

LMAC January/February 2021

| GROUP | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| | JAN 3 | JAN 4 | JAN 5 | JAN 6 | JAN 7 | JAN 8 | JAN 9 |
| Senior | | 4:15-6:15p | 4:15-6:15p | 4:15-6:15p | 4:15-6:15p | | 8:30-10:15a |
| Navy | | | | 6:15-7:30p | 6:15-7:30p | 6:30-7:45p | 10:15-11:45a |
| Grey | | 6:15-7:15p | | | | 4:45-5:45p | 12:45-1:45p |
| White | | | 6:15-7:15p | | | 5:45-6:30p | 11:45a-12:45p |
| Preteam | | | 6:15-7:00p | | | | 11:45a-12:30p |
| | JAN 10 | JAN 11 | JAN 12 | JAN 13 | JAN 14 | JAN 15 | JAN 16 |
| Senior | 8:30-10:15a | 4:15-6:15p | 4:15-6:15p | 4:15-6:15p | 4:15-6:15p | | 8:30-10:15a |
| Navy | 12:15-1:45p | | | 6:15-7:30p | 6:15-7:30p | 6:30-7:45p | 10:15-11:45a |
| Grey | 10:15-11:15a | 6:15-7:15p | | | | 4:45-5:45p | 12:45-1:45p |
| White | 11:15a-12:15p | | 6:15-7:15p | | | 5:45-6:30p | 11:45a-12:45p |
| Preteam | 12:15-1:00p | | 6:15-7:00p | | | | 11:45a-12:30p |
| | JAN 17 | JAN 18 | JAN 19 | JAN 20 | JAN 21 | JAN 22 | JAN 23 |
| Senior | 8:30-10:15a | 4:15-6:15p | 4:15-6:15p | 4:15-6:15p | 4:15-6:15p | | 8:30-10:15a |
| Navy | 12:15-1:45p | | | 6:15-7:30p | 6:15-7:30p | 6:30-7:45p | 10:15-11:45a |
| Grey | 10:15-11:15a | 6:15-7:15p | | | | 4:45-5:45p | 12:45-1:45p |
| White | 11:15a-12:15p | | 6:15-7:15p | | | 5:45-6:30p | 11:45a-12:45p |
| Preteam | 12:15-1:00p | | 6:15-7:00p | | | | 11:45a-12:30p |
| | JAN 24 | JAN 25 | JAN 26 | JAN 27 | JAN 28 | JAN 29 | JAN 30 |
| Senior | 8:30-10:15a | 4:15-6:15p | 4:15-6:15p | 4:15-6:15p | 8:00-9:30a | 6:30-7:45p | 8:30-10:15a |
| Navy | 12:15-1:45p | | | 6:15-7:30p | 9:30-10:45a | 4:45-5:45p | 10:15-11:45a |
| Grey | 10:15-11:15a | 6:15-7:15p | | | | 5:45-6:30p | 12:45-1:45p |
| White | 11:15a-12:15p | | 6:15-7:15p | | | | 11:45a-12:45p |
| Preteam | 12:15-1:00p | | 6:15-7:00p | | | | 11:45a-12:30p |
| | JAN 31 | FEB 1 | FEB 2 | FEB 3 | FEB 4 | FEB 5 | FEB 6 |
| Senior | 8:30-10:15a | 4:15-6:15p | 4:15-6:15p | 4:15-6:15p | 8:00-9:30a | 6:30-7:45p | 8:30-10:15a |
| Navy | 12:15-1:45p | | | 6:15-7:30p | 9:30-10:45a | 4:45-5:45p | 10:15-11:45a |
| Grey | 10:15-11:15a | 6:15-7:15p | | | | 5:45-6:30p | 12:45-1:45p |
| White | 11:15a-12:15p | | 6:15-7:15p | | | | 11:45a-12:45p |
| Preteam | 12:15-1:00p | | 6:15-7:00p | | | | 11:45a-12:30p |
| | FEB 7 | FEB 8 | FEB 9 | FEB 10 | FEB 11 | FEB 12 | FEB 13 |
| Senior | 8:30-10:15a | 4:15-6:15p | 4:15-6:15p | 4:15-6:15p | 8:00-9:30a | 6:30-7:45p | TBD |
| Navy | 12:15-1:45p | | | 6:15-7:30p | 9:30-10:45a | 4:45-5:45p | TBD |
| Grey | 10:15-11:15a | 6:15-7:15p | | | | 5:45-6:30p | TBD |
| White | 11:15a-12:15p | | 6:15-7:15p | | | | TBD |
| Preteam | 12:15-1:00p | | 6:15-7:00p | | | | TBD |
| | FEB 14 | FEB 15 | FEB 16 | FEB 17 | FEB 18 | FEB 19 | FEB 20 |
| Senior | 8:30-10:15a | 4:15-6:15p | 4:15-6:15p | 4:15-6:15p | 8:00-9:30a | 6:30-7:45p | 8:30-10:15a |
| Navy | 12:15-1:45p | | | 6:15-7:30p | 9:30-10:45a | 4:45-5:45p | 10:15-11:45a |
| Grey | 10:15-11:15a | 6:15-7:15p | | | | 5:45-6:30p | 12:45-1:45p |
| White | 11:15a-12:15p | | 6:15-7:15p | | | | 11:45a-12:45p |
| Preteam | 12:15-1:00p | | 6:15-7:00p | | | | 11:45a-12:30p |
| | FEB 21 | FEB 22 | FEB 23 | FEB 24 | FEB 25 | FEB 26 | FEB 27 |
| Senior | 8:30-10:15a | 4:15-6:15p | 4:15-6:15p | 4:15-6:15p | 8:00-9:30a | 6:30-7:45p | 8:30-10:15a |
| Navy | 12:15-1:45p | | | 6:15-7:30p | 9:30-10:45a | 4:45-5:45p | 10:15-11:45a |
| Grey | 10:15-11:15a | 6:15-7:15p | | | | 5:45-6:30p | 12:45-1:45p |
| White | 11:15a-12:15p | | 6:15-7:15p | | | | 11:45a-12:45p |
| Preteam | 12:15-1:00p | | 6:15-7:00p | | | | 11:45a-12:30p |