# **General Information - Schuylkill Valley Aquatic League**

## **Dual Meets**

Dual meets take place on Tuesday and Thursday evenings beginning in mid-June and continue through July.

In addition to the dual meets, there are three Championship Meets. These meets occur in late July and consist of Relay Champs, Junior Champs (12 & Under), and Individual Champs (all ages). To be eligible for Relay and/or Individual Champs, swimmers must attend at least two of the scheduled meets. Junior Champs are limited to 12 & Under swimmers who are <u>not</u> attending Individual Champs.

Please register yes <u>or</u> no for all of these meets on TeamUnify. The coaches will pick all events and relays for these meets.

## **General Rules** (see SVAL Rules of Conduct for all rules)

• Age is determined as of June 1<sup>st</sup>.

#### • Dual Meets:

- > Swimmers may swim up to 4 official times during dual meets.
- A swimmer may also move up and down between age groups, but may <u>not</u> compete below his/her established age.
- ➤ Individual events will be scored 5 points for first place, 3 points for second place, and 1 point for third place, with no team receiving more than two places.
- ➤ Relay events the first place relay team will be awarded 7 points. No other points will be awarded.

## • Individual Champs:

- > Swimmers must attend at least two dual meets to be eligible to attend.
- ➤ No swimmer may compete in more than three events.
- A swimmer cannot move up into a higher age group.

#### • Relay Champs:

- A swimmer must compete in at least two dual meets to be eligible to attend.
- ➤ There will be the opportunity for mixed (boy/girl) relays.
- > Swimmers can swim in an unlimited number of events, as long as it is in the proper age group.
- A swimmer may move up one age group.

### • Gold/Junior Champs:

- A swimmer must compete in at least one dual meet to be eligible to attend.
- ➤ The upper age limit for Gold/Junior Champs is 12.

# **Away Meet Volunteer Requirements**

- 1 Place Judge
- 1 Scorekeeper1 Stroke & Turn Judge
- 9 Timers