

# HERSHEY AQUATIC CLUB

## 2018 Summer Meet Schedule

Updated May 8, 2018

**Meet Entries for USA Swimming Competitions**  
**Entries through [teamunify.com/mahac](http://teamunify.com/mahac)**

<u>Date</u>	<u>Meet Name</u>	<u>Location</u>	<u>Information</u>	<u>Entry Deadline</u>
May 13	Hershey May Flower Developmental	Hershey, PA	10&Under Only	May 1
May 18-20	LAC All American Memorial Classic	Franklin & Marshall College	9&Over only	March 5
June 7-10	HAC/WSY Long Course Classic	Lewisburg, PA	Prelims/Finals 13&Over Some Qualifying Times Timed Finals 9-10, 11-12	March 15
June	Bridge to Bridge Open Water	Atlantic City, NJH	Senior and Silver Groups	TBA
June 24	WSY Summer "One Day Meet"	Hampden Twp Park & Pool		April 1
July 6-8	LAC Speedo Classic	Franklin & Marshall College	This will act as HAC's Silver Champs (last USA-S Meet)	April 1
July 11-12	MA Senior Champs Hosted by HAC & WSY	Lewisburg, PA	<a href="#">Qualifying Times</a>	May 1
July 19-22	MA Junior Olympics	Franklin & Marshall College	<a href="#">Qualifying Times</a>	July 8
Aug 2-5	LC Senior Zone Championship	Buffalo, NY	<a href="#">Qualifying Times</a>	June 17
August 8-11	Eastern Age Group Zones	Richmond, VA	<a href="#">Qualifying Times</a> (LCM Only)	

### Mid Penn Swim League ([swimmpsl.org](http://swimmpsl.org))

#### [Directions to Pools](#)

Entry Deadline

**HOME MEET WARM UPS: 6:30-6:55 Senior & Silver; 7:00-7:25 Diamond & Bronze**

<b>June 16</b>	<b>Heatherfield</b>	<b>@ Hershey</b>	8:15 AM Start	<b>June 13</b>
<b>June 23</b>	<b>Willowood</b>	<b>@ Willowood</b>	8:00 WU 8:30 Start	<b>June 20</b>
<b>June 30</b>	<b>Hummelstown</b>	<b>@ Hershey</b>	8:15 AM Start	<b>June 27</b>
<b>July 7</b>	<b>BYE WEEK</b>			
<b>July 14</b>	<b>Devon Crest</b>	<b>@ Hershey</b>	8:15 AM Start	<b>July 11</b>
<b>July 21</b>	<b>MPSL Division A Championship</b>	<b>@ Hershey</b>	<b>Must attend a minimum of 2 MPSL Dual Meets in order to participate.</b>	<b>July 8</b>
<b>July 22</b>	<b>MPSL All Star Championship</b>	<b>Annaville, PA</b>		
<b>July 28</b>	<b>MID-CAP Championship</b>	<b>Hampden Twp Park &amp; Pool</b>		

#### MPSL Dual Meet Guideline

- Swimmers may miss one practice the week of a dual meet.
- Swimmers will be given 2 excused absences to be used the week of a dual meets.
- Swim Camps count as swim practice so long as the coaches are notified.
- Swimmers must declare their meet attendance by the Wednesday prior to the meet.
- Coaches will place all swimmers in 3 individual events. We try to swim them in each event atleast once.

#### MPSL Division Champs, MPSL All Star Champs, MID-CAPS

- **MPSL Divisonal:** Must attend in a minimum of 2 MPSL Dual meets in order to enter.
- **MPSL All Stars:** Of the three Division meets, the top 16 individuals and top 8 relays qualify.
- **MID-CAPS:** The top 8 individuals and top 4 relays from the MPSL All Star and CASL All Star meets advance to this competition.

## Recommended meets for each training group

- **Diamond 2**
- Compete at a minimum of 3 MPSL Dual meets
- Must compete in a minimum of two MPSL Dual meets to compete in championships.
  - MPSL Dual Meets (4 total dual meets available)
  - MPSL Division A Championship
  - MPSL All Star Championship (if qualified)
  - MID-CAP Champs (if qualified)
- **Diamond 1**
- Compete at a minimum of 1 USA Swimming meet a month.
- Must compete in a minimum of two MPSL Dual meets to compete in championships.
  - May 5-7 DSC May Maelstrom (9 and Over only)
  - May 20-21 NLAC Spring Kick Off
  - June 8-11 HAC/WSY Long Course Classic (9&Over only)
  - June 25 WSY Summer "One Day Meet"
  - July 7-9 LAC Speedo Classic (9&Over only)
  - MPSL Dual Meets (4 total dual meets available)
  - MPSL Division A Championship
  - MPSL All Star Championship (if qualified)
  - MID-CAP Champs (if qualified)
- **Bronze, Silver 2, Silver 1**
- Compete at a minimum of 1 USA Swimming meet a month.
- Must compete in a minimum of two MPSL Dual meets to compete in championships.
  - May 5-7 DSC May Maelstrom (9 and Over only)
  - May 20-21 NLAC Spring Kick Off
  - June 8-11 HAC/WSY Long Course Classic (9&Over only)
  - June 25 WSY Summer "One Day Meet"
  - July 7-9 LAC Speedo Classic (9&Over only)
  - July 19-22 MA Junior Olympics
  - MPSL Dual Meets (4 total dual meets available)
  - MPSL Division A Championship
  - MPSL All Star Championship (if qualified)
  - MID-CAP Champs (if qualified)
- **Senior A and Senior B**
- Compete at a minimum of 1 USA Swimming meet a month.
- Must compete in a minimum of two MPSL Dual meets to compete in championships.
  - May 5-7 DSC May Maelstrom (9 and Over only)
  - May 20-21 NLAC Spring Kick Off
  - June 8-11 HAC/WSY Long Course Classic (9&Over only)
  - June 25 WSY Summer "One Day Meet"
  - July 7-9 LAC Speedo Classic (9&Over only)
  - **OR**
  - July 12-15 MA Senior Champs
  - MPSL Dual Meets (4 total dual meets available)
  - MPSL Division A Championship
  - MPSL All Star Championship (if qualified)
  - MID-CAP Champs (if qualified)
  - August 2-5 LC Senior Zones (all that qualify; team travel meet)

