

2021 ROBERT HORNSLETH MEMORIAL ABBC MEET
DECEMBER 4-5, 2021

MEET HOST	MALVERN SWIMMING ASSOCIATION (MSA)		
SANCTION	Held under the sanction of USA Swimming and Middle Atlantic Swimming. Sanction # MA 2261 A <i>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</i>		
MEET DIRECTOR	JOHN WAITE	E-MAIL: jnnyw8@gmail.com	PHONE: please use email
LOCATION	Pool name MALVERN PREPARATORY SCHOOL Street address 418 S. WARREN AVE. City, state and zip MALVERN, PA 19355 Day of meet ONLY emergency phone 610-256-8499		
FACILITY DESCRIPTION	This is an <input checked="" type="checkbox"/> indoor <input type="checkbox"/> outdoor pool with 8 lanes for competition, a Colorado timing system with a 8 line scoreboard and 8 lane lines. The meet will be conducted in <input checked="" type="checkbox"/> SCY <input type="checkbox"/> SCM <input type="checkbox"/> LCM. Deck seating for all athletes with use of deck and adjoining gym (no chairs will be permitted on the pool deck) and spectator seating for 260. Parking-Ample parking is available at the school for all coaches, officials, meet workers and parents. Hospitality -There will be hospitality at all sessions for coaches, officials, & meet volunteers. Snack bar Concessions will be available during each session for all attendees.		
POOL CERTIFICATION	The competition course <input type="checkbox"/> has <input checked="" type="checkbox"/> has not been certified in accordance with 104.2.2C(4)		
WATER DEPTH	The depth of the water at the start end of the pool is 12 feet and at the turn end is 3.5 feet.		
EVENTS	This meet will be conducted in accordance with the attached schedule of events.		
ENTRIES OPEN	SUNDAY SEPTEMBER 19, 2021		
ENTRY DEADLINE	Monday November 8, 2021 at 11:59 PM		
ENTRY FEES	Individual Events: \$10.00		Relay Events: \$20.00
ENTRY LIMITs	5 Individual Events per day (excluding relays).	N/A Relays per day	MEET ENTRY LIMIT: 10
ELIGIBILITY	All entrants must be registered members of USA Swimming. Age as of the first day of the meet determines eligibility. This meet is open to 9-12 YR OLD (SAT & SUNDAY MORNING SESSIONS) AND 13 & OVER (SAT AND SUNDAY AFTERNOON SESSIONS) USA swimming registered swimmers.		
ON-SITE REGISTRATION	On-site registration (athletes only) <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted at this meet. Unregistered swimmers may register on deck at this meet by turning in the athlete registration form and payment to the Meet Director. The cost of registering on deck is double the normal fee. This applies to all swimmers attached to a club.		
ENTRY PROCEDURES	<ul style="list-style-type: none"> The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund. Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded as such after SCY Entries. NT entries <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted. Entries must be submitted electronically in a format compatible with Hy-Tek Meet Manager meet management software. All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's TM Lite for entry submission. Manual (paper) entries are subject to a \$15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional \$25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found here. FINAL entry payments and any necessary reports must be mailed or e-mailed to the entry chair by November 26, 2021 Include Meet Entry Summary with payment. 		
MEET ENTRY CHAIR	JOHN WAITE	PHONE #: email only (no calls before 9:00 AM or after 9:00 PM)	
E-MAIL ENTRY FILES TO	JNNYW8@GMAIL.COM		
MAIL CHECKS/ REPORTS	NICOLE HINSDALE, MALVERN SWIMMING ASSOCIATION, C/O MALVERN PREPARATORY SCHOOL, 418 S. WARREN AVE. MALVERN, PA 19355		
CHECKS PAYABLE TO	MALVERN PREPARATORY SCHOOL		
OPERATIONAL RISK DIRECTOR	ANDREW AUSTRIA	E-MAIL: andrew.austria@gmail.com	PHONE: Use email
OFFICIALS CONTACT	BERT HEWITT	E-MAIL: wehewitts@gamil.com	PHONE: use email

Session 1 Robert Hornsleth Memorial A/BB/C Meet
 Saturday Dec 4, 2021 Warm-Up 7:30am Meet Starts: 9:10am

GIRLS	EVENT	BOYS
1	9-10 100 yd Breaststroke	2
3	11-12 yd Breaststroke	4
5	9-12 200 yd Free	6
7	9-10 50 yd Back	8
9	11-12 50 yd Back	10
11	9-10 100 yd Fly	12
13	11-12 100 yd Fly	14
15	9-10 50 yd Free	16
17	11-12 50 yd Free	18
19	9-10 100 yd IM	20
21	11-12 100 yd IM	22

