## General Information - Schuylkill Valley Aquatic League

## Dual Meets

Dual meets take place on Tuesday and Thursday evenings beginning in mid-June and continue through July.

In addition to the dual meets, there are three Championship Meets. These meets occur in late July and consist of Relay Champs, Junior Champs (12 \& Under), and Individual Champs (all ages). To be eligible for Relay and/or Individual Champs, swimmers must attend at least two of the scheduled meets. Junior Champs are limited to 12 \& Under swimmers who are not attending Individual Champs.

Please register yes or no for all of these meets on TeamUnify. The coaches will pick all events and relays for these meets.

## General Rules (see SVAL Rules of Conduct for all rules)

- Age is determined as of June $1^{\text {st }}$.
- Dual Meets:
> Swimmers may swim up to 4 official times during dual meets.
$>$ A swimmer may also move up and down between age groups, but may not compete below his/her established age.
$>$ Individual events - will be scored 5 points for first place, 3 points for second place, and 1 point for third place, with no team receiving more than two places.
$>$ Relay events - the first place relay team will be awarded 7 points. No other points will be awarded.
- Individual Champs:
$>$ Swimmers must attend at least two dual meets to be eligible to attend.
$>$ No swimmer may compete in more than three events.
$>$ A swimmer cannot move up into a higher age group.
- Relay Champs:
$>$ A swimmer must compete in at least two dual meets to be eligible to attend.
$>$ There will be the opportunity for mixed (boy/girl) relays.
$>$ Swimmers can swim in an unlimited number of events, as long as it is in the proper age group.
> A swimmer may move up one age group.
- Gold/Junior Champs:
$>$ A swimmer must compete in at least one dual meet to be eligible to attend.
$>$ The upper age limit for Gold/Junior Champs is 12 .


## Away Meet Volunteer Requirements

- 1 Place Judge
- 1 Scorekeeper
- 1 Stroke \& Turn Judge
- 9 Timers