## Types of Competitions:

- **CPSA or MPSSL Dual/Tri Meets:**
  - Competition swimming against one or two other teams
  - Athletes compete in a maximum of 3 individual events
  - Competition runs for a maximum of 4 hours.
- **Mini + Developmental**
  - Mini refers to swimmers ages 8 years and younger
  - Developmental refers to swimmers 12 years and younger that do not have “A+” times.
  - One day competition not lasting longer than 4 hours.
- **A/BB/C Meets**
  - Competition is open to swimmers ages 9 and older of all abilities.
  - Competition is usually Friday evening (distance), Saturday, and Sunday.
  - Each session last a maximum of 4 hours. The session usually consist of two age groups (9-10 & 11-12; 13-14, 15 & Over). This may vary based on the meet host.
- **IMX Competition**
  - **Swimmers must have swum the required events and meet the composite score required for entry.**
  - **Events:**
    - 10&Under: 200 Free, 100 Fly, 100 Back, 100 Breast, 200 IM
    - 11-12: 500 Free, 200 Free, 100 Fly, 100 Back, 100 Breast, 200 IM.
    - 13-14: 500 Free, 200 Free, 200 Fly, 200 Back, 200 Breast, 400 IM.
- **Qualifying Meets**
  - Competition requires swimmers to meet specific time standards. These are formulated by the meet host.
  - Competitions take place locally, regionally, and nationally.
  - **2017-2020 National Meet Time Standards [HERE](#).**
  - **2017-2020 National Age Group Motivational Times [HERE](#).**
    - Long Course Meters (50 meters per length; Olympic Distance)
    - Short Course Meters (25 meters per length)
    - Short Course Yards (25 yard per length)

## Meet Entry Procedure

### USA Swimming, Invitational Meets, and Dual/Tri meets

*All entries will be completed through the Team Unify web site.*

[www.hersheyh2o.org](http://www.hersheyh2o.org)

1. Print out the season competition schedule [Here](#)
2. Entry Invitation email will be sent once the meet information becomes available. On this page you will be able to print out the **MEET INFORMATION**. Please read.
3. Upon receiving the meet invitation, you will be asked to declare that you “will be able to attend” or “will NOT be able to attend.” **Please select one or the other in the drop down box.**
4. CPSA Dual/Tri Meet Entries: you will only declare your availability. The Coaches will select the swimmer’s events.
5. Championship, A/BB/C, Mini, or Developmental Entries: you will declare your availability and select your swimmer’s events.
6. After you have submitted your entries, the Coaches will approve your event selection. **The Coaching staff reserves the right to modify any entries.**

# Mid Penn Swim League

## Order of Events

Age as of June 1

Male Event #	Event	Female Event #
1	8&Under 100 Medley Relay	2
3	9-10 200 Medley Relay	4
5	11-12 200 Medley Relay	6
7	13-14 Medley Relay	8
9	15-18 Medley Relay	10
11	9-10 100 IM	12
13	11-12 100 IM	14
15	13-14 100 IM	16
17	15-18 100 IM	18
19	8&Under 25 Free	20
21	9-10 50 Free	22
23	11-12 50 Free	24
25	13-14 50 Free	26
27	15-18 50 Free	28
29	8&Under 25 Back	30
31	9-10 50 Back	32
33	11-12 50 Back	34
35	13-14 50 Back	36
37	15-18 50 Back	38
39	9-10 100 Free	40
41	11-12 100 Free	42
43	13-14 100 Free	44
45	15-18 100 Free	46
47	8&Under 25 Breast	48
49	9-10 50 Breast	50
51	11-12 50 Breast	52
53	13-14 50 Breast	54
55	15-18 50 Breast	56
57	8&Under 25 Fly	58
59	9-10 50 Fly	60
61	11-12 50 Fly	62
63	13-14 50 Fly	64
65	15-18 50 Fly	66
67	8&Under 100 Free Relay	68
69	9-10 200 Free Relay	70
71	11-12 200 Free Relay	72
73	13-14 Free Relay	74
75	15-18 Free Relay	76