

# **THE 21<sup>st</sup> ANNUAL BOWDOIN OPEN**

*Senior/Age Group Swim Meet  
December 12th, 13th and 14th, 2014*

## **Sanctioned By**

USA Swimming, Inc. & Maine Swimming, Inc. #ME1415-1212

## **Hosted By**

Bowdoin College Swimming and Diving & Brunswick Area Swimming Association

## **Meet Director**

Brad Burnham; [bburnham@bowdoin.edu](mailto:bburnham@bowdoin.edu) (207) 725-3527

## **Meet Location**

LeRoy Greason Pool - Farley Field House - Watson Drive - Bowdoin College - Brunswick, ME 04011

## **Meet Referee**

Bob Russell - [robert.russell@supshipba.navy.mil](mailto:robert.russell@supshipba.navy.mil)

## **Facility**

LeRoy Greason Pool provides up to 10 deep-water 25 yard competition lanes and four additional 25 yard warm-up/cool-down lanes with non-turbulent lane lines and Colorado Timing System, Aqua Grip electronic pads, and a nine-line readout scoreboard. It has hosted several prestigious events, including NESCAC and NCAA Championship meets and has been used as a training site for Olympic swimmers. The competition pool starting end and turn end have water depths ranging from 7 to 12 feet from Lanes 1-10. The warm-up/cool-down pool starting end and turn end have a depth of 12 to 13 feet.

## **Entry Deadline**

Entries will be accepted beginning on October 10, 2014. Entry period will be open until the meet reaches capacity. **We will email you a confirmation after we receive your entry file.**

## **Entry Procedure**

All entries must be submitted by email using the **Hy-Tek** format.

If you do not have the ability to use Hy-Tek you can submit a hardcopy of your entries by sending either an email or USPS mail to the entry person.

If you are submitting Hy-Tek entries, a hard copy back up is required to be sent by mail to Brad Burnham. All forms must list each swimmer alphabetically and have the swimmers full name (first, middle initial, last) and birth date as they were USA-S registered, current USA-S number, and seed time.

**All swimmers entering the Meet, regardless of age, must meet the qualifying times. Exceptions may be made by the meet host on a case by case basis. Please see the note under meet format.**

All relay swimmers must be listed on the team roster/meet entry submitted at the meet entry deadline to be eligible to swim in a relay. Late or deck entries will not be accepted.

The contact information form included in this meet packet must accompany the hard copy of your entries and check.

Each swimmer is limited to three (3) individual events per day. **All athletes are eligible to swim in the senior meet; however, he/she must meet the qualifying times, which are included with this information.**

Entry times must be in short course yards. Teams using Short Course Meter or Long Course Meter entry times should use Hy-Tek to convert the times to short course yards.

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**If the Senior and/or Age Group meet is oversubscribed then the last entries that are received will be the first ones to be cut from the meet; in other words last in, first out. To make sure that your swimmers make the meet please send in your entries early.**

The Meet Directors reserves the right to limit entries in any event in order to stay within a reasonable time limit. If limits become necessary, teams will be notified through their club contact. If limits are imposed, all eliminated swimmers will receive a full refund.

## **Send Entries, Backup Hard Copies and Checks to:**

Brad Burnham  
Bowdoin Athletics - Swimming  
9000 College Station  
Brunswick, ME 04011

## **Entry Fees**

### **Senior Events**

\$5.00 for each individual entry  
\$5.50 for each individual paper entry  
\$12.00 for each relay entry  
\$12.50 for each paper entry  
\$10.00 per swimmer for Swimmer Participation

### **Age Group Events**

\$4.00 for each individual entry  
\$4.50 for each paper entry  
\$12.00 for each relay entry  
\$12.50 for each paper entry  
\$10.00 per swimmer for Swimmer Participation

Make checks payable to **Bowdoin College** (\*\*Note: TEAMS PLEASE BRING OR SEND ONE CHECK FOR YOUR TEAM'S ENTRIES) Checks must be received prior to the start of the meet.

## **Entry Time Updates**

Entry times may be updated until Thursday, December 11th. No new entries will be accepted after Sunday, December 7, 2014 entry deadline. Entry time updates must be sent as Hy-Tek format CL2 or sd3 files with updated times. (New entries will be automatically excluded.)

## **Time Trials**

Time trials will only take place if time permits and if approved by the Meet Referee and the Meet Directors at a cost of \$15.00 per individual event and \$30.00 per relay event.

## **Eligibility**

This meet is open to any swimmer who is a properly registered member of USA-S before the start of the meet or with United States Masters Swimming (USMS). Age is as of December 12, 2014.

## **USA Swimming Registration**

Club athletes may obtain USA-S Registration from your Club Registrar. Unattached Maine athletes may obtain forms and instructions from the Maine Swimming's website; [www.maineswimming.org](http://www.maineswimming.org). Direct registration questions to the Maine Swimming, Inc. Membership/Registration Chair, Thomas Branch, 207-712-0877 or [redsox04282@roadrunner.com](mailto:redsox04282@roadrunner.com). Deck Registrations will be allowed for Maine Athletes only. Registration reconciliation will be done for this meet. **It is each team's responsibility to make sure the entry and registration information for each of their swimmers is accurate.**

## **Meet Policies**

Only certified and meet registered coaches, session officials, registered USA-S and USMS swimmers and Meet Staff will be allowed on deck. No one else will be allowed on deck as per USA Swimming Rules.

