

# Ocean City Annual Program Practice Schedule

11 Month Program / Swim September - July [Billed August - June]

Session Start: Tuesday, 9/6/2022 / Session End: Monday, 7/31/2023

9 Month Program / Swim September - May [Billed August - April]

Session Start: Tuesday, 9/6/2022 / Session End: Wednesday, 5/31/2023

This is a complete program offering, not a monthly drop-in program. Commitment to team participation, enrollments, and payments are for the scheduled program length. Late enrollments are honored with head coach approval and the availability to add swimmers in a group based on capacity limits.

**Athletes must arrive no earlier or later than 5 minutes prior to their swim session start (unless otherwise noted). Athletes arriving later than 5 minutes PRIOR to their session start will be turned away. All swimmers must wait for coach check-in for your designated practice session.**

OCAC D1 / D2						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Swim</b>	---	7 - 8 PM	---	---	6:30 - 7:30 PM	4 - 5 PM
OCAC Bronze						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Swim</b>	6:30 - 7:30 PM	---	6:30 - 7:30 PM	7 - 8 PM	---	4 - 5 PM
OCAC Silver						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Swim</b>	7:30 - 9 PM	8 - 9:30 PM	7:30 - 9 PM	8 - 9:30 PM	7:30 - 9 PM	5 - 6:30 PM
OCAC Gold						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Swim</b>	7 - 9 PM	8 - 9:30 PM	7 - 9 PM	7:30 - 9:30 PM	7:30 - 9 PM	5 - 6:30 PM

Schedule as of August 2022