



MIDDLE
ATLANTIC
SWIMMING

HERSHEY AQUATIC CLUB

2013-2014 Meet Schedule

Updated 11-11-13



Meet Entries for USA Swimming Competitions
Entries through active.com

Date	Meet Name	Location	Information	Entry Deadline
October 4-6	WSY A/BB/C	Cumberland Valley HS Friday @ Messiah College		Results
October 19-20	UDAC A/BB/C (2012 Meet Info)	Upper Dublin HS		Results
October 20	Diplomat Swim Club Mini (8&Under)	Franklin & Marshall College	8&unders Only	Results
November 2-3	RMSC National Age Group Challenge (Link is to the 2012 Meet Information)	Germantown Indoor Swim Center; Boyds, MD	3 Entries per age group in each event; 9-14 YO's	Results
November 8-10	WSY A/BB/C	Cumberland Valley HS Friday @ Messiah College		Closed
November 16	4th Annual Pumpkin Splash (Non USA)	Big Springs HS	12&Under only	Closed
December 6-8	NLAC A/BB/C	State College		Closed
December 12-14	2013 USA SC Junior Nationals	Greensboro, NC	Qualifying Times	Closed
December 13-15	Diplomat Swim Club Holiday Meet	Franklin & Marshall	Qualifying Times	Closed
January 5	GAAC 1650 Meet	Ft. Washington, PA		CLOSED
January 10-12	WSY Winter Invite A/BB/C	Cumberland Valley HS Friday @ Messiah College	AM Session: Sr & 11-12 PM Session: 9-10 & 13-14	November 13
Jan. 31-Feb. 2	IMX Games 9-14 year olds	University Park, MD	1500 IMX Points	December 6
February	YY John De Barbadoillo Memorial	York YMCA	1000/1650 Session Only	December 6
February 9	WSY 9&Under Invitational	Cumberland Valley HS		January 13
February 15-16	WSY Valentine A/BB/C	Cumberland Valley HS		January 13

Central Pennsylvania Swim Association

November 23	Dual Meet Vs Lancaster Aquatic Club	@ Hershey	8:15 Start	
December 21	Dual Meet Vs Marauder Aquatic Club	@ Hershey	8:15 Start	
January 25	Dual Meet Vs Collegiate Aquatics	@ Hershey	8:15 Start	
February 22-23	CPSA Championships (Prelim/Finals)	TBA	TBA	

Championship Meets

March 2	MINI Championships (9&Under)	Northern York HS		February 10
March 14-16	MA Junior Olympics (Prelims/Finals)	GCIT	Qualifying Times	February 17
March 20-23	MA Senior Champs (Prelims/Finals)	York YMCA	Qualifying Times	February 17
March 29-30	MA Silver Champs (Prelims/Finals)	University of Delaware	Sub JO Times	February 17
March 27-29	Eastern Zone Championships	Webster, NY		
July 28-Aug 5	USA Speedo Junior Nationals	Irvine, CA	Time Standards	
August 5-9	NCSA Junior Nationals	Indianapolis, IN		

Hershey High School Meet Schedule

12/10	Central Dauphin East @ Hershey	1/7	Mifflin County @ Hershey	1/28	Chambersburg @ Hershey
12/12	Milton Hershey @ Hershey	1/9	Lower Dauphin @ MHS Catherine Hall	1/30	Wilson @ Hershey
12/17	Central Dauphin @ Hershey	1/11	Wilson Relays @ Governor Mifflin	2/7-8	Mid Penn Championships
12/19	Carlisle @ Dickenson College	1/14	State College HS @ State College	2/15	Mid Penn Polar Bear Invitational
12/21	Cardinal Invite @ Upper Dublin	1/16	Cedar Crest @ Cedar Crest	2/28-1	District 3 AAA Championships
1/4	Parkland Invite @ Parkland HS	1/21	Cumberland Valley @ CVHS	3/12-13	PIAA Swimming & Diving Champs
		1/23	Palmyra @ Hershey		



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Meet Entry Procedure

USA Swimming, Invitational Meets, and Dual meets

All meet entries will be done online through active.com. You will need to read through the meet information that can be found on the Middle Atlantic web site (under the “meets” tab, or the information link will be included in the email regarding the competition. Below are the steps needed to successfully enter the swim meet.

1. You will receive an email from **fasty4** with **“You are invited to participate in this upcoming meet”** in the subject heading. The email will look as follows:

We are now accepting entries for the upcoming 2013 Diplomat Swim Club May Maelstrom. Please respond to let us know whether or not you plan to attend the meet.

