



## 2020 FALL SPRINT A/BB/C MEET

November 21, 2020

This meet is being hosted by Delaware Swim Team to provide for fair competition, while protecting the physical wellbeing of all swimmers.

### **DISCLAIMERS**

In applying for this sanction, the host, Delaware Swim Team, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Middle Atlantic Swimming, the State of Delaware, and the Red Clay School District.

We have taken enhanced health and safety measures for all those in attendance at the meet. You must follow all posted instructions while on the grounds of McKean High School. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and people with underlying medical conditions are especially vulnerable. Senior citizens and/or people with underlying medical conditions should not compete in the meet, volunteer in the meet, or officiate in the meet. By attending Delaware Swim Team's 2020 Fall Sprint A/BB/C Meet, you and all members of your party voluntarily assume all risks related to exposure to COVID-19.

## **APPROVAL INFORMATION**

-In applying for this sanction, Delaware Swim Team agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Middle Atlantic Swimming, the State of Delaware, and Red Clay School District.

-This meet is being run pending the approval of the Delaware Department of Health. McKean High School has applied with the DPH to host the 2020 Fall Sprint A/BB/C Meet.

-If the State of Delaware determines that there is significant community spread of Covid-19 and school buildings are closed, this event shall be cancelled.

## **FACILITY INFORMATION**

-The pool at McKean High School is 7,775 square feet.

-McKean High School's pool facility has 4.6 air changes per hour.

-The pool capacity is 328. Occupancy to reduce crowding and to maintain 6 feet separation in and out of pool will not exceed 60% of fire capacity.

-Spectators will not be allowed in the facility, in order to keep crowd size within the building down. Only officials, coaches, swimmers, and volunteers will be allowed into the building.

-The entrance on the right (east) side of the front of the school will be a one-way entrance. The exit will be the small door to the left of the entrance, down the hall from the locker rooms.

-Locker room use will be severely restricted. A maximum of 10 people may be in a locker room at a time, and all 10 people must be at least six feet apart from each other. Swimmers may only use locker rooms after individual events, in order to quickly dry off before returning to their vehicles.

- Water fountains will not be available in the facility. Swimmers and other people entering the building must bring their own water or drink.

-Pool chemicals will be checked every hour to ensure that chemical levels are within state law and within USA Swimming Covid-19 guidance, in order to inactivate viruses.

-A hand-sanitation station will be provided for every 15 swimmers in the meet.

## **ENTRY PROCEDURES**

-All officials, coaches, swimmers, and volunteers will have their temperatures scanned upon initial entry into the facility, before or during warm-up. Anyone with a temperature of 100.4°F (38°C) will be turned away and cannot enter the building and/or participate in the meet in any capacity.

-All officials, coaches, swimmers, and volunteers will use the same one-way entrance into the building.

-Warm-up will be a maximum of 4 swimmers per lane, following State of Delaware regulations.

### **MEET PROCEDURES**

-Swimmers must follow the instructions of officials and volunteers at all times.

-Masks must be worn indoors by swimmers, coaches, volunteers, and officials. Coaches, volunteers, and officials must wear masks AT ALL TIMES while inside the facility. Masks must also be worn outside by all people age 5 & over if anyone is within 6 feet of a non-family member.

-Swimmers may take off their masks only for a race. Swimmers must wear the masks until the previous heat has cleared the pool and exited the building, at which time the masks may be removed. Swimmers must put the masks back on immediately after exiting the pool, before leaving the pool deck.

-Swimmers who are waiting between events will wait outside of the building in their cars.

-Swimmers will stage by heat in five areas spread out across the lobby. The next heat after a heat currently in the water will stage in the balcony, with one swimmer per row and at least six feet from other swimmers in the heat, closest to the staircase down to the pool deck. Heats that follow the upcoming heat will stage at three other areas in the balcony, with swimmers in each heat staying 6 feet apart, and each heat approximately 15 feet apart. The last heat to stage inside, which will be the fifth-next heat after the heat currently in the water, will stage in the lobby immediately after the entrance. A diagram at the end of this announcement provides some details on the procedures that will take place.

-Swimmers must place their personal belongings (jacket, towel, footwear, and other belongings necessary before and after races) in a basket, basin, or bag that has been brought from home. No public basket, basin, or bag will be provided for swimmers to place their belongings. Belongings may not be placed directly on the ground.

-Volunteers will wipe down surfaces in the staging area and pool deck after every heat, as necessary, with an EPA-approved disinfectant.

-Volunteers will wipe down all high-touch surfaces on the pool deck and locker rooms at least every 2 hours, and up to every 15 minutes, with an EPA-approved disinfectant.

-It is the responsibility of the swimmer to know when to begin staging for a race.

-Procedures may be changed in order to provide the safest and healthiest environment possible for swimmers, coaches, volunteers, and officials.

## SPECTATOR INFORMATION

-Spectators will not be allowed into the facility to watch the meet. Spectators can view the meet at Delaware Swim Team's Youtube page. A link to the Youtube page will be provided before the meet.

## BUILDING DIAGRAM

