



**2022-2023 PIAA District III M&T Bank Swimming Championship**  
**Meet Schedule**

<b>DAY ONE: Friday, March 3</b>	<b>Girls AA</b>	<b>Boys AA</b>	<b>Girls AAA</b>	<b>Boys AAA</b>
Coaches / swimmers in locker room	11:00	1:15	4:00	6:30
<b>Warm-up</b>	<b>11:15</b>	<b>1:30</b>	<b>4:15</b>	<b>6:45</b>
Officials meeting	11:00	1:15	4:00	6:45
Ticket sales	11:00	1:15	4:00	6:30
Coaches meeting	11:30	1:45	4:30	7:00
<b>200 Medley Relay</b>	<b>12:00</b>	<b>2:15</b>	<b>5:00</b>	<b>7:30</b>
<b>200 Freestyle</b>	<b>12:15</b>	<b>2:30</b>	<b>5:15</b>	<b>7:45</b>
<i>Awards: 200 Medley Relay</i>	<i>12:24</i>	<i>2:39</i>	<i>5:27</i>	<i>7:57</i>
<b>200 Individual Medley</b>	<b>12:29</b>	<b>2:44</b>	<b>5:32</b>	<b>8:02</b>
<i>Awards: 200 Freestyle</i>	<i>12:38</i>	<i>2:53</i>	<i>5:44</i>	<i>8:14</i>
<b>50 Freestyle</b>	<b>12:43</b>	<b>2:58</b>	<b>5:49</b>	<b>8:19</b>
<i>Awards: 200 Individual Medley /</i>	<i>12:46</i>	<i>3:01</i>	<i>5:53</i>	<i>8:23</i>
<b>break 100 Butterfly</b>	<b>12:57</b>	<b>3:12</b>	<b>6:04</b>	<b>8:34</b>
<i>Awards: 50 free / Break</i>	<i>1:03</i>	<i>3:18</i>	<i>6:12</i>	<i>8:42</i>
<b>200 Freestyle Relay</b>	<b>1:18</b>	<b>3:33</b>	<b>6:27</b>	<b>8:57</b>
<i>Awards: 100 Butterfly &amp; 200 Freestyle Relay</i>	<i>1:25</i>	<i>3:40</i>	<i>6:34</i>	<i>9:04</i>
Clear pool	1:30	3:45	6:45	9:15





**2022-2023 PIAA District III M&T Bank Swimming Championship**  
**Meet Schedule**

<b>DAY TWO: Saturday, March 4</b>	<b>Girls AA</b>	<b>Boys AA</b>	<b>Girls AAA</b>	<b>Boys AAA</b>
Coaches/swimmers in locker room	9:00	11:15	2:00	4:30
<b>Warm-up</b>	<b>9:15</b>	<b>11:30</b>	<b>2:15</b>	<b>4:45</b>
Official's meeting	9:00	11:30	2:00	4:45
Ticket sales	9:00	11:15	2:00	4:30
Coaches meeting	9:30	11:45	2:30	5:00
<b>100 Free</b>	<b>10:00</b>	<b>12:15</b>	<b>3:00</b>	<b>5:30</b>
<b>500 Free</b>	<b>10:06</b>	<b>12:21</b>	<b>3:08</b>	<b>5:38</b>
<i>Awards: 100 Freestyle</i>	<i>10:26</i>	<i>12:41</i>	<i>3:33</i>	<i>6:03</i>
<b>100 Back</b>	<b>10:31</b>	<b>12:46</b>	<b>3:38</b>	<b>6:08</b>
<i>Awards: 500 Freestyle</i>	<i>10:37</i>	<i>12:52</i>	<i>3:46</i>	<i>6:16</i>
<b>100 Breast</b>	<b>10:42</b>	<b>12:57</b>	<b>3:51</b>	<b>6:21</b>
<i>Awards; 100 Backstroke / break</i>	<i>10:48</i>	<i>1:03</i>	<i>3:59</i>	<i>6:29</i>
<b>400 Free Relay</b>	<b>11:03</b>	<b>1:18</b>	<b>4:14</b>	<b>6:44</b>
<i>Awards: 100 Breaststroke 400 Freestyle Relay Team</i>	<i>11:13</i>	<i>1:28</i>	<i>4:24</i>	<i>6:54</i>
Clear pool	11:30	1:45	4:35	7:05

