

5TH ANNUAL
CITY OF ALLENTOWN AND
PARKLAND AQUATIC CLUB
FIRECRACKER MEET
JULY 5-7, 2019

MEET HOST	PARKLAND AQUATIC CLUB (PAAC)		
SANCTION	Held under the sanction of USA Swimming and Middle Atlantic Swimming. Sanction # MA 19187 A <i>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</i>		
MEET DIRECTOR	CAROL FACCHIANO	E-MAIL: PAACMEETDIRECTOR@HOTMAIL.COM	PHONE: (484)397-4092
LOCATION	Pool name MACK POOL Street address MACK BOULEVARD City, state and zip ALLENTOWN, PA 18103 Day of meet ONLY emergency phone 610-442-9077		
FACILITY DESCRIPTION	This is an <input type="checkbox"/> indoor <input checked="" type="checkbox"/> outdoor pool with 8 lanes for competition, a Colorado timing system with a 8 line scoreboard and turbulence-reducing lane lines. The meet will be conducted in <input type="checkbox"/> SCY <input type="checkbox"/> SCM <input checked="" type="checkbox"/> LCM. Deck seating for 400 and spectator seating for 800. Parking is available for free in the lot adjacent to the pool. Hospitality will be provided for coaches and officials. Snack bar will be available to spectators and swimmers.		
POOL CERTIFICATION	The competition course <input type="checkbox"/> has <input checked="" type="checkbox"/> has not been certified in accordance with 104.2.2C(4)		
WATER DEPTH	The depth of the water at the start end of the pool is 5 feet and at the turn end is 3.5 feet.		
EVENTS	This meet will be conducted in accordance with the attached schedule of events.		
ENTRIES OPEN	MAY 1, 2019		
ENTRY DEADLINE	JUNE 19, 2019 at 11:59 PM		
ENTRY FEES	Individual Events: \$6.00	Relay Events: \$12.00	Swimmer Surcharge: \$ 5.00
ENTRY LIMITS	1 ON FRIDAY, ON SATURDAY AND SUNDAY, 3 Individual Events per day (excluding relays).	0 Relays per day	MEET ENTRY LIMIT: 7
ELIGIBILITY	All entrants must be registered members of USA Swimming. Age as of the first day of the meet determines eligibility. This meet is open to ALL USA swimming registered swimmers.		
ON-SITE REGISTRATION	On-site registration <input type="checkbox"/> will <input checked="" type="checkbox"/> will not be accepted at this meet. Each swimmer must be registered through his/her LSC prior to the competition		
ENTRY PROCEDURES	<ul style="list-style-type: none"> The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund. Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded after conforming times in the order LCM-SCM-SCY. NT entries <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted. Entries must be submitted electronically in a format compatible with Hy-Tek meet management software. All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's TM Lite for entry submission. Manual (paper) entries are subject to a \$15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional \$25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found here. FINAL entry payments and any necessary reports must be mailed or e-mailed to the entry chair by JUNE 19, 2019 at 11:59 pm. Include Meet Entry Summary with payment. 		
MEET ENTRY CHAIR	CAROL FACCHIANO	PHONE #: (484)397-4092 (no calls before 9:00 AM or after 9:00 PM)	
E-MAIL ENTRY FILES TO	PAACMEETDIRECTOR@HOTMAIL.COM		
MAIL CHECKS/ REPORTS	PARKLAND AQUATIC CLUB (PAAC) #1 TEKPARK SUITE 120 BREINIGSVILLE, PA 18031		
CHECKS PAYABLE TO	PARKLAND AQUATIC CLUB		
SAFETY DIRECTOR	CRAIG WALLS	E-MAIL: paacmeetdirector@hotmail.com	PHONE: (484) 397-4092
OFFICIALS CONTACT	STEVEN EVANS	E-MAIL: paacmeetdirector@hotmail.com	PHONE: (484) 397-4092

Friday, July 5, 2019

Meet Starts 5:00pm (Warm-up at 4:00pm)

Limit 1 event per swimmer in this session

The 400 IM and 400 Free may be limited to the fastest 16 positively checked-in swimmers in each gender in order to conclude the session by 7:30pm. Both the 400 IM and the 400 Free will be swum fastest to slowest alternating genders. Check-in for the 400 IM closes at 4:15pm. Check-in for the 400 Free closes at 5:00pm

GIRLS	EVENT	BOYS
1	15 & Over 400 IM	2
3	13-14 400 IM	4
5	9-12 400 IM	6
7	15 & Over 400 Free	8
9	13-15 400 Free	10
11	9-12 400 Free	12

Session 2

Saturday, July 6, 2019

Meet Starts 8:00am (Warm-up at 7:00am)

Limit 3 events per swimmer in this session

GIRLS	EVENT	BOYS
13	15 & Over 200 Free	14
15	13-14 200 Free	16
17	15 & Over 100 Breast	18
19	13-14 100 Breast	20
21	15 & Over 200 Fly	22
23	13-14 200 Fly	24
25	15 & Over 50 Free	26
27	13-14 50 Free	28
29	15 & Over 200 Back	30
31	13-14 200 Back	32

Session 3

Saturday, July 6, 2019

Meet Starts not before 2:00pm (Warm-up begins not before 1:00pm)

Limit 3 events per swimmer in this session

GIRLS	EVENT	BOYS
33	11-12 200 Free	34
35	9-10 200 Free	36
37	11-12 50 Breast	38
39	9-10 50 Breast	40
41	11-12 100 Fly	42
43	9-10 100 Fly	44
45	11-12 50 Free	46
47	9-10 50 Free	48
49	11-12 100 Back	50
51	9-10 100 Back	52

