

Swim Team COVID-19 Policies

1. All members of the team must wear mask:
 - a. While entering designated area of facility
 - b. Traveling between designated areas of the facility. EXAMPLE: from tennis courts to pool.
 - c. Walking to, during, and returning from bathroom trips.
 - d. While exiting facility
2. Parents are not permitted inside the pool area. They are welcome to watch from outside the fence.
3. Team members do not have to use a mask while performing exercises.
4. Each practice group will be given a separate designated area to store their clothing/equipment.
5. No use of the locker rooms or showers will be permitted. Swimmers must come in their swim suit and leave in their swim suit.
6. Use of the restroom is restricted. For your own protection, we ask that you limit your bathroom usage to emergencies. To use the bathroom, you MUST request permission to use it from the coach.
7. We will be setting up practice so that swimmers can maintain social distancing. We will also be enforcing social distancing. We may have up to 4 swimmers in a lane, provided they obey the lane spacing requirement. One swimmer at the wall, one swimmer at the flags at both ends. Swimmers in adjacent lanes must maintain social distancing from swimmers in other lanes while stationary.
8. We will operate on a zero-strike policy. Swimmers need to understand the need to act responsibly and in accordance with CDC and EMAC guidelines. If swimmers are acting irresponsibly, parents will be notified. The irresponsible swimmer will be removed to a safe place where they can maintain social distancing while they wait for their session to end or for their parents to pick them up.
9. If an EMAC swim team member tests positive for COVID-19 within 72 hours of attending a practice, EMAC must be notified immediately so that we can follow CDC protocol.
10. Practice groups will be established and strictly enforced. To make contact tracing easier and potentially less impactful on the team, swimmers must report to only their group's assigned practice time.
11. Before practice, each swim team member must perform our COVID-19 admission screening. If the swimmer answers "YES" to an of the following questions they must not attend practice that day:
 - a. Do you have a fever over 100 degrees F?
 - b. Do you have a cough, shortness of breath or difficulty breathing that is not normal for you?
 - c. Have you tested positive for COVID-19 within the past 14 days?
 - d. Have you been recommended for quarantine because of exposure to someone with a confirmed case of COVID-19?
 - e. Are you currently awaiting COVID-19 test results?
 - f. Are you aware of yourself being in close contact with someone who a) has been diagnosed with COVID-19 or b) who suspects that they have COVID-19?

12. Each swimmer must take their temperature at home prior to coming to the pool and report that temperature to the lead coach.

EMAC Staff and Venue Policies

1. EMAC Staff will give their best effort to maintain social distances between themselves, other staff, and swimmers.
2. EMAC Staff will wear their masks:
 - a. When social distancing is not possible.
3. EMAC Staff will perform a facility cleansing daily.
4. EMAC Staff will clean frequently touched areas after practice.
5. EMAC will employ a guard/pool manager during practice times to assist us in maintaining our policies and procedures.