

Group	Description	Cost	Dates	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	Navy/Senior	\$330	8/17-8/30	7:15-8:45a	7:15-8:45a	7:15-8:45a	7:15-8:45a		7:30-9:00a	
			9/8-10/3	4:30-6:30p	4:30-6:15p	4:30-6:30p	4:30-6:15p		8:30-10:00a	8:30-10:00a
2	Navy/Senior	\$330	8/17-8/30	7:30-9:00a	7:30-9:00a	7:30-9:00a	7:30-9:00a		7:30-9:00a	
			9/8-10/3	5:45-7:30p	5:30-7:30p	5:45-7:30p	5:30-7:30p		8:30-10:00a	8:30-10:00a
3	Aqua/Royal	\$250	8/17-8/30	8:00-9:00p	8:00-9:00p	8:00-9:00p	8:00-9:00p			
			9/8-10/3		6:15-7:30p		6:15-7:30p	4:30-6:00p	10:00-11:30a	10:00-11:00a
4	Aqua/Royal	\$250	8/17-8/30	9:00-10:00a		9:00-10:00a		9:00-10:00a	9:00-10:00a	
			9/8-10/3	4:30-5:45p		4:30-5:45p		4:30-6:00p	10:00-11:30a	10:00-11:00a
5	White/Grey	\$210	8/17-8/30	8:45-9:45a	8:45-9:45a	8:45-9:45a	8:45-9:45a			
			9/8-10/3	6:30-7:30p		6:30-7:30p		6:00-7:00p		11:00a-12:00p
6	White/Grey	\$210	8/17-8/30		9:00-10:00a		9:00-10:00a	9:00-10:00a	9:00-10:00a	
			9/8-10/3		4:30-5:30p		4:30-5:30p	6:00-7:00p		11:00a-12:00p
7	Piranhas	\$100	8/17-8/30	8:15-9:00a		8:15-9:00a				
			9/8-10/3	6:00-6:45p		6:00-6:45p				
8	Mites	\$100	8/17-8/30		8:15-9:00a		8:15-9:00a			
			9/8-10/3	5:15-6:00p		5:15-6:00p				
9	Diving	\$170	8/17-8/30	8-9p			8-9p		9-10a	
			9/8-10/3	6:30-7:30p			6:30-7:30p		9:30-10:30a	

LMAC Fall/Winter 2020-21

SESSION 1—August 17-October 3

- **Registration Opens**—Sunday, August 9th @ 7:00pm
- **Locations**— = Lawrence Park Swim Club; = Karakung Swim Club
- **Caps**—Group #s 1-6 cap @ 25 each; Mites & Piranhas cap @ 18 each; Diving will cap at 15, but will add second group of 15 if needed
- **Group Placement**—Based on your Fall/Winter 2019-20 Placement or Summer 2020 Placement
- **To Move Up**—Please contact LMACHeadCoach@gmail.com PRIOR to registering (reg. opens 8/9/2020)