

2022 SILVER Time Standards

Times must be achieved from January 1, 2020

SCY

Girls		SCY	Boys	
cut off	Cut time	10&U	Cut time	cut off
29.99	35.69	50 FR	36.29	30.29
1:06.39	1:19.19	100 FR	1:19.19	1:07.79
2:25.49	2:54.59	200 FR	2:59.99	2:28.29
6:44.89	7:39.49	500 FR	7:39.49	6:37.39
35.49	43.29	50 BK	43.59	36.19
1:15.69	1:30.89	100 BK	1:31.09	1:17.59
39.79	47.79	50 BR	48.29	40.29
1:27.69	1:44.09	100 BR	1:44.09	1:30.69
33.19	42.39	50 FL	42.99	34.59
1:18.69	1:40.39	100 FL	1:41.59	1:20.79
1:15.89	1:30.49	100 IM	1:30.99	1:18.39
2:43.19	3:17.29	200 IM	3:19.99	2:46.59

Girls		SCY	Boys	
cut off	Cut time	11-12	Cut time	cut off
27.09	30.49	50 FR	30.99	26.79
58.39	1:07.69	100 FR	1:08.69	57.39
2:10.69	2:23.49	200 FR	2:25.99	2:10.99
5:50.69	6:24.69	500 FR	6:32.79	5:56.59
11:59.99	12:59.99	1000 FR	13:19.99	12:29.09
20:32.99	21:59.99	1650 FR	22:29.99	21:00.09
31.99	35.69	50 BK	36.09	30.39
1:05.89	1:16.79	100 BK	1:17.49	1:06.09
2:22.49	2:43.99	200 BK	2:43.99	2:23.29
36.09	40.59	50 BR	41.29	36.99
1:19.29	1:26.59	100 BR	1:27.59	1:20.59
2:47.99	3:06.29	200 BR	3:09.99	2:46.39
29.59	34.59	50 FL	34.69	29.29
1:06.39	1:19.39	100 FL	1:17.99	1:06.19
2:29.99	2:49.39	200 FL	2:53.79	2:33.69
1:07.39	1:15.89	100 IM	1:17.19	1:07.29
2:25.29	2:40.99	200 IM	2:41.99	2:24.39
5:17.09	5:49.99	400 IM	5:54.99	5:26.89

Girls		SCY	Boys	
cut off	Cut time	13-14	Cut time	cut off
25.99	28.19	50 FR	28.19	24.09
55.79	1:01.19	100 FR	58.89	51.79
1:58.59	2:11.99	200 FR	2:06.69	1:52.59
5:23.39	5:50.99	500 FR	5:42.59	5:14.59
11:15.69	12:04.89	1000 FR	11:59.09	10:59.09
18:54.49	19:50.99	1650 FR	19:45.99	18:27.59
1:02.99	1:09.69	100 BK	1:08.29	59.99
2:10.49	2:29.89	200 BK	2:27.09	2:07.49
1:11.19	1:21.09	100 BR	1:16.59	1:06.69
2:35.79	2:53.99	200 BR	2:47.59	2:29.89
1:00.69	1:10.49	100 FL	1:07.09	59.09
2:14.59	2:36.59	200 FL	2:28.89	2:10.09
2:17.59	2:28.29	200 IM	2:28.29	2:07.39
4:53.09	5:15.69	400 IM	5:10.79	4:43.39

Girls		SCY	Boys	
cut off	Cut time	15-18	Cut time	cut off
25.09	27.79	50 FR	25.69	22.79
54.99	58.89	100 FR	55.59	49.79
1:57.09	2:06.89	200 FR	1:58.99	1:48.49
5:17.99	5:37.09	500 FR	5:17.99	4:58.59
10:59.99	11:40.59	1000 FR	11:15.99	10:25.99
18:30.99	19:30.99	1650 FR	18:55.99	17:39.99
1:00.49	1:06.39	100 BK	1:04.39	55.79
2:09.29	2:25.49	200 BK	2:14.39	2:00.29
1:09.79	1:17.59	100 BR	1:11.99	1:03.79
2:31.99	2:47.39	200 BR	2:33.99	2:19.39
59.99	1:06.99	100 FL	1:02.69	54.39
2:13.99	2:27.99	200 FL	2:14.09	2:02.49
2:12.29	2:24.19	200 IM	2:13.89	2:01.29
4:46.99	5:10.79	400 IM	4:45.39	4:28.09

