DELAWARE SWIM TEAM 2020 PRACTICE SCHEDULE

BEGINS SEPTEMBER 8, 2020

Updated August 31, 2020

Group	Location	Group Code	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	Program Cost
	COMPETITIVE PROGRAM									
SENIOR	New Castle	n/a	5:30-7:00 AM**	5:30-7:00 AM**	off	5:30-7:00 AM**	off	7:00-10:00 AM	7:00-10:00 AM	$750.00
	New Castle	Seniors NC1	3:30-6:30 PM*	3:30-6:30 PM*	3:30-6:30 PM*	3:30-6:30 PM*	3:30-6:30 PM*	7:00-10:00 AM	7:00-10:00 AM	
	New Castle	Seniors NC2	5:30-8:30 PM*	5:30-8:30 PM*	5:30-8:30 PM*	5:30-8:30 PM*	5:30-8:30 PM*	7:00-10:00 AM	7:00-10:00 AM	
JUNIOR	New Castle	Juniors NC1	2:00-3:30 PM	2:00-3:30 PM	2:00-3:30 PM	2:00-3:30 PM	2:00-3:30 PM	10:00 AM - 12:00 PM	10:00 AM - 12:00 PM	$500.00
	New Castle (Adv ##)	Juniors NC2	5:30-7:00 PM	5:30-7:00 PM	5:30-7:00 PM	5:30-7:00 PM	5:30-7:00 PM	10:00 AM - 12:00 PM	10:00 AM - 12:00 PM	
	New Castle	Juniors NC3	7:00-8:30 PM	7:00-8:30 PM	7:00-8:30 PM	7:00-8:30 PM	7:00-8:30 PM	10:00 AM - 12:00 PM	10:00 AM - 12:00 PM	
	Pike Creek	Juniors PC1	4:30-6:00 PM	4:30-6:00 PM	4:30-6:00 PM	4:30-6:00 PM	4:30-6:00 PM	10:00 AM - 12:00 PM	10:00 AM - 12:00 PM	
	Pike Creek	Juniors PC2	7:00-8:30 PM	7:00-8:30 PM	7:00-8:30 PM	7:00-8:30 PM	7:00-8:30 PM	10:00 AM - 12:00 PM	10:00 AM - 12:00 PM	
MINI	New Castle	Minis NC1	1:00-2:00 PM	1:00-2:00 PM	1:00-2:00 PM	1:00-2:00 PM	1:00-2:00 PM	12:00-1:00 PM	12:00-1:00 PM	$375.00
	New Castle	Minis NC2	5:30-6:30 PM	5:30-6:30 PM	5:30-6:30 PM	5:30-6:30 PM	5:30-6:30 PM	12:00-1:00 PM	12:00-1:00 PM	
	Pike Creek	Minis PC1	2:30-3:30 PM	2:30-3:30 PM	2:30-3:30 PM	2:30-3:30 PM	2:30-3:30 PM	12:00-1:00 PM	12:00-1:00 PM	
	Pike Creek	Minis PC2	3:30-4:30 PM	3:30-4:30 PM	3:30-4:30 PM	3:30-4:30 PM	3:30-4:30 PM	12:00-1:00 PM	12:00-1:00 PM	
	Pike Creek	Minis PC3	6:00-7:00 PM	6:00-7:00 PM	6:00-7:00 PM	6:00-7:00 PM	6:00-7:00 PM	12:00-1:00 PM	12:00-1:00 PM	
	KEEP YOUR FEET WET PROGRAM									
WINTER INSTRUCTIONAL	Pike Creek	Winter Instructional	off	off	off	off	off	9:00-10:00 AM	9:00-10:00 AM	$300.00
WINTER TRAINING	New Castle	Winter Training NC	off	off	off	off	off	1:00-2:30 PM	1:00-2:30 PM	$350.00
	Pike Creek	Winter Training PC	off	off	off	off	off	1:00-2:30 PM	1:00-2:30 PM	
HIGH SCHOOL PREP (ends Nov. 30)	New Castle	High School Prep	off	off	off	off	off	1:00-3:00 PM	1:00-3:00 PM	$400.00

*Includes Dryland
Coach placement only

** See Senior coach regarding morning practices