

SUN	MON	TUES	WED	THURS	FRI	SAT
LMAC MASTER JANUARY 2017 W = White G = Grey R = Royal N = Navy S = Senior MM = Mighty Mites MP = Mighty Piranhas D = Diving LM = Lower Merion High School Pool SJU = Saint Joe's Fieldhouse Pool HAV = Haverford School Pool ** = BUDDY PRACTICE!						
<h1 style="color: red;">REVISED 1-16-2017</h1>						
15 **W: 2-2:45 @ LM G: 1-2 @ LM R: 1-2 @ LM N: 2:45-4:30 @ LM **S: 2:15-4:30 @ LM D: 1-3 @ LM	16 R: 6-7 @ SJU NAVY + Mid. Sch. SNRs: 7-8:30 @ SJU LMHS CLOSED	17 G: 6-7:15 @ SJU R: 7:15-8:30 @ SJU S: 6:30-9 @ LM D: 7:15-9 @ LM MP: 6:30-7:15 @ LM	18 W: 6-7 @ SJU G: 7-8 @ SJU N: 6:30-8:30 @ LM S: 5:25-6:55a @ HAV S: 6:30-8:30 @ LM MM: 6:30-7:15 @ LM	19 N: 6-8 @ SJU S: 6:30-9 @ LM D: 7:15-9 @ LM MP: 6:30-7:15 @ LM	20 W: 6-7 @ SJU G: 6:30-7:15 @ LM R: 7:15-8 @ LM MM: 6:30-7:15 @ LM	21 UMAC Last Chance SAL Invite NPAC USA Meet
22 W, G: 1-2 @ LM R: 2-3 @ LM N, S: 3-4:30 @ LM D: 1-3 @ LM NPAC USA Meet	23 W: 6:30-7:30 @ LM G: 6-7:15 @ SJU R: 7:15-8:30 @ SJU N: 7:30-9 @ LM S: 7:30-9 @ LM MM: 6:30-7:15 @ LM	24 G: 6-7:15 @ SJU R: 7:15-8:30 @ SJU S: 6:30-9 @ LM D: 7:15-9 @ LM MP: 6:30-7:15 @ LM	25 W: 6:30-7:15 @ LM N: 6:30-8:30 @ SJU S: 5:25-6:55a @ HAV S: 7:15-9 @ LM MM: 6:30-7:15 @ LM G, R, N GIRLS: Sandwiches LMHS Cafe 5:20pm	26 N: 6-8 @ SJU S: 6:30-9 @ LM D: 7:15-9 @ LM MP: 6:30-7:15 @ LM	27 W: 6-7 @ SJU G: 6:30-7:15 @ LM R: 7:15-8 @ LM	28 Southwest DIVISION SWIM Champs Girls TBA Boys TBA
29 **W: 2-2:45 @ LM G, R: 1-2 @ LM N: 2:45-4:15 @ LM **S: 2:15-4:15 @ LM D: Division Champs @ 1:00pm @ LM	30 W: 6:30-7:30 @ LM G: 6-7:15 @ SJU R: 7:15-8:30 @ SJU N: 7:30-9 @ LM S: 7:30-9 @ LM MM: 6:30-7:15 @ LM	31 G + R League Champs Only: 6:30-7:30 @ LM S: 6:30-9 @ LM D: 7:15-9 @ LM MP: 6:30-7:15 @ LM	Feb 1 W: 6:30-7:15 @ LM N: 6-8 @ SJU S: 5:25-6:55a @ HAV S: 7:15-9 @ LM MM: 6:30-7:15 @ LM	2 N: 6:30-8:30 @ SJU S: 6:30-9 @ LM D: 7:15-9 @ LM MP: 6:30-7:15 @ LM G, R, N BOYS: Sandwiches LMHS Cafe 5:20pm	3 W: 6-7 @ SJU G: 6:30-7:15 @ LM R: 7:15-8 @ LM	4 Boys League Champs: 9-10:30 @ LM GIRLS' League SWIM LaSalle Univ. (2:30) BOYS' League DIVE LaSalle Univ. (morning)
5 BOYS' League SWIM LaSalle Univ. (2:30) GIRLS' League DIVE LaSalle Univ. (morning)	6 W: 6:30-7:30 @ LM G: 6-7:15 @ SJU R: 7:15-8:30 @ SJU N: 7:30-9 @ LM S: 7:30-9 @ LM MM: 6:30-7:15 @ LM	7 G: 6-7:15 @ SJU R: 7:15-8:30 @ SJU S: 6:30-9 @ LM MP: 6:30-7:15 @ LM	8 W: 6:30-7:15 @ LM N: 6-8 @ SJU S: 5:25-6:55a @ HAV S: 7:15-9 @ LM MM: 6:30-7:15 @ LM	9 N: 6-8 @ SJU S: 6:30-9 @ LM D: 7:15-9 @ LM MP: 6:30-7:15 @ LM	10 W: 6-7 @ SJU G: 6:30-7:15 @ LM R: 7:15-8 @ LM	11 N: 9-11 @ LM S: 9-11 @ LM JW USA Meet