



PENNSYLVANIA **I**NTERSCHOLASTIC **A**THLETIC **A**SSOCIATION
— DISTRICT THREE —

TO: PIAA DISTRICT III ATHLETIC DIRECTORS, SWIMMING
COACHES AND DIVING COACHES (please copy for each)

FROM: DONALD SEIDENSTRICKER
DISTRICT III SWIMMING AND DIVING CHAIRPERSON

DATE: FEBRUARY 8, 2022

RE: 2022 SWIMMING AND DIVING ENTRY INFORMATION

**ADMINISTRATIVE AND COACHING CONSIDERATIONS FOR THIS YEAR'S DISTRICT 3
SWIMMING AND DIVING CHAMPIONSHIPS**

While it is the expectation that this year's meets will return to pre COVID protocol as much as possible, it is also the expectation of the District 3 Swimming & Diving Steering Committee to adhere to whatever protocol is in effect at our three (3) host school districts. **With that stated, it is the expectation of the committee that all participating schools will follow the protocol that is in place at the host school at the time of competition.**

Examples for consideration, but not limited to:

Masking (schools may need to provide with zip-loc bags)
Social Distancing
Limited Deck Access during events (i.e. staging previous to called events)
Etc.

Plan to Mask if necessary when not competing!

This is a reminder that:

Schools, coaches, school assigned chaperones, etc. are responsible for the actions of themselves and all athletes assigned to them while in attendance at the host facilities. Proper planning of adult supervision is absolutely vital.

For this year's events:

There will be **NO** Heat Sheets available at this year's Championships. Neither sales to the public, or availability for handout to schools' coaches at competition sites. Psych Sheets will be available for download and/or printout at the District 3 website in advance.

District 3 will be issuing one (1) deck pass to each qualifying athlete. **ONLY** one (1) additional deck pass will be given for teams qualifying one relay team, and two (2) additional deck passes for school's qualifying two or three relay teams regardless of the number of alternate entries. Coaches' deck passes will be given to schools as follows:
 One (1) for schools qualifying 1-4 athletes / per gender
 Two (2) for schools qualifying 5 and above athletes / per gender
 Four (4) maximum coaches passes for any school based upon the above criteria

As in the past, we will try to fill all lanes in the event of scratches and declared false starts with the next available athlete. School's are at their own discretion to plan for and/or accept this opportunity should it arise per event. Coaches are reminded that scratches will render the athlete ineligible for any competition at the District championships, and declared false starts count as an event for that swimmer.

There will be **NO** pre-session coaches' meetings previous to swimming sessions. This will permit coaches to remain on deck or with other team members during all warmups and pre event sessions. All scratches and declared false starts will occur at the administrative table by contacting either Tom Brenner or Jeanne Howley. Scratches must be reported previous to warm ups. Declared false starts should be reported as soon as possible.

As in Past Years:

Coaches will be emailed their entries for a final check prior to posting final psych sheets for the meet. **THERE WILL BE NO ADDITIONS/DELETIONS/CORRECTIONS/ ETC. FOLLOWING THE POSTING OF PSYCH SHEETS.** Coaches should double-check all entries for correct times and events.

Admission at both diving championships will be \$6 at the door. Vouchers for ticket sales at the Cumberland Valley swim championships will be distributed on Sunday and Monday February 27 & 28, 2022. **It is very important that coaches or designees make arrangements to pick up their vouchers.** We will be listing a time and location in your area next weekend. **The Coaches do not collect any money, but are responsible to distribute vouchers at their discretion.** **The District III Swimming and Diving Committee will not assume any responsibility for vouchers not getting distributed. All admission will be \$6 at the door with exchange of a voucher**

Entry Reminders:

2022 DISTRICT 3 DIVING ENTRY REQUIREMENT

<p><u>Number of Divers</u></p>	<p>Each league will have the opportunity to automatically qualify the following number of boy and girl divers provided that they have not failed any dive during the league qualifying round.</p> <table data-bbox="714 1596 1299 1774"> <thead> <tr> <th><u>League</u></th> <th><u>AAA</u></th> <th><u>AA</u></th> </tr> </thead> <tbody> <tr> <td>Central Penn</td> <td>3 divers</td> <td>1 diver</td> </tr> <tr> <td>Lancaster-Lebanon</td> <td>0 divers</td> <td>0 divers</td> </tr> <tr> <td>Mid-Penn</td> <td>6 divers</td> <td>6 divers</td> </tr> <tr> <td>York-Adams</td> <td>3 divers</td> <td>1 diver</td> </tr> </tbody> </table> <p>** (Lancaster-Lebanon does not sponsor a "League Championship" Diving Meet)</p>	<u>League</u>	<u>AAA</u>	<u>AA</u>	Central Penn	3 divers	1 diver	Lancaster-Lebanon	0 divers	0 divers	Mid-Penn	6 divers	6 divers	York-Adams	3 divers	1 diver
<u>League</u>	<u>AAA</u>	<u>AA</u>														
Central Penn	3 divers	1 diver														
Lancaster-Lebanon	0 divers	0 divers														
Mid-Penn	6 divers	6 divers														
York-Adams	3 divers	1 diver														

Additional divers will be considered on an “At Large” basis if they meet the following entry requirement:

Each optional dive proof must show a “Judge’s Total Score” of **13.0** or higher to be accepted. Dives with a “Judge’s Total Score” of less than **13.0** will not be accepted as proof of ability to perform the six (6) optional dives. Additionally, a DD requirement for optional dives will be in effect as follows:

<u>GIRLS</u>		<u>BOYS</u>	
AA	11.5	AA	11.7
AAA	11.8	AAA	12.0

2022 DISTRICT 3 SWIMMING ENTRY GUIDELINES
MEETING THESE GUIDELINES GUARANTEES ENTRY

EVENT	GIRLS AA	GIRLS AAA	BOYS AA	BOYS AAA
200 Medley Relay	2:04.54 (16)	1:49.91 (16)	1:48.37 (16)	1:39.87 (16)
200 Freestyle	2:07.84 (24)	1:59.57 (32)	1:59.46 (24)	1:52.12 (32)
200 Individual Medley	2:25.12 (24)	2:15.62 (32)	2:12.19 (24)	2:01.92 (32)
50 Freestyle	26.88 (24)	24.95 (32)	24.28 (24)	22.30 (32)
100 Butterfly	1:04.70 (24)	1:00.86 (32)	56.91 (24)	56.89 (32)
200 Freestyle Relay	1:49.74 (16)	1:41.68 (16)	1:37.58 (16)	1:29.99 (16)
100 Freestyle	58.91 (24)	54.51 (32)	53.46 (24)	50.65 (32)
500 Freestyle	5:49.12 (24)	5:28.33 (32)	5:20.08 (24)	5:00.83 (32)
100 Backstroke	1:07.39 (24)	1:01.18 (32)	59.41 (24)	55.73 (32)
100 Breaststroke	1:18.11 (24)	1:10.06 (32)	1:07.02 (24)	1:03.46 (32)
400 Freestyle Relay	4:01.69 (16)	3:44.39 (16)	3:35.60 (16)	3:17.15 (16)

*****PLEASE NOTE THAT MEETING THE ABOVE TIMES WILL GUARANTEE ENTRY FOR THE EVENT LISTED. WE WILL ACCEPT TWENTY-FOUR (24) AND THIRTY-TWO (32) SWIMMERS FOR “AA” AND “AAA” INDIVIDUAL EVENTS RESPECTIVELY, AND SIXTEEN (16) TEAMS FOR EACH RELAY EVENT FOR BOTH CLASSIFICATIONS**

*****PLEASE BE ADVISED TO ENTER ANY ATHLETE WHOSE TIME YOU FEEL MAY FALL WITHIN NUMBER ACCEPTED EVEN IF BELOW THE GUARANTEED TIME LISTED!**