Session 4

Sunday, July 7, 2019
 Meet Starts at 8:00am (Warm-up begins at 7:00am)
 Limit 3 events per swimmer in this session

GIRLS	EVENT	BOYS
53	15 & Over 100 Fly	54
55	13-14 100 Fly	56
57	15 & Over 200 IM	58
59	13-14 200 IM	60
61	15 & Over 100 Back	62
63	13-14 100 Back	64
65	15 & Over 200 Breast	66
67	13-14 200 Breast	68
69	15 & Over 100 Free	70
71	13-14 100 Free	72

Session 5
 Sunday, July 7, 2019
 Meet begins not before 2:00pm (Warm-up begins not before 1:00pm)
 Limit 3 events per swimmer in this session

GIRLS	EVENT	BOYS
73	11-12 50 Fly	74
75	9-10 50 Fly	76
77	11-12 200 IM	78
79	9-10 200 IM	80
81	11-12 50 Back	82
83	9-10 50 Back	84
85	11-12 100 Breast	86
87	9-10 100 Breast	88
89	11-12 100 Free	90
91	9-10 100 Free	92

DECK ENTRIES	Deck Entries <input type="checkbox"/> will not be accepted <input checked="" type="checkbox"/> will be accepted at this meet subject to space availability, and at the discretion of the Meet Director, prior to the start of each session, at the cost of \$12.00 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.
PROOF OF TIMES	Entry times must be from a sanctioned, approved or observed meet. Proof of time <input type="checkbox"/> is <input checked="" type="checkbox"/> is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic
SEEDING	This meet will be pre-seeded with the exception of the event(s) noted below. All Friday night events will be deck-seeded. Meet management asks that any scratches after the entry deadline for Saturday's or Sunday's events be submitted to paacmeetdirector@hotmail.com by 8:00 pm on Monday, July 1, 2019.
AWARDS	Ribbons will be awarded to 1st through 8th place in each 12 and under individual event and 1st through 3rd in each relay event.
SCORING	This meet will not be scored.
PROGRAMS AND ADMISSION	Programs/heat sheets will be sold by <input checked="" type="checkbox"/> session <input type="checkbox"/> entire meet. Meet mobile <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be available. Admission is \$5.00. Children under 3 admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.
MISCELLANEOUS	In case of delays or cancellation due to bad weather, check the PAAC website www.paacswim.com, the PAAC twitter account at twitter.com/paacswim or call PAAC at 610-442-9077.

SESSION	WARM-UP TIMES	MEET STARTS
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1	4:00-4:50 pm	5:00 pm
2	7:00-7:50 am	8:00 am
3	Begins no sooner than 1:00pm	1 hour after warmup begins, not before 2:00 pm
4	7:00-7:50 am	8:00 am
5	Begins no sooner than 1:00pm	1 hour after warmup begins, not before 2:00 pm
WARM-UP INFORMATION	<p>USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes.</p> <p>Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet.</p> <p>Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated.</p> <p>The referee may remove anyone from the warm-up for failure to comply with warm-up rules</p>	
DECK PRIVILEGES	<p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. A (non-removable) identification band must be provided to and worn by each non-athlete member of USA Swimming, including coaches and officials, that is on-deck at a sanctioned meet; such identification band shall be issued following a review of that individual's membership/certification credentials and personal photo ID. A new identification band shall be issued for each day of such meet, and the credentials/photo ID must be re-checked if a replacement ID is issued.</p> <p>Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally these swimmers must register a contact person with the meet director. This information should be submitted with the entries.</p>	
RACING START CERTIFICATION	<p>Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.</p>	
QUALIFYING TIMES	<p>Qualifying Times (if applicable) are shown on the attached Meet Structure</p>	
MEET/DECK REFEREE	<p>The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for any issues that arise that day during the course of the meet.</p>	
MEET MARSHALS	<p>Meet Marshals have full authority through the Meet Referee & Safety Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.</p>	
RULES:	<p>This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p> <p>For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be STRICTLY enforced.</p> <p>Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/</p> <p>No unauthorized personnel will be allowed on the pool deck. Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area</p>	
DISABLED SWIMMERS	<p>Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.</p>	
PROTESTS	<p>A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator</p>	

PHOTOGRAPHY	<p>Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT</p> <p>In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time.</p> <p>As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.</p>
DRONES	<p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.</p>
DECK CHANGING	<p>Deck changes are prohibited.</p>
DIRECTIONS	<p>From I-78, take the Lehigh St exit and turn N on Lehigh St. Turn E on Downyflake Ln and make a left at Mack Blvd. You will pass the pool on your right and make a right turn (E) on Dixon St followed quickly by a right turn onto S Delaware St. The entrance to the Mack Pool parking lot will be the first right. For your GPS, use the intersection of S Delaware St and Trout Dr to approximate the entrance to the parking lot.</p>
ACCOMMODATIONS	<p>PAAC Preferred Hotels:</p> <p>Allentown Renaissance 12 North 7th Street Allentown, PA 18101 (610) 273-4000</p> <p>Comfort Suites 3712 Hamilton Boulevard Allentown, PA 18103 (610) 437-9100</p> <p>Hilton Homewood Suites 7686 Industrial Boulevard/Route 100 Allentown, PA 18106 (610) 336-4860</p>