

Hershey Aquatic Club Newsletter

December 2018

Practice Schedule Changes

Late December and January have a lot of schedule changes due to the holidays and the high school meet schedule- please be aware of the schedule changes for practices.

- 12/28** Senior A/B 3:00-5:00; Silver 1 & 2: 5:00-6:45
- 12/2** HAC Saturday Group 6:30-9:00
- 12/30** Senior A/B 9:00-12:00 (optional)
- 12/31-1/1** Rec Center Closed- No Practices
- 1/3** Home HHS Meet
Silver 1 6:30-7:30; Silver 2 Cancelled
- 1/8** Home HHS Meet
Silver 1 Cancelled; Silver 2 6:30-7:30
- 1/10** Home HHS Meet
Silver 1 6:30-7:30; Silver 2 Cancelled
- 1/15** Away HHS Meet- Normal Practice Schedule
- 1/17** Home HS Meet
Silver 1 Cancelled; Silver 2 6:30-7:30
- 1/21** DSTD No School- No morning practice
- 1/22** DTSD Late Start/Away HS Meet- No morning practice
- 1/24** Home HHS Meet
Silver 1 6:30-7:30; Silver 2 Cancelled
- 1/31** Home HHS Meet
Silver 1 Cancelled; Silver 2 6:30-7:30

Upcoming Important Dates and Deadlines

December 24 & 25
December 31 & January 1
NO PRACTICES

January 5
Tri Meet vs. GMAC ACWS
Hershey, PA

January 6
CYA Mini Meet Entry Deadline

January 18-20
Mid-Winter Classic
Cumberland Valley HS

January 27
Love the Mile Entry Deadline

January 27
CPSA Championship
Entry Deadline

February 2
CYA Mini Meet
Central York HS

February 5
Hershey Love the Mile
Hershey, PA



December Meet Recap

December 8 Dual Meet vs. MSC

HAC 384 MSC 115
39% Best Times

December 14-16 LAC Arena Cup

11th Place finish for both boys and girls
60% Best Times

New Team Records:

Gavin Tran (10) 100 Breast 1:13.21
Ranks 5th Nationally
Gavin Tran (10) 50 Breast 34.08
Ranks 7th Nationally
Magill Zagaceta (12) 200 Free 1:57.08
Old Record- Derek Oskutis (2000- 1:57.42)

Top 8 Medalists:

Gavin Tran- 1st 200 IM, 100 IM, 100 Breast,
50 Breast,
2nd 100 back
3rd 100 Fly
6th 100 Free
Magill Zagaceta- 3rd 100 Free, 200 IM, 100
IM, 100 Breast
5th 50 Fly
Makennah Fickett- 4th 100 Back, 5th 100 Fly,
50 Free
Maddie Serfass 7th 200 IM, 8th 200 Free
Olivia Mahler- 5th 100 Breast, 6th 50 Breast
Tori Tafuto- 7th 50 Free
Cali Oyerly- 5th 100 back
Natalie Colorassi- 7th 50 Free



Next Home CPSA Swim Meet vs. GMAC ACWS

Sunday, January 5 8:15 am

HAC Warm-Ups
6:30 am - 7:25 am

Swimmers, please remember you must wear only Speedo apparel/equipment to the meet, team swim caps, and your Hershey Aquatic Club 50th Anniversary tee on deck. Parents, don't forget to sign up to bring your concession stand donation and to volunteer at the meet-Deadline to sign up is 1/3/2019.

Championships
are just around the
corner!



CPSA Championship- February 22-24, 2018 at Central York High School

End of the season qualifying championship meet that most should attend. Great opportunity to experience a Prelims/Finals championship meet. Last opportunity to achieve Middle Atlantic Championship time standards.

- JO qualifiers competing in a lot of events should sit this meet out. Three days of competition, morning and night and then three days of practice and then another three to four days of competition will not produce the best results at JOs. If you are only competing in 2-3 events, then you may compete at CPSA Champs.
- High School swimmers that are looking for additional qualifying times for Silver Champs or Senior Champs SHOULD compete in the preliminary sessions suited up and scratch finals. That is those swimmers qualified for the PIAA District Champs. If you are not competing in Districts you should compete in this competition prelims and finals.

MA Championship Season

Middle Atlantic Championship begins in just two months. Eligible swimmers for Silver Champs, Junior Olympics, and Senior Champs can be found on the meet page. Swimmers qualified for Junior Olympics and Senior champs are encouraged to attend (HIGHLY ENCOURAGED) even if is just one event. No qualified for either those? You should definitely attend Silver Champs.

ISCA Junior National Cup- March 26-30, 2019 in St. Petersburg, FL at North Shore Aquatics

This is highly recommended for those qualified. Swimmers will swim in a minimum of four events plus two time trial events. Relays will take place if there enough attendees. More information is on the meet page. Any questions should be directed to Coach Greg.

