## 2022 Mid Penn Plunge - 2/18/2022 to 2/19/2022 Hosted by Northern High School www.MidPennSwimChamp.info Session Report

Session: 1 Mid Penn Plunge - DAY 1

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	Actual
Finals	1	Women 200 Medley Relay	16	3 u	05:30 PM	NA
Finals	2	Men 200 Medley Relay	9	2 u	05:41 PM	NA
Finals	3	Women 200 Freestyle	17	3 u	05:48 PM	NA
Finals	4	Men 200 Freestyle	12	2 u	05:58 PM	NA
		Break: 20 Minutes:				
Finals	5	Women 200 IM	17	3 u	06:25 PM	NA
Finals	6	Men 200 IM	6	1 u	06:35 PM	NA
Finals	7	Women 50 Freestyle	63	11 u	06:39 PM	NA
Finals	8	Men 50 Freestyle	49	9 u	06:52 PM	NA
Finals	9	Women 100 Butterfly	13	3 u	07:03 PM	NA
Finals	10	Men 100 Butterfly	7	2 u	07:08 PM	NA
		Break: 20 Minutes:				
		Swimmers Counts for Warm-ups: 183	====	====		
		Entry / Heat Totals:	209	39		
		Finish Time			07:33 PM	e07:33 PM

Session: 2 Mid Penn Plunge - DAY 2

Day of Meet: 2 Starts at 11:00 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	11 Women 200 Freestyle Relay	22	4 u	11:00 AM	NA
Finals	12 Men 200 Freestyle Relay	15	3 u	11:12 AM	NA
	Break: 20 Minutes:				
Finals	13 Women 100 Freestyle	59	10 u	11:40 AM	NA
Finals	14 Men 100 Freestyle	43	8 u	11:59 AM	NA
Finals	15 Women 500 Freestyle	18	3 u	12:13 PM	NA
Finals	16 Men 500 Freestyle	10	2 u	12:37 PM	NA
	Break: 20 Minutes:				
Finals	17 Women 100 Backstroke	28	5 u	01:16 PM	NA
Finals	18 Men 100 Backstroke	11	2 u	01:28 PM	NA
Finals	19 Women 100 Breaststroke	33	6 u	01:33 PM	NA
Finals	20 Men 100 Breaststroke	21	4 u	01:46 PM	NA
	Break: 20 Minutes:				
Finals	21 Women 400 Freestyle Relay	15	3 u	02:15 PM	NA
Finals	22 Men 400 Freestyle Relay	7	2 u	02:32 PM	NA
	Break: 20 Minutes:				
	Swimmers Counts for Warm-ups: 203	====	====		
	Entry / Heat Totals:	282	52		
	Finish Time			03:02 PM	e03:02 PM