Swimmer name: Greg Fastrich

Swimming ID: 083173GREOFAST

2013 Diplomat Swim Club May Maelstrom

May 3 to 5, 2013

Kunkel Aquatic Center

929 Harrisburg Pike

Lancaster, PA 17604

USA

Swimmer surcharge: \$0.00

Individual event fee: \$5.00

Relay event fee: \$0.00

[Respond now](#)

If you are having problems viewing this email, copy and paste the following link into your browser to respond to the invitation:

<https://cui.active.com/swim-reg/login?m=111401>



[Active.com](#) | [Privacy policy](#) | [Terms of service](#) | [Security](#)

2. Click Respond now. This will take you to the ACTIVE site where you need to register by filling in your email address under NEW USER. After the first time registering you will then sign in with your email address and password.
3. You will then be asked to fill out the meet entry form by providing the swimmer’s name and date of birth or by typing the swimmer’s USA Swimming ID (date of birth / first 3 letters of first name / middle initial / first 4 letters of last name) **Example:** 083173GREOFAST
4. You will then click on the some boxes.
 - Will you be attending this meet? YES or NO
 - If YES, select the events you will be swimming on each day or click the box indicating “not attending this session.
 - For dual meet competitions you will not be able to select events. You will only indicate if you will be able to attend.
5. Once complete, you will be taken to “Your Cart” showing your entries and your total entry fee. You will not pay at this time. All fees will be billed to your HAC account.
6. You will receive entry confirmation in another email.
7. **DOUBLE CHECK YOUR ENTRIES**

- [Hy-Tek Team Stats Online](#) Entries from active.com are synchronized with Team Stats Online at the end of each week. Please double check to make sure your entries were imported. This is a new system for HAC for meet entries, so we don't want to leave anyone's entries out.

What meet does my athlete attend?

- **All swimmers** have the opportunity to compete in the CPSA dual meet competitions.
 - Competitions will be one session on a Saturday toward the end of each month.
- **All swimmers** need to attend at least one meet per month either CPSA dual meet and/or A/BB/C Meet.
- **We encourage** athletes to enter the maximum number events allowed per session.
- **We encourage** athletes to achieve the IMX Challenge (events listed under IMX Games)

• Diamond 2

- **October 20** **Diplomat Swim Club Mini Meet (8&Under only)**
- **November 16** **4th Annual Pumpkin Splash (12&Under only)**
- **November 23** **CPSA Dual Meet Vs Lancaster Aquatic Club**
- **December 21** **CPSA Dual Meet Vs Marauder Aquatic Club**
- **January 25** **CPSA Dual Meet Vs Collegiate Aquatics**
- **February 9** **WSY 9&Under Invitational**
- **February 22-23** **CPSA Championships**
- **March 2** **Mini Championships (9&Under)**

• Diamond 1 / Discovery

- **October 20** **Diplomat Swim Club Mini Meet (8&Under only)**
- **November 16** **4th Annual Pumpkin Splash (12&Under only)**
- **November 23** **CPSA Dual Meet Vs Lancaster Aquatic Club**
- **December 21** **CPSA Dual Meet Vs Marauder Aquatic Club**
- **January 10-12** **WSY A/BB/C – at least one session (9yo and older)**
- **January 25** **CPSA Dual Meet Vs Collegiate Aquatics**
- **February 9** **WSY 9&Under Invitational**
- **February 22-23** **CPSA Championships**
- **March 2** **Mini Championships (9&Under)**

• Silver 1, Silver 2, Bronze

- **October 4-6** **WSY A/BB/C**
OR
- **October 19-20** **Upper Dublin A/BB/C**
- **November 2-3** **RMSC National Age group Challenge**
 - 10 USA Swimming clubs are invited.
 - Swimmers will be invited to this competition based on IMX Ready Score
 - 9&10: 100 Free & IM; 50 Fly, Back, & Breast
 - 11&12: 200 Free, 100 IM, 50 Fly, 50 Back, 50 Breast
 - 13&14: 200 Free & IM; 100 Fly, 100 Back, 100 Breast
 - All events are single age; 3 entry per event; 4 entries total per swimmer.
 - Swimmers per age & gender invited: 9yo & 10yo 5; 11yo & 12yo 6; 13yo & 14yo 9.
 - **Attendees must compete on both days.**
- **November 8-10** **WSY A/BB/C**
 - **Optional** if attending RMSC National Age Group Challenge
- **November 23** **CPSA Dual Meet Vs Lancaster Aquatic Club**
- **December 6-8** **NLAC A/BB/C**
 - Swimmers not qualified or attending the DSC Holiday Meet
- **December 21** **CPSA Dual Meet Vs Marauder Aquatic Club**
- **December 13-15** **DSC Holiday Meet** (Prelims & Finals 11 and over: timed finals 10&U)
 - Swimmers must meet the qualifying times to enter
- **January 10-12** **WSY A/BB/C**

