

| SUN | MON | TUES | WED | THURS | FRI | SAT |
|--|--|--|---|---|---|--|
| LMAC MASTER OCTOBER 2017 | W = White G = Grey R = Royal N = Navy S = Senior MM = Mighty Mites MP = Mighty Piranhas D = Diving LM = Lower Merion HS SJU = Saint Joe's Hagan HAV = Haverford School ** = First 30 min Dry Land ^^ = Buddy Practice | | | | | |
| 3 W: 1:00-1:45 @ LM G: 1:00-1:45 @ LM R: 1:45-3:00 @ LM N: 3:00-4:30 @ LM S: 3:00-4:30 @ LM D: 1-3 @ LM | 4 W: 6:30-7:30 @ LM G: 6:30-7:30 @ LM ROYAL OFF N: 7:30-9:00 @ LM S: 7:30-9:00 @ LM MM: 6:30-7:15 @ LM | 5 6: 6:00-7:15 @ SJU R: 7:15-8:30 @ SJU S: 6:30-9:00 @ LM D: 6:45-8:45 @ LM MP: 6:30-7:15 @ LM | 6 W: 6:30-7:15 @ LM N: 6-8 @ SJU S: 5:25-6:55a @ HAV S: 7:15-9:00 @ LM MM: 6:30-7:15 @ LM | 7 W: 6:00-7:00 @ SJU N: 6:30-8:30 @ SJU S: 6:30-9:00 @ LM D: 6:45-8:45 @ LM MP: 6:30-7:15 @ LM | 8 G: 6:30-8:00 @ LM R: 6:30-8:00 @ LM HOME DIVE MEET | 9 LMAC v RAC BOYS HOME (8:45) GIRLS AWAY (12:45) |
| 10 W: 1:00-1:45 @ LM G: 1:00-1:45 @ LM R: 1:45-3 @ LM N: 3:00-4:30 @ LM S: 3:00-4:30 @ LM D: 1-3 @ LM | 11 W: 6:30-7:30 @ LM G: 6:00-7:15 @ SJU R: 7:15-8:30 @ SJU N: 7:30-9:00 @ LM S: 7:30-9:00 @ LM MM: 6:30-7:15 @ LM | 12 6: 6:00-7:15 @ SJU R: 7:15-8:30 @ SJU S: 6:30-9:00 @ LM D: 6:45-8:45 @ LM MP: 6:30-7:15 @ LM | 13 W: 6:30-7:15 @ LM N: 7:15-9:00 @ LM S: 5:25-6:55a @ HAV S: 7:15-9:00 @ LM MM: 6:30-7:15 @ LM | 14 W: 6:00-7:00 @ SJU N: 6:30-8:30 @ SJU S: 6:30-9:00 @ LM D: 6:45-8:45 @ LM MP: 6:30-7:15 @ LM | 15 G: 6:30-8:00 @ LM R: 6:30-8:00 @ LM | 16 LMAC v WCAC BOYS HOME GIRLS AWAY Details TBA |
| 17 W: 1:00-1:45 @ LM G: 1:00-1:45 @ LM R: 1:45-3 @ LM N: 3:00-4:30 @ LM S: 3:00-4:30 @ LM D: 1-3 @ LM | 18 W: 6:30-7:30 @ LM G: 6:00-7:15 @ SJU R: 7:15-8:30 @ SJU N: 7:30-9:00 @ LM S: 7:30-9:00 @ LM MM: 6:30-7:15 @ LM | 19 6: 6:00-7:15 @ SJU R: 7:15-8:30 @ SJU N/S: 6:30-8:30 @ LM D: 6:45-8:45 @ LM MP: 6:30-7:15 @ LM | 20 W: 6:30-7:15 @ LM N: 6:00-8:00 @ SJU S: 5:25-6:55a @ HAV S: 7:15-9:00 @ LM MM: 6:30-7:15 @ LM | 21 W: 6:30-7:15 @ LM N/S: 7:15-9:00 @ LM D: 6:45-8:45 @ LM MP: 6:30-7:15 @ LM | 22 TBA WINTER BREAK | 23 TBA WINTER BREAK |
| 24 CHRISTMAS EVE OFF | 25 CHRISTMAS DAY OFF | 26 TBA WINTER BREAK | 27 TBA WINTER BREAK | 28 TBA WINTER BREAK | 29 TBA WINTER BREAK | 30 TBA WINTER BREAK |