12 50 Back	55
56	Open 200 IM	57
58	Open 50 Free	59
	11-12 50 Free	60

Meet Evaluation Form Sanction Number: MI1920021

Name of Meet: Autumn IMX Challenge

Date of Meet: Nov 1-3, 2019

Host of Meet: Atlantis Swimming (BBA)

Place of Meet: Waterford Kettering HIGH SCHOOL NATATORIUM

Who do you represent (circle)? Host Club Visiting Club Unattached
Describe yourself (circle) Athlete Coach Official Meet Worker Spectator **Please
rate the overall quality of this meet:**

(Please write any comments or suggestions below or on the reverse side)

	Low			High	
1. Swimming pool (e.g., water quality, ventilation)	1	2	3	4	5
2. Equipment (e.g., timing system, PA system):	1	2	3	4	5
3. Swimmer facilities (e.g., locker rooms, rest areas):	1	2	3	4	5
4. Spectator facilities (e.g., seating, rest rooms):	1	2	3	4	5
5. Meet services (e.g., concessions, admissions, programs):	1	2	3	4	5
6. Officiating	1	2	3	4	5
7. Awards and award presentations:	1	2	3	4	5
8. Safety provisions:	1	2	3	4	5
9. Overall success of the meet:	1	2	3	4	5
10. Other (please specify):	1	2	3	4	5

Return this completed evaluation to a representative of the Meet Host. Thank you.

Meet Host: Copy all of these submitted Meet Evaluations to the current Program Operations Vice-Chair (programopsvicechair@miswim.org) and the Michigan Swimming Office (office@miswim.org) within 30 days.