

# USA Swimming Credentials Checklist

Cost of Certification will be reimbursed by EMAC if candidate successfully passes certifications and completes one season with EMAC

## Coach Safety Requirements

- Valid CPR/AED Certification
- [Safety Training for Swim Coaches Certification Online Requirement](#) - Cost \$19
- One of the Following
  - [In-Water Skills Checklist](#)
  - Valid Lifeguard Certification

## USA Swimming Background Check

- [Initiate Background Check](#) - Cost \$38

## Athlete Protection Training

- 2 Online Athlete Protection Education Courses
  - Safe Sport: Ready, Set, Go!
  - Pick one of the two elective courses
    - What Would You Do: Scenarios for Maintaining a Positive Culture
    - Preventing Bullying
- For access to this course, you must have submitted a USA Swimming Non-Athlete Membership form AND been issued a USA Swimming ID Number
- Once you have your USA ID Number
  - Click [HERE](#) and follow the prompts

## Foundations of Coaching 101

- Required prior to starting 1st year of coaching
- [Initiate Online Foundations of Coaching Course](#) - Cost \$15

## Foundations of Coaching 201

- Required prior to starting 2nd year of coaching
- [Initiate Online Foundations of Coaching Course](#) - Cost \$25

## Rules and Regulations

- Required prior to starting 2nd year of coaching
- [Access Online Course](#)