- **January 25** **CPSA Dual Meet Vs Collegiate Aquatics**
- **January 31-Feb 2** **IMX Games (9-14yos)**
 - Swimmers must have achieved 1500 total points in the IMX Challenge events
 - 9 & 10: 200 Free & IM, 100 Fly, 100 Back, 100 Breast
 - 11-12: 500 Free, 200 IM, 100 Fly, 100 Back, 100 Breast
 - 13-14: 500 Free, 200 & 400 IM, 200 Fly, 200 Back, 200 Breast
- **February 15-16** **WSY A/BB/C**
- **February 22-23** **CPSA Championships**
- **March 14-16** **Middle Atlantic Junior Olympics (Prelims/Finals)**
 - All qualified swimmers should attend
- **March 29-30** **Middle Atlantic Silver Championships (Prelims/Finals)**
 - Swimmers not competing at Junior Olympics should attend but is **optional**.
- **March 27-29** **Eastern Zone Age Group Championships**
 - Swimmers must apply; Top 3 in each event/age group in MA qualify

• Senior A and Senior B

- **October 4-6** **WSY A/BB/C**
OR but preferred
 - **October 19-20** **Upper Dublin A/BB/C**
 - **November 3-4** **RMSC National Age group Challenge**
 - **Swimmers that are 14&Under**
 - Refer to the information listed under Silver 1, Silver, and Bronze
 - **November 8-10** **WSY A/BB/C**
 - **Optional** if attending RMSC National Age Group Challenge
 - **November 23** **CPSA Dual Meet Vs Lancaster Aquatic Club**
 - **December 6-8** **NLAC A/BB/C**
 - Swimmers not qualified or attending the DSC Holiday Meet
- OR**
- **December 12-14** **USA Junior Nationals**
 - Qualified swimmers should attend.
 - Departure December 11
- OR**
- **December 13-15** **DSC Holiday Meet (Prelims & Finals 11 and over: timed finals 10&U)**
 - Swimmers must meet the qualifying times to enter
 - **December 21** **CPSA Dual Meet Vs Marauder Aquatic Club**
 - HHS swimmers will be at the Bucknell Invitational
 - Non HHS swimmers should attend.
 - **January 10-12** **WSY A/BB/C**
 - HHS Swimmers will only be able to enter Sunday, January 12 due to Wilson Relays.
 - **January 25** **CPSA Dual Meet Vs Collegiate Aquatics**
 - **February 22-23** **CPSA Championships**
 - High School Swimmers qualified for Districts should NOT attend
 - High School Swimmers NOT qualified for Districts SHOULD attend
 - **March 20-23** **Middle Atlantic Senior Championships (Prelims/Finals)**
 - All qualified swimmers should attend
 - **March 29-30** **Middle Atlantic Silver Championships (Prelims/Finals)**
 - Swimmers not competing at MA Senior Champs should attend but is **optional**.

Central Pennsylvania Swim Association

The Central Pennsylvania Swim Association (CPSA) is composed of member swim teams from the central Pennsylvania region. The rules, standards and publications of United States Swimming and the Middle Atlantic LSC will serve as a basis for competitions within the CPSA.

The Vision and Objectives (as outlined by *USA Swimming* and adopted by the CPSA)

Vision Statement

To inspire and enable our members to achieve excellence in the sport of swimming and in life.

Core Objectives

USA Swimming has adopted three core objectives. These core objectives establish the foundation of the strategic business plan for our sport. USA Swimming encourages all members to participate in the local, regional and national efforts to ensure that these objectives are accomplished.

Build the Base

We seek to expand our membership in order to share our sport with as many other people as possible. We are especially committed to sharing the values of our sport with young people who may discover that swimming is an activity they can enjoy for their entire life.

Promote the Sport

We want swimming to receive as much publicity as possible because we believe that the more people learn about our sport the more inclined they will be to join the ranks of our membership. We are proud of our sport and we seek to celebrate it whenever possible.

