

SUN	MON	TUES	WED	THURS	FRI	SAT
LMAC MASTER SEPTEMBER 2017 W = White G = Grey R = Royal N = Navy S = Senior MM = Mighty Mites MP = Mighty Piranhas D = Diving LM = Lower Merion High School SJU = Saint Joe's Fieldhouse HAV = Haverford School ** = First 30 minutes is Dry Land						
3	4 LABOR DAY	5 R: 5-6:30 @ LM N: 6-8 @ SJU S: 6:30-9 @ LM D: 6:45-8:45 @ LM MM: 5:15-6 @ LM MP: 6-6:45 @ LM	6 W: 5-6 @ LM G: 6-7:15 @ LM N: 6-8 @ SJU S: 7:15-9 @ LM MM: 5:15-6 @ LM MP: 6-6:45 @ LM	7 R: 5-6:30 @ LM N: 6-8 @ SJU S: 6:30-9 @ LM D: 6:45-8:45 @ LM MM: 5:15-6 @ LM MP: 6-6:45 @ LM EAAC USA DUE	8 W: 5-6 @ LM G: 6-7 @ LM R: 7-8 @ LM	9 G: 11-12 @ LM R: 11-12 @ LM N: 9-11 @ LM S: 9-11 @ LM Senior/HS Group Team Building @ 6pm
10 W: 12-12:45 @ SJU G: 12:45-1:45 @ SJU R: 1:45-3 @ SJU N: 1-3:30 @ LM S: 2-4 @ LM D: 1-3 @ LM	11 W: 5-6 @ LM G: 6-7:15 @ LM S: 7:15-9 @ LM MM: 5:15-6 @ LM MP: 6-6:45 @ LM	12 R: 5-6:30 @ LM N: 5:30-8 @ SJU** S: 6:30-9 @ LM D: 6:45-8:45 @ LM MM: 5:15-6 @ LM MP: 6-6:45 @ LM	13 W: 5-6 @ LM G: 6-7:15 @ LM N: 6-8 @ SJU S: 7:15-9 @ LM MM: 5:15-6 @ LM MP: 6-6:45 @ LM	14 R: 5-6:30 @ LM N: 5:30-8 @ SJU** S: 6:30-9 @ LM D: 6:45-8:45 @ LM MM: 5:15-6 @ LM MP: 6-6:45 @ LM	15 W: 5-6 @ LM G: 6-7 @ LM R: 7-8 @ LM	16 G: 11-12 @ LM R: 11-12 @ LM N: 9-11 @ LM S: 9-11 @ LM
17 W: 12-12:45 @ SJU G: 12:45-1:45 @ SJU R: 1:45-3 @ SJU N: 1-2:30 @ LM S: 2-4 @ LM D: 1-3 @ LM C & M Orders DUE	18 W: 5-6 @ LM G: 6-7:15 @ LM S: 7:15-9 @ LM MM: 5:15-6 @ LM MP: 6-6:45 @ LM D: 6:45-8:45 @ LM	19 R: 5-6:30 @ LM N: 5:30-8 @ SJU** S: 6:30-9 @ LM D: 6:45-8:45 @ LM MM: 5:15-6 @ LM MP: 6-6:45 @ LM	20 W, G, R Girls: 6-7 @ SJU W, G, R Boys: 7-8 @ SJU N: 4:15-6:00 @ LMHS S: 4:15-6:00 @ LMHS MM: 4:30-5:15 @ LM MP: 5:15-6 @ LM	21 N: 6-8 @ SJU** S: 5-6:30 @ SJU Rosh Hashanah NPAC USA DUE	22 W: OFF G: OFF R: OFF Rosh Hashanah	23 G: 11-12 @ LM R: 11-12 @ LM N: 9-11 @ LM S: 9-11 @ LM
24 W: 12-12:45 @ SJU G: 12:45-1:45 @ SJU R: 1:45-3 @ SJU N: 1-2:30 @ LM S: 2-4 @ LM D: 1-3 @ LM	25 W: 5-6 @ LM G: 6-7:15 @ LM S: 7:15-9 @ LM MM: 5:15-6 @ LM MP: 6-6:45 @ LM	26 R: 5-6:30 @ LM N: 5:30-8 @ SJU** S: 6:30-9 @ LM D: 6:45-8:45 @ LM MM: 5:15-6 @ LM MP: 6-6:45 @ LM	27 W: 5-6 @ LM G: 6-7:15 @ LM N: 6-8 @ SJU S: 5:25-6:55a @ HAV S: 7:15-9 @ LM MM: 5:15-6 @ LM MP: 6-6:45 @ LM	28 N: 5:30-8 @ SJU** S: 4-6 @ LM MALVERN USA DUE	29 W,G,R Boys: 4:30-5:15 @ LM W,G,R Girls: 5:15-6-6 @ LM MM: 4:30-5:15 @ LM MP: 5:15-6 @ LM MM & MP are make ups for missing 9/28 Yom Kippur	30 LMHS Closed Yom Kippur