Qualifiers: Lizzy Jones, Kate Luft, Claire Ryland, Tori Tafuto, Makayla Tarkenton, Allie Weller, Angela Woronko

Eastern Zone Championship- April 3-6, 2019 in Webster, NY

Last year this was a good meet for the swimmers who attended. Gaining experience at higher level competitions helps improve the swimmer's readiness and expectations. This is no longer a Middle Atlantic "team" experience but is a Hershey team experience. More information is located on the meet page. Any questions should be directed to Coach Greg.

Qualifiers: Gavin Tran (11), Magill Zagaceta (12), Maddie Serfass (12), Cali Oyerly, Makannah Fickett (14), Marissa Kopec (14), Alex Blacker (15), Nikita Andrews (17)



5 Reasons to Be a Timer

- Tori Caudill, Swimming World

Volunteering to be a timer is one of the easiest, and most important jobs at a swim meet. Often a swim meet requires a team of two timers per lane, which provides three back up times for the swimmer aside from the touchpad time. Whether a parent, athlete or just someone with an interest in swimming, the opportunity to be a timer comes with some awesome perks.

1. **Grab prime seating.** There is really nothing better than the view from behind the blocks, as any swimmer will tell you. Timers get a view into the world of swimming that cannot be seen from the stands. The close proximity lets the timers see the intensity with each race, along with the emotions at the finish. Also, while timers aren't exactly encouraged to show favorites to your team, they are in the prime position to high-five your fellow club swimmers and even give you a chance to meet your child's swim friends and rivals from other teams, letting you put a face with the names they talk about so much!
2. **Be in the heart of the energy.** There is nothing quite like the feeling behind the blocks during a relay, or even a close race. With all of the teammates scrambling to cheer for the swimmers in the water. Anyone timing cannot help but feel the adrenaline and intensity that comes with the team atmosphere in a close race.
3. **Connect with swimmers on a different level.** Every timer has the opportunity to talk each swimmer that visits their lane. While not all swimmers will be open to conversation right before a race, sometimes the interaction with a timer can make a great story.
4. **Make swimmers' days.** Nothing makes a young 8-year-old swimmer feel more special after swimming a race than being congratulated by their timer!
5. **Better understand swimming.** Timing as a new swim parent can help you become more familiar with how a swim meet is run. Often the order of events run around the same way in every meet, which can be very helpful in helping your athlete prepare for the meet. It can also help you get a better appreciation for times and what an average time for an event could be. By timing, you can keep track of the best times of some of your swimmers while watching others.

Without timers, we wouldn't even be able to have a swim meet. Thank you to all of the volunteer timers who never complain about giving back to the sport!

Breaststroke for Breast Cancer
raised \$16,348
For the PA Breast Cancer Coalition



Thank you ALL for your hard work and effort in making this event a success. Since the start of this fundraiser 10 years ago, HAC has raised more than \$108,000 for breast cancer research, advocacy, and awareness.



Updates from the Board

The next board meeting will be Tuesday, January 8, 2019 at 7:00 pm in the Hershey Rec Center.

Please contact Dan Clough if you would like to attend or add something to the agenda dan.clough@gartner.com

The HAC Board of Director Meeting Minutes are now being posted to the website. To access them, please log into your TeamUnify account. The minutes can be found by clicking the Administrative Tab in the top menu.

NEW!!

On behalf of myself personally and the entire Cocoa Packs organization we would like to extend our heartfelt gratitude to the Hershey Aquatic Club and coaching staff for your extraordinary generosity and care which directly benefited over 400 children in the Hershey Area needing some hope and extra assistance this Christmas.

Thank you to over 60 athletes and parents from the Senior and Silver groups who volunteered their time.

Thank you to so many for your generous toy donations and CONGRATULATIONS to Silver 1 who won the toy challenge bringing in 89 toys.

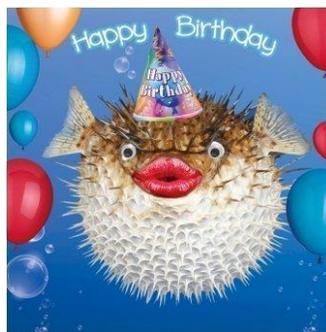
Special appreciation to Coach Greg for adjusting athlete schedules and supporting this outreach and Melissa McMullen for coordinating the Silver Group.

Merry Merry Christmas
Committed to making a difference by doing GOOD with great JOY
Christine Drexler
President /Founder



Happy Swimming to all those with December Birthdays!!!

Emma Wyckoff
Benjamin Musante
Ian Mills
Grace Gallo
Allison Leonard
Catherine Martin
Caroline Clough
Elizabeth Jones



Gemma Rickabaugh
Theodore Kostelnik
Claire Ryland
Maggie Dye
Nicholas Martin
Hannah Bliss
Skylar Black
Lily Foley
Carly Carrasco

Swim fun with Silver



Pic-Collage courtesy of Leah Wilhelm

**Keep sending your swim photos
for the newsletter!
nicole.tunks@gmail.com**