Achieve Competitive Success

USA Swimming has been ranked as the number one swimming nation in the world for more than 40 years. We seek to continue this tradition of competitive excellence. When our elite athletes are successful in fulfilling their Olympic dreams our society benefits from the inspiration these athletes give us.

Purpose

- A. To create an organized group of swim teams, lead by USA-S certified swim coaches, that share the vision and core objectives established by USA Swimming and adopted by the CPSA
- B. To provide organized conference style competition for the member teams. The conference style format would include sanctioned or unsanctioned dual meets, approved invitational or multi-team style meets that promote a variety of events (distance events, IM Ready and IM Xtreme events), and a championship meet.
- C. To provide an incentive program for member teams to expand their USA membership and participate in a greater number and variety of approved and sanctioned USA swimming competitions.
- D. To promote sanctioned dual meet competition that follows the rules and standards of United States Swimming

Association Membership Requirements

- A. A member team must have at least one registered USA Swimming coach in good standing with Middle Atlantic and USA Swimming.
- B. Member teams in the CPSA are not required to have their athletes join USA Swimming, nor be member teams of USA Swimming.
- C. If a member team is a USA Swimming registered team, the team's coaches shall be registered under the same team name
- D. Potential new teams must submit written notification of their intent to join the league to the league president and vice-president via e-mail or written letter. There is no application fee.
- E. Each member team must agree to abide by the CPSA Constitution before being accepted as a member.

Dual Meet Format

November 23, 2013			December 21, 2013			January 25, 2014		
Women Events	Event Order	Men Events	Women Events	Event Order	Men Events	Women Events	Event Order	Men Events
1	8&U 100 Med Rel.	2	1	8&U 100 Free Rel.	2	1	8&U 100 Med. Rel.	2
3	9-10 200 Med Rel.	4	3	9-10 200 Free Rel.	4	3	9-10 200 Med. Rel.	4
5	11-12 200 Med Rel.	6	5	11-12 200 Free Rel.	6	5	11-12 200 Med. Rel.	6
7	13&O 200 Med Rel.	8	7	13&O 200 Free Rel.	8	7	13&O 200 Med. Rel.	8
9	8&U 25 Free	10	9	8&U 25 Free	10	9	8&U 100 IM	10
11	9-10 50 Free	12	11	9-10 200 Free	12	11	9-10 100 IM	12
13	11-12 200 Free	14	13	11-12 50 Free	14	13	11-12 100 IM	14
15	13&O 50 Free	16	15	13&O 200 Free	16	15	13&O 400 IM	16
17	8&U 25 Breast	18	17	8&U 25 Breast	18	17	8&U 25 Free	18
19	9-10 100 Breast	20	19	9-10 50 Breast	20	19	9-10 50 50 Free	20
21	11-12 50 Breast	22	21	11-12 100 Breast	22	21	11-12 50 Free	22
23	13&O 200 Breast	24	23	13&O 100 Breast	24	23	13&O 50 Free	24
25	8&U 25 Back	26	25	8&U 25 Back	26	25	8&U 25 Fly	26
27	9-10 50 Back	28	27	9-10 100 Back	28	27	9-10 50 Fly	28
29	11-12 100 Back	30	29	11-12 50 Back	30	29	11-12 100 Fly	30
31	13&O 100 Back	32	31	13&O 200 Back	32	31	13&O 200 Fly	32
33	8&U 25 Fly	34	33	8&U 25 Fly	34	33	8&U 50 Free	34
35	9-10 100 Fly	36	35	9-10 50 Fly	36	35	9-10 100 Free	36
37	11-12 100 Fly	38	37	11-12 50 Fly	38	37	11-12 100 Free	38
39	13&O 100 Fly	40	39	13&O 200 Fly	40	39	13&O 100 Free	40
41	8&U 50 Free	42	41	8&U 50 Free	42	41	8&U 25 Breast	42
43	9-10 100 Free	44	43	9-10 50 Free	44	43	9-10 50 Breast	44
45	11-12 50 Free	46	45	11-12 100 Free	46	45	11-12 100 Breast	46
47	13&O 100 Free	48	47	13&O 50 Free	48	47	13&O 200 Breast	48
49	8&U 100 IM	50	49	8&U 100 IM	50	49	8&U 25 Back	50
51	9-10 200 IM	52	51	9-10 100 IM	52	51	9-10 50 Back	52
53	11-12 100 IM	54	53	11-12 200 IM	54	53	11-12 100 Back	54
55	13&O 400 IM	56	55	13&O 200 IM	56	55	13&O 200 Back	56