

LMAC November 2020 (revised 11-9-2020)

GROUP	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	NOV 8	NOV 9	NOV 10	NOV 11	NOV 12	NOV 13	NOV 14
Snr FULL	8:30-10:00a	4:15-6:00p	4:15-6:15p		4:15-6:15p	4:15-6:00p	8:30-10:00a
Snr BL		4:15-6:00p		Dry: 5:15-6:30p	4:15-6:15p		8:30-10:00a
Snr WH	8:30-10:00a		4:15-6:15p	Dry: 5:15-6:30p		4:15-6:00p	
11-14 BL	12:15-1:45p	6:00-7:15p		4:15-5:30p	6:15-7:30p		10:00-11:30a
11-14 WH	10:00-11:15a		6:15-7:30p	Dry: 6:30-7:30p			12:30-1:45p
10 & U BL	1:45-2:45p			5:30-6:30p		6:00-7:00p	11:30a-12:30p
10 & U WH	11:15a-12:15p			6:30-7:20p			1:45-2:45p
MP #1	11:00-11:35a		4:30-5:05p		4:30-5:05p (make up)	4:30-5:05p (make up)	10:00-10:35a
MP #2	11:40-12:15a		5:10-5:45p		5:10-5:45p (make up)	5:10-5:45p (make up)	10:40-11:15a
MP #3	12:20-12:55a		5:50-6:25p		5:50-6:25p (make up)	5:50-6:25p (make up)	11:20-11:55a
	NOV 15	NOV 16	NOV 17	NOV 18	NOV 19	NOV 20	(EXTENSION) NOV 21
Snr FULL	8:30-10:00a	4:15-6:00p	4:15-6:15p		4:15-6:15p	4:15-6:00p	8:30-10:00a
Snr BL		4:15-6:00p		Dry: 5:15-6:30p	4:15-6:15p		8:30-10:00a
Snr WH	8:30-10:00a		4:15-6:15p	Dry: 5:15-6:30p		4:15-6:00p	
11-14 BL	12:15-1:45p	6:00-7:15p		4:15-5:30p	6:15-7:30p		10:00-11:30a
11-14 WH	10:00-11:15a		6:15-7:30p	Dry: 6:30-7:30p			12:30-1:45p
10 & U BL	1:45-2:45p			5:30-6:30p		6:00-7:00p	11:30a-12:30p
10 & U WH	11:15a-12:15p			6:30-7:20p			1:45-2:45p
MP #1	11:00-11:35a		4:30-5:05p			4:30-5:05p (make up)	
MP #2	11:40-12:15a		5:10-5:45p			5:10-5:45p (make up)	
MP #3	12:20-12:55a		5:50-6:25p			5:50-6:25p (make up)	
	(EXTENSION) NOV 22	(EXTENSION) NOV 23	(EXTENSION) NOV 24	(EXTENSION) NOV 25	(EXTENSION) NOV 26	(EXTENSION) NOV 27	(EXTENSION) NOV 28
Snr FULL	8:30-10:00a	4:15-6:00p	4:15-6:15p	3:30-5:00p	Happy Thanksgiving!!	8:30-10:00a	8:30-10:00a
Snr BL		4:15-6:00p		3:30-5:00p		8:30-10:00a	8:30-10:00a
Snr WH	8:30-10:00a		4:15-6:15p	3:30-5:00p		8:30-10:00a	
11-14 BL	12:15-1:45p	6:00-7:15p		5:00-6:00p		10:00-11:30a	10:00-11:30a
11-14 WH	10:00-11:15a		6:15-7:30p			12:30-1:45p	12:30-1:45p
10 & U BL	1:45-2:45p					11:30a-12:30p	11:30a-12:30p
10 & U WH	11:15a-12:15p					1:45-2:45p	1:45-2:45p
	(EXTENSION) NOV 29	Session 2—8 Day Extension Extra Days/Cost			Session 3 at Lawrence Park		
Snr FULL	8:30-10:00a	Snr FULL—8 practices / \$40 Snr BLUE—5 practices / \$30 Snr WHITE—5 practices / \$30 11-14 BLUE—7 practices / \$35 11-14 WHITE—6 practices / \$30 10 & U BLUE—5 practices / \$30 10 & U WHITE—5 practices / \$30			CLICK HERE if you are interested in continuing to train <b style="background-color: yellow;">DUE 11/12/2020		
Snr BL							
Snr WH	8:30-10:00a						
11-14 BL	12:15-1:45p						
11-14 WH	10:00-11:15a						
10 & U BL	1:45-2:45p						
10 & U WH	11:15a-12:15p						
					Step #1: See who is interested in continuing 11/30 onward Step #2: Set Up Schedule based on interest (by 11/20) Step #3: Registration (will open 11/23) Step #4: Payment will be made at the end of the session (as end date is tentative)		