

2022 MID PENN PLUNGE – IMPORTANT REMINDERS **FEBRUARY 14, 2022**

Coaches,

In preparations for the 2022 Mid Penn Plunge, Friday and Saturday, February 18th and 19th at Northern High School, please review the following important reminders and forward this important update to your coaches, swimmers and parents.

- **Please Arrive AFTER 3:00 PM on Friday** – Northern is in session on Friday, February 18th, so please insure your swimmers, coaches and any fans arrive AFTER 3:00 PM that day.
- **Food for Coaches** – Northern will provide food for all coaches on Friday evening and on Saturday around 12:30 PM. Details will be provided at the meet.
- **YouTube Livestream** – For anyone unable to attend the meet in person and for swimmers waiting in the gym for their next event who want to keep track of the meet, there will be a livestream each day:
 - DAY 1 (Friday, February 18th) - <https://youtu.be/ojaGRZTloNI>
 - DAY 2 (Saturday, February 19th) - https://youtu.be/tfiqH_LwI20
- **Spectators Limited to TWO (2) Per Swimmer** – In light of Northern’s limited natatorium bleacher seating, the availability of the YouTube livestream and Northern’s objective of keeping all athletes, coaches and spectators as safe as possible during the coronavirus pandemic, ***the number of spectators this year is limited to TWO (2) per Plunge swimmer.*** Northern is counting on coaches to manage your team total spectator attendance to an average of two people per Plunge swimmer. Spectators are also asked that when their swimmers are not competing to please temporarily move to the Gym Lobby to make room in the bleachers for other spectators who have someone competing. Thank you for your understanding and assistance.
- **Masks** - While masks are currently optional in our buildings, Northern is hoping that any spectators experiencing possible COVID-19 symptoms will either wear a mask or watch the meet remotely via YouTube.
- **Blankets for the Gym** – If you’re going to bring any chairs for your swimmers in the gym, please bring a blanket to put under the chairs in order to protect Northern’s gym floor.
- **Food Trucks** – Northern is planning to have “Grab-and-Go” Gatorade and fruit available inside. They have also arranged for three food trucks to be present outside during the meet. Please check out their menus at the links below:
 - “Mad Dash” will be there Friday evening and all day Saturday - <http://www.maddashgrilledcheese.com/>
 - “East Coast Mini Donuts” will be on site Saturday morning - <https://ecminidonuts.com/food-truck-menu> **They’re offering an “order ahead” feature** at <https://foodtruck.pub/?id=5216>
 - “717 Taco” will be available Saturday for lunch, including some vegetarian options - <https://www.717tacos.net/>
- **Swimmer Dress** – PLEASE remind your swimmers they MUST have shoes on and their top covered any time they’re outside the pool area. Since our primary concession option will be outdoors, PLEASE remind your swimmers to dry off and dress appropriately if going outside to the food trucks.
- **Parent Food Truck Runners** - You may want to consider having some of your parents/fans serve as “runners” to purchase food at the trucks and bring it in to swimmers so your swimmers don’t have to go outside during the meet.

Northern is looking forward to hosting your team at the Mid Penn Plunge!