SCM

Girls		SCM	Boys	
cut off	Cut time	10&U	Cut time	cut off
35.69	39.59	50 FR	40.19	36.99
1:17.99	1:27.89	100 FR	1:27.89	1:21.49
2:47.29	3:13.79	200 FR	3:19.79	2:55.49
5:49.99	6:38.49	400 FR	6:38.49	6:05.79
41.59	47.99	50 BK	48.39	42.99
1:29.99	1:40.79	100 BK	1:41.09	1:34.39
48.19	52.99	50 BR	53.59	50.39
1:44.59	1:55.49	100 BR	1:55.49	1:48.59
40.89	46.99	50 FL	47.69	44.49
1:36.49	1:51.39	100 FL	1:52.69	1:47.09
1:29.99	1:40.39	100 IM	1:40.99	1:34.99
3:11.19	3:38.99	200 IM	3:41.89	3:19.09

Girls		SCM	Boys	
cut off	Cut time	11-12	Cut time	cut off
30.58	33.79	50 FR	34.39	30.79
1:07.09	1:15.09	100 FR	1:16.19	1:07.89
2:26.09	2:39.79	200 FR	2:41.99	2:27.69
5:03.09	5:33.59	400 FR	5:40.59	5:07.39
10:24.49	11:16.39	800 FR	11:42.29	10:51.99
20:17.19	21:43.09	1500 FR	22:12.69	20:43.89
35.99	39.59	50 BK	39.99	36.39
1:17.89	1:25.19	100 BK	1:25.99	1:15.19
2:47.59	3:01.99	200 BK	3:01.99	2:50.89
39.99	44.99	50 BR	45.79	40.09
1:28.49	1:36.09	100 BR	1:37.19	1:28.99
3:09.89	3:26.69	200 BR	3:30.79	3:12.89
33.59	38.39	50 FL	38.49	34.19
1:16.89	1:28.09	100 FL	1:26.49	1:15.49
2:56.69	3:07.99	200 FL	3:12.89	2:57.79
1:18.69	1:24.19	100 IM	1:25.59	1:15.79
2:44.09	2:58.69	200 IM	2:59.79	2:47.39
5:53.09	6:28.39	400 IM	6:33.09	6:03.59

Girls		SCM	Boys	
cut off	Cut time	13-14	Cut time	cut off
28.79	31.29	50 FR	31.29	26.79
1:02.09	1:07.89	100 FR	1:05.39	59.09
2:14.09	2:26.49	200 FR	2:20.59	2:06.69
4:41.69	5:04.39	400 FR	5:00.69	4:33.29
9:44.99	10:28.69	800 FR	10:31.29	9:32.29
18:39.99	19:35.69	1500 FR	19:30.79	18:13.29
1:10.89	1:17.29	100 BK	1:15.79	1:07.09
2:29.59	2:46.29	200 BK	2:43.19	2:26.39
1:20.59	1:29.99	100 BR	1:24.99	1:15.09
2:53.99	3:13.09	200 BR	3:05.99	2:43.49
1:07.89	1:18.19	100 FL	1:14.39	1:03.79
2:34.49	2:53.79	200 FL	2:45.19	2:32.09
2:31.29	2:44.59	200 IM	2:44.59	2:26.29
5:20.49	5:50.39	400 IM	5:44.89	5:14.59

Girls		SCM	Boys	
cut off	Cut time	15-18	Cut time	cut off
28.19	30.79	50 FR	28.49	25.99
1:01.19	1:05.29	100 FR	1:01.69	55.99
2:11.99	2:20.79	200 FR	2:11.99	2:01.79
4:35.59	4:52.29	400 FR	4:39.09	4:22.39
9:34.99	10:07.59	800 FR	9:53.49	9:03.19
18:34.79	19:15.99	1500 FR	18:41.39	17:38.59
1:09.89	1:13.69	100 BK	1:11.39	1:03.79
2:28.89	2:41.49	200 BK	2:29.09	2:18.99
1:18.99	1:26.09	100 BR	1:19.89	1:12.59
02:50.9	3:05.79	200 BR	2:50.89	2:36.49
1:06.99	1:14.29	100 FL	1:09.49	1:02.09
2:31.99	2:39.09	200 FL	2:28.79	2:22.89
2:28.99	2:39.99	200 IM	2:28.59	2:18.59
5:18.99	5:44.89	400 IM	5:16.69	4:53.19