Session 2 Robert Hornsleth Memorial A/BB/C Meet
 Saturday Dec 4, 2021 Warm-Up 1:30pm Meet Starts: 2:40pm

GIRLS	EVENT	BOYS
23	13-14 200 yd IM	24
25	15 & Over 200 yd IM	26
27	13-14 200 yd Breaststroke	28
29	15 & Over 200 yd Breaststroke	30
31	13-14 100 yd Back	32
33	15 & Over 100 yd Back	34
35	13-14 200 yd Fly	36
37	15 & Over 200 yd Fly	38
39	13-14 100 yd Free	40
41	15 & Over 100 yd Free	42

Session 3 Robert Hornsleth Memorial A/BB/C Meet
 Sunday Dec 5, 2021 Warm-Up 8:30am Meet Starts: 10:00am

GIRLS	EVENT	BOYS
43	9-10 200 yd IM	44
45	11-12 200 yd IM	46
47	9-10 50 yd Breaststroke	48
49	11-12 50 yd Breaststroke	50
51	9-10 100 yd Back	52
53	11-12 100 yd Back	54
55	9-10 50 yd Fly	56
57	11-12 50 yd Fly	58
59	9-10 100 yd Free	60
61	11-12 100 yd Free	62

Session 4 Robert Hornsleth Memorial A/BB/C Meet
 Sunday Dec 5, 2021 Warm-Up 2:20pm Meet Starts: 3:40pm

GIRLS	EVENT	BOYS
63	13-14 100 yd Breaststroke	64
65	15 & Over 100 yd Breaststroke	66
67	13-14 200 yd Free	68
69	15 & Over 200 yd Free	70

71	13-14 200 yd Back	72
73	15 & Over 200 yd Back	74
75	13-14 100 yd Fly	76
77	15 & Over 100 yd Fly	78
79	13-14 50 yd Free	80
81	15 & Over 50 yd Free	82

DECK ENTRIES	Deck Entries <input type="checkbox"/> will not be accepted <input checked="" type="checkbox"/> will be accepted at this meet subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$20 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.
PROOF OF TIMES	Entry times must be from a sanctioned, approved or observed meet. Proof of time <input type="checkbox"/> is <input checked="" type="checkbox"/> is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic
SEEDING	This meet will be pre-seeded with the exception of the event(s) noted below. All events will be seeded prior to the meet.
AWARDS	Awards will be presented for all 14 & Under events. Award levels will be determined by entry times for each event. "A" Awards: Medals 1st thru 3rd place; Ribbons 4th-8th "BB" Awards: Ribbons 1st thru 8th "C" Awards: Ribbons 1st thru 8th No Awards for 15 & Over and Opens
SCORING	N/A
PROGRAMS AND ADMISSION	Programs/heat sheets will be sold by <input checked="" type="checkbox"/> session <input type="checkbox"/> entire meet. Meet mobile <input type="checkbox"/> will <input checked="" type="checkbox"/> will not be available. Admission is \$5. Children under 10 admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.
MISCELLANEOUS	PLEASE NOTE THE STRAT TIMES ON SUNDAY ARE LATER THAN SATURDAY Parking is available in the three parking lots (East, South, and West) immediately adjacent to the Donald F. O'Neill Sports Center. PLEASE DO NOT PARK ON ANY OF THE DRIVEWAYS. Overflow parking is available a short walk across campus in the North lot or the parking lot adjacent Alumni Hall. Please refer to the below link to access the campus map for locations of the parking lots. Link to campus map and parking: https://www.malvernprep.org/page/About-Us/Contact-Us

SESSION	WARM-UP TIMES	MEET STARTS
Sat 12/4 Session 1	7:30 am	9:10 am
Sat 12/4 Session 2	1:30 pm	2:40 pm
Sun 12/5 Session 3	8:30 am	10:00 am
Sun 12/5 Session 4	2:20 pm	3:40 pm
WARM-UP INFORMATION	USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes. Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet. Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated. The referee may remove anyone from the warm-up for failure to comply with warm-up rules	
COVID-19	An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence	

