



EMAC

Green Swarm

Summer League AdvantEDGE Clinic

Our Summer League **AdvantEDGE** Clinic is designed to help your swimmer gain the edge on their competition.

AdvantEDGE Clinics	Dates
#1 Freestyle	4/24, 5/9, 5/18, 6/3
#2 Backstroke	4/15, 5/1, 5/16, 5/25
#3 Breaststroke	4/20, 5/6, 5/22, 6/6
#4 Butterfly	4/18, 4/27, 5/13, 5/29
#5 Open Turns (Breast/Fly)	4/13, 4/29, 5/15, 5/30
#6 Flip Turns (Free/Back)	4/22, 5/8, 5/23, 6/1
#7 Starts (Track/Back)	4/17, 5/2, 5/11, 5/27
#8 Individual Medley (Strategy/Turns)	4/25, 5/4, 5/20, 6/5
Monday, Wednesday, Friday: 5-6pm @ EHS Saturday: 12-1pm @ EHS	

Packages

- 1 AdvantEDGE Clinic (4 practices) - \$60
- 4 AdvantEDGE Clinics of Your Choice (16 practices) - \$199
- All 8 AdvantEDGE Clinics (32 practices) - \$299 *best value

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