

2022 ECCC WINTER CARNIVAL  
SUNDAY, JANUARY 9, 2022

<b>MEET HOST</b>	EAST COAST C-CERPANTS		
<b>SANCTION</b>	Held under the sanction of USA Swimming and Middle Atlantic Swimming. <b>Sanction #</b> MA 2310 A <i>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</i>		
<b>MEET DIRECTOR</b>	KAREN BOWN	<b>E-MAIL:</b> USAS.MEETDIRECTOR@GMAIL.COM	<b>PHONE:</b> 609-432-5218
<b>LOCATION</b>	<b>Pool name</b> OCEAN CITY AQUATIC & FITNESS CENTER <b>Street address</b> 17TH ST & SIMPSON AVENUE <b>City, state and zip</b> OCEAN CITY, NJ 08226 <b>Day of meet ONLY emergency phone</b> 609-398-9600		
<b>FACILITY DESCRIPTION</b>	This is an <input checked="" type="checkbox"/> indoor <input type="checkbox"/> outdoor pool with 6 lanes for competition, a Colorado 6 timing system with a 8 line scoreboard and 6 lane lines. The meet will be conducted in <input type="checkbox"/> SCY <input checked="" type="checkbox"/> SCM <input type="checkbox"/> LCM. Deck seating for athletes will be marshalled from the adjacent Senior Center and spectator seating for 250. Parking available in the lot and street adjacent to the Aquatic Center. Hospitality is available for volunteers, coaches, and officials. A Snack bar , team sponsored, is available with drinks, pretzels, and candy. Yanni's Café is also available within the Aquatic Center.		
<b>POOL CERTIFICATION</b>	The competition course <input type="checkbox"/> has <input checked="" type="checkbox"/> has not been certified in accordance with 104.2.2C(4)		
<b>WATER DEPTH</b>	The depth of the water at the start end of the pool is 10 feet and at the turn end is 3' 6" feet.		
<b>EVENTS</b>	This meet will be conducted in accordance with the attached schedule of events.		
<b>ENTRIES OPEN</b>	NOVEMBER 1, 2021		
<b>ENTRY DEADLINE</b>	DECEMBER 20, 2021 <b>at 11:59 PM</b>		
<b>ENTRY FEES</b>	Individual Events: <b>\$10.00</b>		Relay Events: <b>\$20.00</b>
<b>ENTRY LIMITs</b>	4 Individual Events per day (excluding relays).	0 Relays per day	<b>MEET ENTRY LIMIT: 4</b>
<b>ELIGIBILITY</b>	All entrants must be registered members of USA Swimming. Age <b>as of the first day of the meet</b> determines eligibility. This meet is open to ALL 11 & OVER USA swimming registered swimmers.		
<b>ON-SITE REGISTRATION</b>	On-site registration (athletes only) <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted at this meet. Unregistered swimmers may register on deck at this meet by turning in the athlete registration form and payment to the Meet Director. The cost of registering on deck is double the normal fee (\$160 per swimmer for 2022 Registration). This applies to all swimmers.		
<b>ENTRY PROCEDURES</b>	<ul style="list-style-type: none"> <li>The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund.</li> <li>Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded last. NT entries <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted.</li> <li>Entries must be submitted electronically in a format compatible with hy-tek meet management software.</li> <li>All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information</li> <li>Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's <a href="#">TM Lite</a> for entry submission. Manual (paper) entries are subject to a \$15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional \$25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found <a href="#">here</a>. <ul style="list-style-type: none"> <li><b>FINAL</b> entry payments and any necessary reports must be mailed or e-mailed to the entry chair by December 26, 2021 for payments and December 20, 2021 for emailed reports. Include <a href="#">Meet Entry Summary</a> with payment.</li> </ul> </li> </ul>		
<b>MEET ENTRY CHAIR</b>	KAREN BOWN	<b>PHONE #:</b> 609-432-5218 (no calls before 9:00 AM or after 9:00 PM)	
<b>E-MAIL ENTRY FILES TO</b>	USAS.MEETDIRECTOR@GMAIL.COM		
<b>MAIL CHECKS/ REPORTS</b>	CHECKS MUST BE RECEIVED BY JANUARY 31, 2022 TO: ECCC C/O DONNIE COTTER 108 AZALEA LANE EGG HARBOR TWP, NJ 08234  ALL REPORTS MUST BE EMAILED TO THE MEET ENTRY CHAIR BY THE ENTRY DEADLINE.		
<b>CHECKS PAYABLE TO</b>	EAST COAST C-CERPANTS OR ECCC		
<b>OPERATIONAL RISK DIRECTOR</b>	MATT DAVIS	<b>E-MAIL:</b> matthewdavis76@yahoo.com	<b>PHONE:</b> 609-744-1327
<b>OFFICIALS CONTACT</b>	KAREN BOWN	<b>E-MAIL:</b> USAS.MEETDIRECTOR@GMAIL.COM <a href="https://www.signupgenius.com/go/30E0A48AFA92DA">https://www.signupgenius.com/go/30E0A48AFA92DA</a>	<b>PHONE:</b> 609-432-5218

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**Session 1**

Warmup: 7:30 AM; Deck Entries Due: 7:45 AM; Meet Start: 9 AM

GIRLS	EVENT	BOYS
1	OPEN 200 FREE	2
3	OPEN 100 FLY	4
5	11 - 12 50 FLY	6
7	OPEN 100 BACK	8
9	11 - 12 50 BACK	10
11	OPEN 100 BREAST	12
13	11 - 12 50 BREAST	14
15	OPEN 100 FREE	16
17	OPEN 200 IM	18
19	OPEN 50 FREE	20

