

## LMAC September 12- October 9, 2021

GROUP	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b style="color: red;">Navy/Senior Practices:</b>  <b>**Navy and Senior Group swimmers assigned to LPSC for a particular day go to N/S Early</b>  <b>**Navy and Senior Group swimmers assigned to LMHS for a particular day go to N/S Early</b>  <b>**On weekends Navy and Snr practices are split. See schedule below for specific times.</b>		<b style="color: red;">LPSC Standard Procedures:</b>  <b>**Mask NOT required except in locker room (for bathroom use only)</b>  <b>**Swimmers are to come and leave in their suits</b>  <b>**Parents are permitted to enter the facility to watch their swimmers from a chair on the deck or can sit in the snack bar or playground area.</b>		<b style="color: red;">LMHS Standard Procedures:</b>  <b>**Masks required for all those entering the building—swimmers, coaches, family members</b>  <b>**Swimmers are to come and leave in their suits.</b>  <b>**Parents of Mighty Mites &amp; Piranhas Swimmers are permitted to walk them into the building and send them directly through the locker room to the pool deck where a coach will be waiting. Once your swimmer is through the locker room, you may proceed to the balcony to watch or head back to your vehicle.</b>  <b>**Parents of Competitive Team Swimmers—You are strongly encouraged to wait outside for their swimmers of drop off/pick up. If you want to come inside, please send a note explaining the reason to LMACHeadCoach@gmail.com.</b>			
	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>*LM CLOSED* 16</b>	<b>17</b>	<b>18</b>
N/S Early	SNR—9:00-10:30 @ LP	4:30-6:30 @ LP	4:30-6:30 @ LP	4:30-6:00 @ LP	4:30-6:30 @ LP		SR—8:30-10:30 @ LM
N/S Late	NV—10:30-12:00 @ LP	7:00-9:00 @ LM	7:00-9:00 @ LM	7:30-9:00 @ LM	<b>OFF</b>		NV—10:30-12:00 @ LM
Royal		5:45-7:00 @ LM	6:30-7:30 @ LP	6:00-7:15 @ LP		7:00-8:15 @ LP	
Aqua			5:45-7:00 @ LM		<b>OFF</b>	6:45-8:00 @ LM	9:00-10:15 @ LP
Grey				6:30-7:30 @ LM		5:45-6:45 @ LM	10:15-11:10 @ LP
White		6:30-7:30 @ LP		5:45-6:30 @ LM			11:10-12:00 @ LP
Piranhas		6:00-6:45 @ LM	6:50-7:35 @ LM	6:00-6:45 @ LM	<b>OFF</b>		
Mites			6:00-6:45 @ LM		<b>OFF</b>		
	<b>19</b>	<b>*LM Polo Game* 20</b>	<b>*LM Polo Game* 21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
N/S Early	SNR—9:00-10:30 @ LP	4:30-6:30 @ LP	4:30-6:30 @ LP	4:30-6:00 @ LP	4:30-6:30 @ LP		SR—8:30-10:30 @ LM
N/S Late	NV—10:30-12:00 @ LP	<b>7:15-9:00 @ LM</b>	<b>7:15-9:00 @ LM</b>	7:30-9:00 @ LM	7:30-9:00 @ LM		NV—10:30-12:00 @ LM
Royal	1:00-2:15 @ LM	<b>6:15-7:15 @ LM</b>	6:30-7:30 @ LP	6:00-7:15 @ LP		7:00-8:15 @ LP	
Aqua	2:15-3:15 @ LM		<b>6:15-7:15 @ LM</b>		5:45-7:00 @ LM	6:45-8:00 @ LM	9:00-10:15 @ LP
Grey	3:15-4:10 @ LM			6:30-7:30 @ LM		5:45-6:45 @ LM	10:15-11:10 @ LP
White	4:10-5:00 @ LM	6:30-7:30 @ LP		5:45-6:30 @ LM			11:10-12:00 @ LP
Piranhas		<b>6:15-7:00 @ LM</b>	<b>7:00-7:45 @ LM</b>	6:00-6:45 @ LM	6:50-7:35 @ LM	<b>6:50-7:35 @ LM</b>	
Mites			<b>6:15-6:55 @ LM</b>		6:00-6:45 @ LM	<b>6:00-6:45 @ LM</b>	
	<b>26</b>	<b>27</b>	<b>28</b>	<b>*LM CLOSED* 29</b>	<b>30</b>	<b>OCT 1</b>	<b>2</b>
N/S Early	SNR—9:00-10:30 @ LP	4:30-6:30 @ LP	<b>4:30-6:15 @ LP</b>	4:30-6:00 @ LP	4:30-6:30 @ LP		SR—8:30-10:30 @ LM
N/S Late	NV—10:30-12:00 @ LP	7:00-9:00 @ LM	7:00-9:00 @ LM	<b>7:15-8:45 @ LP</b>	7:30-9:00 @ LM		NV—10:30-12:00 @ LM
Royal	1:00-2:15 @ LM	5:45-7:00 @ LM	<b>6:15-7:15 @ LP</b>	6:00-7:15 @ LP		7:00-8:15 @ LP	
Aqua	2:15-3:15 @ LM		5:45-7:00 @ LM		5:45-7:00 @ LM	6:45-8:00 @ LM	9:00-10:15 @ LP
Grey	3:15-4:10 @ LM		<b>7:15-8:00 @ LP</b>	<b>OFF</b>		5:45-6:45 @ LM	10:15-11:10 @ LP
White	4:10-5:00 @ LM	6:30-7:30 @ LP		<b>OFF</b>			11:10-12:00 @ LP
Piranhas		6:00-6:45 @ LM	6:50-7:35 @ LM	<b>OFF</b>	6:50-7:35 @ LM	<b>6:00-6:45 @ LM</b>	
Mites			6:00-6:45 @ LM		6:00-6:45 @ LM		
	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
N/S Early	SNR—9:00-10:30 @ LP	4:30-6:30 @ LP	4:30-6:30 @ LP	4:30-6:00 @ LP	4:30-6:30 @ LP		SR—8:30-10:30 @ LM
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Aqua	2:15-3:15 @ LM		5:45-7:00 @ LM		5:45-7:00 @ LM	6:45-8:00 @ LM	9:00-10:15 @ LP
Grey	3:15-4:10 @ LM			6:30-7:30 @ LM		5:45-6:45 @ LM	10:15-11:10 @ LP
White	4:10-5:00 @ LM	6:30-7:30 @ LP		5:45-6:30 @ LM			11:10-12:00 @ LP
Piranhas		6:00-6:45 @ LM	6:50-7:35 @ LM	6:00-6:45 @ LM	6:50-7:35 @ LM		
Mites			6:00-6:45 @ LM		6:00-6:45 @ LM		