

## WARM UP ASSIGNMENTS

| <b>FRIDAY PM 4:00-4:30PM (Meet Start 5:15)</b> |                  |                  | <b>FRIDAY PM 4:30-5:00PM (Meet Start 5:15)</b> |                  |                     |
|--|------------------|------------------|--|------------------|---------------------|
| <u>DIVING WELL</u>                             | <u>MAIN POOL</u> | <u>SCBD POOL</u> | <u>DIVING WELL</u>                             | <u>MAIN POOL</u> | <u>SCBD POOL</u>    |
| 1 SLST   | 1 TAQ            | 1 HSC            | 1 CRAW   | 1 CRAW           | 1 BTA               |
| 2 SLST   | 2 TAQ            | 2 HSC            | 2 CRAW   | 2 CRAW           | 2 BTA               |
| 3 TAQ  | 3 TAQ            | 3 HSC            | 3 CRAW   | 3 CRAW           | 3 BTA               |
| 4 TAQ  | 4 TAQ            | 4 HSC            | 4 RICE   | 4 CRAW           | 4 BTA               |
| 5 TAQ  | 5 FINS           | 5 SPA            | 5 RICE   | 5 CRAW           | 5 ES                |
| 6 TAQ  | 6 FINS           | 6 SPA            | 6 OPEN   | 6 CRAW           | 6 ES                |
|  | 7 ESA            | 7 SPA            |  | 7 CRAW           | 7 KATY              |
|  | 8 ESA            | 8 TWST/SPAR      |  | 8 CRAW           | 8 LCAT/STRM<br>/NOA |

| <b>SATURDAY AND SUNDAY AM 7:00-7:30AM</b> |                  |                           | <b>SATURDAY AND SUNDAY AM 7:30-8:00AM</b> |                  |                  |
|---|------------------|---------------------------|---|------------------|------------------|
| <u>DIVING WELL</u>                        | <u>MAIN POOL</u> | <u>SCBD POOL</u>          | <u>DIVING WELL</u>                        | <u>MAIN POOL</u> | <u>SCBD POOL</u> |
| 1 ES                                      | 1 TAQ            | 1 HSC                     | 1 CRAW                                    | 1 CRAW           | 1 FINS           |
| 2 ES                                      | 2 TAQ            | 2 HSC                     | 2 CRAW                                    | 2 CRAW           | 2 FINS           |
| 3 RPTD                                    | 3 TAQ            | 3 HSC                     | 3 CRAW                                    | 3 CRAW           | 3 FINS           |
| 4 TAQ                                     | 4 TAQ            | 4 HSC                     | 4 CRAW                                    | 4 CRAW           | 4 FINS/HCCL      |
| 5 TAQ                                     | 5 TAQ            | 5 RICE                    | 5 CRAW                                    | 5 CRAW           | 5 ESA            |
| 6 TAQ                                     | 6 BTA            | 6 KATY                    | 6 CRAW                                    | 6 SLST           | 6 ESA            |
|   | 7 BTA            | 7 SPAR                    |   | 7 SLST           | 7 SPA            |
|   | 8 BTA            | 8 LCAT/TWST/L<br>SAM/STRM |   | 8 SLST           | 8 SPA/NOA        |

| <b>SATURDAY AND SUNDAY PM 12:30-1:00PM</b> |                  |                  | <b>SATURDAY AND SUNDAY PM 1:00-1:30PM</b> |                  |                  |
|--|------------------|------------------|---|------------------|------------------|
| <u>DIVING WELL</u>                         | <u>MAIN POOL</u> | <u>SCBD POOL</u> | <u>DIVING WELL</u>                        | <u>MAIN POOL</u> | <u>SCBD POOL</u> |
| 1 ES                                       | 1 TAQ            | 1 BTA            | 1 STRM/RPTD                               | 1 CRAW           | 1 SPA            |
| 2 ES                                       | 2 TAQ            | 2 BTA            | 2 FINS                                    | 2 CRAW           | 2 SPA            |
| 3 TAQ                                      | 3 TAQ            | 3 BTA            | 3 FINS                                    | 3 CRAW           | 3 SLST           |
| 4 TAQ                                      | 4 HSC            | 4 BTA            | 4 FINS                                    | 4 CRAW           | 4 SLST           |
| 5 TAQ                                      | 5 HSC            | 5 BTA            | 5 HCCL/TWST                               | 5 CRAW           | 5 SLST           |
| 6 TAQ                                      | 6 HSC            | 6 RICE           | 6 OPEN                                    | 6 CRAW           | 6 SLST           |
|  | 7 HSC            | 7 RICE           |   | 7 CRAW           | 7 ESA            |
|  | 8 SPAR           | 8 LCAT           |   | 8 KATY           | 8 ESA            |