<b>DECK ENTRIES</b>	Deck Entries <input type="checkbox"/> will not be accepted <input checked="" type="checkbox"/> will be accepted at this meet subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$20 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.
<b>PROOF OF TIMES</b>	Entry times must be from a sanctioned, approved or observed meet. Proof of time <input type="checkbox"/> is <input checked="" type="checkbox"/> is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic
<b>SEEDING</b>	This meet will be -seeded with the exception of the event(s) noted below. This meet will require positive check-in.
<b>AWARDS</b>	Awards will be given to the 1st - 8th for all events. All teams are requested to pick up their awards no earlier than 30 minutes at the conclusion of the meet.
<b>SCORING</b>	This meet will not be scored.
<b>PROGRAMS AND ADMISSION</b>	Programs/heat sheets will be sold by <input type="checkbox"/> session <input type="checkbox"/> entire meet. Meet mobile <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be available. Admission is free. Children under 6 admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.
<b>MISCELLANEOUS</b>	Meet/Deck Referee is Tammy Jensen.  Officials and the Colorado Operator are encouraged to signup online at: <a href="https://www.signupgenius.com/go/30E0A48AFA92DAAFA7-20222">https://www.signupgenius.com/go/30E0A48AFA92DAAFA7-20222</a>  Teams will be required to supply timer(s) based on the number of athletes each team has attending. Timing assignments will be sent out with the warmup assignments. Timers will be requested to sign up in advance at: <a href="https://www.signupgenius.com/go/30E0A48AFA92DAAFA7-20222">https://www.signupgenius.com/go/30E0A48AFA92DAAFA7-20222</a>  All pertinent meet information including, but not limited to, psych sheets, signups, team timing and warmup assignments, results, etc. will be available on: <a href="http://www.usasmeetchief.com">www.usasmeetchief.com</a> . Timing and Warmup Assignments and psych sheets will be posted no later than three days before the meet.  Athletes are recommended to dress warmly and can bring chairs to the staging area.  This meet will operate with COVID Guidelines in place based on the requirements of the local, state, and federal guidelines. All coaches will be sent the up to date COVID restrictions 1 week prior to the meet.

SESSION	WARM-UP TIMES	MEET STARTS
1	7:30 AM (broken down into 20 - 30 minute segments)	9:00 AM

<b>WARM-UP INFORMATION</b>	<p>USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes.</p> <p>Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet.</p> <p>Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated.</p> <p>The referee may remove anyone from the warm-up for failure to comply with warm-up rules</p>
<b>COVID-19</b>	<p>An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.</p> <p>USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.</p> <p>BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.</p>
<b>MEET HOST'S ASSUMPTIONS OF RISK DISCLAIMER</b>	<p>By attending or participating in this competition, you voluntarily assume all risks associated with exposures to COVID-19 and forever release and hold harmless USA Swimming, Middle Atlantic Swimming, East Coast C-Cerpants, Ocean City Aquatic &amp; Fitness Center, USAS Meet Director, and each of their Officers, Directors, Agents, Employees, or other representatives from any liability or claims including for personal injuries, death, disease, or property losses, or any other loss, including but not limited to claims of negligence, and give up any claims you make have to seek damages, whether known or unknown, foreseen, or unforeseen, in connection therewith.</p>
<b>ATHLETE PROTECTION (MAAPP)</b>	<p>All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Protection Policy ("MAAPP"), and that they understand that compliance with MAAPP policy is a condition of participation in the conduct of this competition.</p>
<b>DECK PRIVILEGES</b>	<p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. A (non-removable) identification band must be provided to and worn by each non-athlete member of USA Swimming, including coaches and officials, that is on-deck at a sanctioned meet; such identification band shall be issued following a review of that individual's membership/certification credentials and personal photo ID. A new identification band shall be issued for each day of such meet, and the credentials/photo ID must be re-checked if a replacement ID is issued.</p> <p>Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally, these swimmers must register a contact person with the meet director. This information should be submitted with the entries.</p>
<b>TECH SUIT POLICY</b>	<p>102.8 SWIMWEAR .1 Design F. No Technical Suit may be worn by any 12 &amp; Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.</p>
<b>RACING START CERTIFICATION</b>	<p>Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. <b>A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.</b></p>
<b>QUALIFYING TIMES</b>	<p>Qualifying Times (if applicable) are shown on the attached Meet Structure</p>
<b>MEET/DECK REFEREE</b>	<p>The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for <b>any</b> issues that arise that day during the</p>

	course of the meet.
<b>MEET MARSHALS</b>	Meet Marshals have full authority through the Meet Referee & Safety Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.
<b>RULES:</b>	<p>This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p> <p>For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be STRICTLY enforced.</p> <p>Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/</p> <p><b>No unauthorized personnel will be allowed on the pool deck.</b> Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area</p>
<b>DISABLED SWIMMERS</b>	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.
<b>PROTESTS</b>	A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator
<b>PHOTOGRAPHY</b>	<p><b>Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT</b></p> <p>In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e., cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time.</p> <p>As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.</p>
<b>DRONES</b>	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.
<b>DECK CHANGING</b>	Deck changes are prohibited.
<b>DIRECTIONS</b>	Take the Garden State Parkway to Exti 30 (Somers Point / Ocean City). After exiting follow Route 52 through two (2) the traffic lights. Proceed over the bridge into Ocean City. Once in Ocean City turn right at the first light onto Bay Avenue. Travel on Bay Avenue until 18th Street. Make a left at the 18th St traffic light. Travel one block. The Aquatic & Fitness Center will be on your left.
<b>ACCOMMODATIONS</b>	Recommend searching in Ocean City and Somers Point, NJ