

New Castle

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Senior Nationals B/Y	8:00-10:00 am	7:00-10:00 am	8:00-10:00 am	7:00-10:00 am	8:00-10:00 am	6:00-8:00 am	X
Junior Nationals	4:00-5:30 pm	4:00-5:30 pm	4:00-5:30 pm	4:00-5:30 pm	4:00-5:30 pm	8:00-10:00 am	8:00-10:00 am
Seniors	5:45-7:45 pm	5:45-7:45 pm	5:45-7:45 pm	5:45-7:45 pm	5:45-7:45 pm	10:00-12:00 pm	X
Developmental	5:45-6:45 pm	5:45-6:45 pm	5:45-6:45 pm	5:45-6:45 pm	5:45-6:45 pm	4:00-5:00 pm	4:00-5:00 pm
Age Group	7:00-8:30 pm	7:00-8:30 pm	7:00-8:30 pm	7:00-8:30 pm	7:00-8:30 pm	10:00-11:30 am	5:00-6:30 pm
Winter Training	7:30-8:30 pm	X	7:30-8:30 pm	X	7:30-8:30 pm	X	X