LCM

Girls		LCM	Boys	
cut off	Cut time	10&U	Cut time	cut off
36.39	40.49	50 FR	41.59	37.99
1:19.39	1:29.49	100 FR	1:30.69	1:23.99
2:50.79	3:17.49	200 FR	3:25.69	3:00.99
6:00.09	6:51.99	500 FR	6:52.09	6:12.99
42.99	49.69	50 BK	51.09	46.19
1:32.99	1:44.09	100 BK	1:46.49	1:39.39
49.39	54.49	50 BR	55.89	52.69
1:46.89	1:58.19	100 BR	2:00.09	1:52.99
42.19	48.49	50 FL	49.09	45.59
1:37.89	1:53.09	100 FL	1:55.69	1:49.99
		100 IM		
3:16.39	3:44.89	200 IM	3:49.99	3:26.59

Girls		LCM	Boys	
cut off	Cut time	11-12	Cut time	cut off
31.39	34.59	50 FR	35.59	31.59
1:08.69	1:16.49	100 FR	1:18.59	1:09.49
2:29.29	2:42.29	200 FR	2:46.79	2:30.89
5:09.09	5:44.99	500 FR	5:50.99	5:13.79
10:37.19	11:29.99	1000 FR	11:49.99	11:00.19
20:51.79	22:19.99	1650 FR	22:59.99	21:30.09
36.59	40.99	50 BK	42.29	37.09
1:19.09	1:27.89	100 BK	1:30.59	1:19.29
2:49.99	3:06.89	200 BK	3:08.69	2:53.29
40.99	46.19	50 BR	47.79	41.09
1:30.49	1:38.39	100 BR	1:41.09	1:30.99
3:13.89	3:29.69	200 BR	3:38.79	3:16.99
34.39	39.49	50 FL	39.59	34.89
1:18.29	1:29.49	100 FL	1:28.79	1:18.89
2:59.49	3:10.09	200 FL	3:18.39	3:00.59
		100 IM		
2:47.29	3:03.49	200 IM	3:06.79	2:50.69
5:59.49	6:39.39	400 IM	6:50.39	6:09.99

Girls		LCM	Boys	
cut off	Cut time	13-14	Cut time	cut off
29.39	31.99	50 FR	32.39	27.89
1:03.39	1:09.19	100 FR	1:07.39	01:00.3
2:16.69	2:29.29	200 FR	2:24.69	2:09.19
4:48.09	5:15.59	500 FR	5:15.59	4:39.69
9:56.89	10:41.49	1000 FR	10:44.89	9:43.89
19:11.79	20:09.09	1650 FR	20:16.39	18:54.29
1:12.19	1:19.79	100 BK	1:19.79	1:08.39
2:33.49	2:50.89	200 BK	2:49.19	2:29.29
1:21.99	1:32.09	100 BR	1:28.39	1:17.09
2:58.89	3:15.89	200 BR	3:12.99	2:47.49
1:09.19	1:19.39	100 FL	1:16.39	1:05.19
2:36.39	2:55.69	200 FL	2:49.89	2:34.89
2:34.29	2:48.99	200 IM	2:50.99	2:29.19
5:27.79	6:00.29	400 IM	5:59.29	5:20.99

Girls		LCM	Boys	
cut off	Cut time	15-18	Cut time	cut off
28.99	31.49	50 FR	29.49	26.99
1:02.79	1:06.59	100 FR	1:03.59	57.59
2:15.49	2:23.49	200 FR	2:15.89	2:04.99
4:41.99	5:03.09	500 FR	4:45.19	4:28.79
9:47.79	10:19.99	1000 FR	10:06.19	9:15.99
18:58.79	19:48.79	1650 FR	19:25.09	18:02.59
1:11.09	1:15.99	100 BK	1:13.99	1:05.99
2:31.29	2:45.89	200 BK	2:34.59	2:21.39
1:20.99	1:28.09	100 BR	1:23.09	1:14.59
2:57.89	3:08.49	200 BR	2:57.39	2:40.49
1:08.19	1:15.49	100 FL	1:11.39	1:02.99
2:34.99	2:46.09	200 FL	2:32.99	2:25.69
2:32.59	2:44.39	200 IM	2:34.39	2:21.79
5:25.99	5:54.69	400 IM	5:29.89	5:01.79

BONUS STRUCTURE

- 1 event for the weekend = up to 4 bonus events
- 2 events for the weekend = up to 3 bonus events
- 3 events for the weekend = up to 2 bonus events
- 4 events for the weekend = 1 bonus event
- 5+ events for the weekend = no bonus events

**Distance session events (1000 and 1650) are not eligible for bonus*