

SUN	MON	TUES	WED	THURS	FRI	SAT
<b>Dec 18/Jan 19</b>	<b>W = White G = Grey R = Royal N = Navy S = Senior MM = Mighty Mites MP = Mighty Piranhas D = Diving</b> <b>LM = Lower Merion HS SJU = Saint Joe's Hagan HAV = Haverford School OP = St. Joe's O'Pake (Old EA) ** = Includes Dry Land</b>					
<b>DEC 9</b> W: 12:00-12:45 @ OP G: 12:45-1:45 @ OP R: 1:45-3:00 @ OP N: 2:15-4:00 @ LM S: 1:00-3:45 @ LM** D: 1:00-3:00 @ LM	<b>10</b> W: 6:30-7:20 @ LM G: 6:00-7:15 @ SJU R: 7:15-8:30 @ SJU N: 6:15-9:00 @ LM** S: 7:20-9:00 @ LM MM: 6:30-7:15	<b>11</b> G: 6:00-7:40 @ SJU** R: 6:30-8:15 @ SJU** <b>N: 6:30-7:30 @ LM</b> <b>S: 7:00-9:00 @ LM</b> D: 7:15-9:00 @ LM MP: 6:00-6:45 @ LM MP: 6:45-7:30 @ LM	<b>12</b> W: 6:30-7:20 @ LM <b>G, R, N: Gift Wrapping</b> <b>5:30-7:00 @ LM Café</b> S: 6:15-9:00 @ LM** MM: 6:30-7:15 @ LM <b>N, S: NO AM WORKOUT</b>	<b>13</b> W: 6:00-7:00 @ SJU N: 6:00-8:30 @ SJU** S: 6:30-8:30 @ LM D: 7:15-9:00 @ LM MP: 6:00-6:45 @ LM MP: 6:45-7:30 @ LM	<b>14</b> G/R: 6:30-8:00 @ LM  <b>F &amp; M USA Meet</b>	<b>15</b> N/S: 9:00-11:00 @ LM G/R: 11:00-12:00 @ LM  <b>F &amp; M USA Meet</b>
<b>16</b> W: 12:00-12:45 @ OP G: 12:45-1:45 @ OP R: 1:45-3:00 @ OP N: 2:15-4:00 @ LM S: 1:00-3:45 @ LM** D: 1:00-3:00 @ LM <b>F &amp; M USA Meet</b>	<b>17</b> W: 6:30-7:20 @ LM G: 6:00-7:15 @ OP R: 7:15-8:30 @ OP N: 6:15-9:00 @ LM** S: 7:20-9:00 @ LM <b>MM: 6:00-6:45</b> <b>MP: 6:45-7:30 (Make Up)</b>	<b>18</b> G: 6:00-7:40 @ OP** R: 6:30-8:15 @ OP** <b>N: 6:30-8:30 @ LM</b> <b>S: 6:30-8:30 @ LM</b> D: 7:15-9:00 @ LM <b>MP: 6:30-7:15 @ LM</b> <b>(Both MP Groups Same Time)</b>	<b>19</b> W: 6:30-7:20 @ LM <b>N: NO Night Practice</b> <b>N/S: 5:25-6:55a @ HAV</b> S: 6:15-9:00 @ LM** MM: 6:30-7:15 @ LM	<b>20</b> <b>W: 6:30-7:15 @ LM</b> <b>N/S: 6:00-8:30 @ LM**</b> D: 7:15-9:00 @ LM <b>MP: OFF (Make Up 12/17)</b> MP: 6:45-7:30 @ LM	<b>21</b> G/R: 6:30-8:00 @ LM	<b>22</b> N/S: 9:00-11:00 @ LM G/R: 11:00-12:00 @ LM