	<p>of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.</p> <p>BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.</p>
MEET HOST'S ASSUMPTIONS OF RISK DISCLAIMER	We have taken enhanced health and safety measures for our athletes, volunteers, coaches and staff. You must follow all posted instructions while visiting Malvern Prep and MSA Swimming.
ATHLETE PROTECTION (MAAPP)	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Protection Policy ("MAAPP"), and that they understand that compliance with MAAPP policy is a condition of participation in the conduct of this competition.
DECK PRIVILEGES	<p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. A (non-removable) identification band must be provided to and worn by each non-athlete member of USA Swimming, including coaches and officials, that is on-deck at a sanctioned meet; such identification band shall be issued following a review of that individual's membership/certification credentials and personal photo ID. A new identification band shall be issued for each day of such meet, and the credentials/photo ID must be re-checked if a replacement ID is issued.</p> <p>Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally, these swimmers must register a contact person with the meet director. This information should be submitted with the entries.</p>
TECH SUIT POLICY	102.8 SWIMWEAR .1 Design F. No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.
RACING START CERTIFICATION	Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.
QUALIFYING TIMES	Qualifying Times (if applicable) are shown on the attached Meet Structure
MEET/DECK REFEREE	The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for any issues that arise that day during the course of the meet.
MEET MARSHALS	Meet Marshals have full authority through the Meet Referee & Safety Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.
RULES:	<p>This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p> <p>For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be STRICTLY enforced.</p> <p>Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/</p> <p>No unauthorized personnel will be allowed on the pool deck. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area</p>
DISABLED SWIMMERS	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet

	director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.
PROTESTS	A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator
PHOTOGRAPHY	<p>Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT</p> <p>In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e., cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time.</p> <p>As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.</p>
DRONES	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.
DECK CHANGING	Deck changes are prohibited.
DIRECTIONS	<p>From Allentown: Take I-476 (Pennsylvania Turnpike – Northeast Extension) south to the Mid-County Interchange. After the Mid-County Interchange, continue south on I-476 to Exit 16 and merge onto I76 West toward Valley Forge. Take Exit 328B-A to merge onto US-202 South toward West Chester. Exit onto PA252 South/West Swedesford Road exit towards Paoli. Go south on PA-252 about 2.4 miles to US-30 (East Lancaster Avenue) and turn right onto US-30. Go approximately ½ mile and bear left onto Paoli Pike at the Matthews Ford Agency. At the third traffic light on Paoli Pike, turn right onto South Warren Avenue. Malvern Prep is the first driveway on the left. Follow driveway around to the right to the pool parking lots.</p> <p>From I95: Take I-476 North from I-95 toward Plymouth Meeting. Take Exit 8 for PA-3 toward Broomall/Newtown Square. At the traffic light at PA3, turn left and continue on PA-3 for about 6.3 miles. At the traffic light at Providence Road, turn right onto Providence road and continue approximately 2.7 miles. Warren Avenue is the second right (it'll sneak up on you) after you pass the White Manor Country Club on your right. Turn right onto Warren Avenue and continue 2.6 miles. Malvern Prep is the first driveway on the left after crossing intersection with Paoli Pike. Follow driveway around to the right to the pool parking lots.</p> <p>From Harrisburg: Take I-76 (Pennsylvania Turnpike) east towards New Jersey. Take Exit 312 to PA-100 southbound towards Exton/West Chester for about 3.5 miles. Turn left onto US-30 (Lancaster Avenue) and continue for approximately 5.9 miles. At the traffic light at Old Lincoln Highway turn right for about ½ mile. Turn right on Bridge Street and at t-intersection; turn right onto East King Street. Turn left at next traffic light onto South Warren Avenue and continue .6 miles. The driveway to Malvern Prep will be on your right. Follow the driveway around to the right to the pool parking lots.</p> <p>From Delaware and Wilmington Areas: Take US-202 (Concord Pike) into Pennsylvania where it becomes Wilmington-West Chester Pike. Continue on US-202 from the State Line for about 7.6 miles and bear to the right onto the West Chester Bypass (US-202 North /US-322 West) via the ramp towards Downingtown/Paoli. Go about another 2.4 miles and take the exit for Paoli Pike. Bear left at the fork following the signs for Paoli and turn left onto Paoli Pike. Go east on Paoli Pike for approximately 5.6 miles to the intersection with Warren Avenue. Turn left at the traffic light onto Warren Avenue. Malvern Prep is the first driveway on the left. Follow the driveway around to the right to the pool parking lots.</p>
ACCOMMODATIONS	<p>The following accommodations are approximately 10-15 minutes from the pool and there is a wide range of dining in the immediate vicinity:</p> <ol style="list-style-type: none"> 1. Holiday Inn Express Frazer-Malvern, 1 Morehall Road, Malvern, PA 19355 (610) 651-0400 2. Courtyard Malvern, 280 Old Morehall Road, Malvern, PA 19355, (610) 993-2600. 3. DoubleTree Desmond Great Valley Hotel, 1 Liberty Blvd., Malvern, PA 19355, (610) 296-9800

	4. Homewood Suites, 12 East Swedesford Road, Malvern, PA 19355, (610) 296-3500
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	5. Sheraton Great Valley, 707 East Lancaster Ave, Frazer, PA 19355 (610) 524-5500
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