

## **EMAC COVID-19 GUIDELINES (updated March 1, 2022)**

Comprehensive information about the steps we are taking to address COVID-19 and how we plan to keep our EMAC membership safe during the pandemic.

**\*\*EMAC policy may change as the pandemic evolves and CDC guidance changes\*\***

Due to the unique nature of each exposure situation, the COVID-19 guidelines will assist exposed EMAC participants in determining their risk category and a plan of action on a case-by-case basis.

This policy will apply to all coaches, swimmers, officials, and parent volunteers who will be referred to here as 'EMAC participants'.

A medical screening is recommended for all EMAC participants with symptoms of COVID-19. EMAC Participants are encouraged to consult their Primary Care Physician or other Healthcare agency to determine if their symptoms warrant COVID-19 testing.

Any EMAC participant who has a positive COVID-19 test as result of experiencing symptoms will remain out of EMAC activities until such time that quarantine ends per the current CDC guidelines. After completing the quarantine period, EMAC recommends the participant consult their physician and discuss any concerns with their coaches prior to resuming training.

There is inherent risk in participating in group activities during a pandemic. These measures are meant to mitigate risk but cannot completely eliminate the risk of acquiring COVID-19 infection.

**Face Coverings/Masks on EMAC Properties** - Effective March 1, 2022, face coverings/masks will be optional for all EMAC participants on EMAC properties. Wearing a mask is a choice that will be up to our families. This policy will be re-evaluated based on the latest data on Covid transmission rates in the community.

All EMAC participants will continue to be required to follow the Covid rules and protocols while participating in EMAC events and activities at other facilities and properties. East Penn School District just changed their mask protocol to be optional, which means EMAC participants that enter Emmaus High School can follow that policy effective March 1, 2022.