<b>23</b> <b>W: 3:45-4:30 @ LM</b> <b>G/R: 2:45-3:45 @ LM</b> N/S: 1:00-3:45 @ LM** D: 1:00-3:00 @ LM	<b>24</b> <b>CHRISTMAS EVE</b>  <b>OFF</b>	<b>25</b> <b>CHRISTMAS DAY</b>  <b>OFF</b>	<b>26</b> N/S: 6:15-8:00a @ HAV N/S: 2:30-4:00 @ LM W: 12:00-1:00 @ LM G: 12:30-1:30 @ LM R: 1:15-2:30 @ LM D: TBD	<b>27</b> N/S: 2:00-4:00 @ LM W: 12:00-12:45 @ LM G/R: 12:45-2:00 @ LM D: TBD <b>MM/MP: TBD (Make Ups for Missing 12/24 &amp; 12/25)</b>	<b>28</b> N/S: 6:15-8:00a @ HAV N/S: 2:30-4:00 @ LM W: 12:00-1:00 @ LM G: 12:30-1:30 @ LM R: 1:15-2:30 @ LM D: TBD	<b>29</b> N/S: 9:00-11:00 @ LM W/G: 11-12 @ LM
<b>30</b> <b>R/N: 3:30-5:00 @ LM</b> <b>S: 1:00-3:30 @ LM</b> D: 1:00-3:00 @ LM	<b>31</b> <b>NEW YEAR'S EVE</b>  <b>OFF</b>	<b>JAN 1</b> <b>NEW YEAR'S DAY</b>  <b>OFF</b>	<b>2</b> W: 6:30-7:20 @ LM N: 6:00-8:00 @ SJU <b>N/S: 5:25-6:55am @ HAV</b> <b>S: 6:00-9:00 @ LM**</b> MM: 6:30-7:15 @ LM	<b>3</b> <b>W: 6:30-7:15 @ LM</b> <b>N: 6:00-8:30 @ LM**</b> <b>S: 6:30-8:30 @ LM</b> D: 7:15-9:00 @ LM <b>MP: OFF (Make up 1/4)</b> MP: 6:45-7:30 @ LM	<b>4</b> G/R: 6:30-8:00 @ LM <b>MP: 6:00-6:45 Early</b> <b>Class Make Up from 1/3)</b>  <b>DIVE MEET v NPAC</b> Location TBD	<b>5</b> <b>LMAC v NPAC</b> Girls: Away (12:15p) Boys: Home (8:30a)
<b>6</b> W: 12:00-12:45 @ OP G: 12:45-1:45 @ OP R: 1:45-3:00 @ OP N: 2:15-4:00 @ LM S: 1:00-3:45 @ LM** D: 1:00-3:00 @ LM	<b>7</b> W: 6:30-7:20 G: 6:00-7:15 @ SJU R: 7:15-8:30 @ SJU S: 7:20-9:00 @ LM N: 6:15-9:00 @ LM** <b>MM: 6:00-6:45</b> <b>MP: 6:45-7:30 (Make Up)</b>	<b>8</b> <b>W: 6:30-7:15 @ LM</b> G: 6:00-7:40 @ SJU** R: 6:30-8:15 @ SJU** <b>N,S: 7:15-9:00 @ LM</b> D: 7:15-9:00 @ LM <b>MP: OFF (Make Up 1/7)</b>	<b>9</b> <b>W: OFF</b> <b>N: NO Night Practice</b> <b>N/S: 5:25-6:55a @ HAV</b> <b>S: 6:00-9:00 @ LM**</b> MM: 6:30-7:15 @ LM	<b>10</b> <b>W: 6:30-7:15 @ LM</b> <b>N/S: 6:00-8:30 @ LM**</b> D: 7:15-9:00 @ LM <b>MP: OFF (Make Up 1/11)</b> MP: 6:45-7:30 @ LM	<b>11</b> G/R: 6:30-8:00 @ LM <b>MP: 6:00-6:45 Early Class</b> <b>Make Up from 1/10)</b>  <b>DIVE MEET v TBD</b> Location TBD	<b>12</b> <b>LMAC v ???</b> Girls: ??? (???) Boys: ??? (???)