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All USA Swimming Registered Officials and Coaches are required to display USA Swimming Credentials (USA-S Membership Card) while on deck. This is a Maine Swimming, Inc. Policy. **Coaches, Officials must be properly registered and have all certifications up to date in order to be allowed on deck for this meet.** Coaches' and Officials' registrations will be checked prior to the start of the meet.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. **Swimmers without a coach will swim with and be supervised by the host club for the entire meet.**

## **Meet Format**

### General

Senior individual events, except the 400 IM, 500 Free and 1650 Free, will be swum as trials and finals; with three heats in the evening finals. The championship final will contain the top 10 swimmers, the consolation final will contain the 11<sup>th</sup>-20<sup>th</sup> place swimmers and the bonus final will contain the 21<sup>st</sup>-30<sup>th</sup> place swimmers. The 400 IM, 500 Freestyle and 1650 freestyle will be swum as timed finals and will include all entered swimmers. Age Group Meet Events will be swum as timed finals.

### Qualifying Times

All individual events regardless of age have qualifying times for 2014. All swimmers entered in events with qualifying times must meet the qualifying times. Exceptions may be made by the meet host on a case by case basis. Qualifying times were added in order to help reduce the size of the meet in order to meet deck capacity requirements for the Leroy Greason Pool.

### **\*\*\*\*New for 2014\*\*\*\***

### Proof of Time Table

If a swimmer does not meet the time standard in a timed final or prelim event, the coach of that swimmer may be called to the scoring table for entry time verification. If a time standard cannot be verified, the swimmer will be fined \$20.00 per unverified event. If the fine is not paid promptly in the course of the meet, the swimmer will be removed from subsequent events. All fines will be donated to a local charity at the discretion of the meet director.

### 1650 Freestyle

The fastest heat of women and men will be swum at the beginning of the final session on Saturday evening. The remaining heats will be seeded fastest to slowest alternating women and men with the fastest morning heat swimming after the final heat of the 50 Free. A heat sheet will be provided twenty minutes after the scratch deadline. **The 1650 will be limited to the fastest 25 women and 25 men entered in the event by the entry deadline.** A list of the swimmers entered in the 1650 will be forwarded to all of the teams in the Senior portion of the meet. Meet management reserves the right to expand the field depending on the meet timeline. Swimmers bumped from the 1650 will be given the opportunity to enter an alternate event.

### Relays

Senior Relays will be swum as timed finals in the evening session and can include swimmers from all age groups as long as they are entered in the meet. Swimmers 12 & under may swim in the Senior relays but may not swim relays in both meets.

### Senior and Age Group

The Senior Meet is open to all swimmers who meet the qualifying times. Swimmers 12 & under will swim in the age group meet, except that 12 & under swimmers who meet the qualifying times may swim in the senior meet. Please note that all swimmers in the Meet regardless of age must meet the qualifying times. **If the Senior and/or Age Group meet is oversubscribed then the last entries that are received will be the first ones to be cut from the meet; in other words last in, first out. To make sure that your swimmers make the meet please send in your entries early.**

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## **Start Times**

|                                | <b>Warm-Up</b> | <b>Start</b> |
|--------------------------------|----------------|--------------|
| <i>Friday, December 12th</i>   |                |              |
| Finals                         | 3:00 pm        | 4:30 pm      |
| <i>Saturday, December 13th</i> |                |              |
| Prelims                        | 7:00 am        | 8:30 am      |
| Age Group                      | 1:00 pm        | 1:30 pm      |
| Finals                         | 4:00 pm        | 5:00 pm      |
| <i>Saturday, December 13th</i> |                |              |
| Prelims                        | 7:00 am        | 8:30 am      |
| Age Group                      | 1:00 pm        | 1:30 pm      |
| Finals                         | 4:00 pm        | 5:00 pm      |

## **Senior Prelim Seeding**

This is a positive check in meet. The meet will be pre-seeded using Hy-Tek Meet Manager 5.0 during warm-up for the preliminary sessions. Heat sheets will be posted around the deck and copies will be given to the coaches.

The fastest three (3) heats will be circle seeded except in timed final events. The remaining heats of each event will be pyramid seeded. We will use 10 lanes for all events. Meet management reserves the right to reseed if necessary.

## **Age Group Seeding**

This is a positive check in meet. The meet will be pre-seeded using Hy-Tek Meet Manager 5.0 during warm-up for that session. All events will be run as timed finals, slowest to fastest.

## **Senior Meet Scratch Policy**

Positive check-in is required for all events.

Qualifying swimmers must declare his/her intent to scratch from finals within thirty (30) minutes after the completion of the event. Any athlete who qualifies for the championship final, consolation final or bonus final, fails to scratch and does not show for the final will be disqualified from the meet, unless excused by the Meet Referee. Scratches from the preliminary session will **not** result in disqualification from the meet as per Maine Swimming, Inc. Policies and Procedures.

## **Age Group Scratch Policy**

Positive check-in is required for all events. Scratches are allowed after positive check-in but a notification from a coach would be appreciated.

## **Protests**

A committee will be formed to handle any protests that arise during the meet. The committee will include the meet director(s), meet host, the meet referee, a coach and an athlete (not from the same team as the originator of the protest).

## **Misconduct**

Any issues of conduct which occur within the meet venue are defined as, but not limited to; violation of safety guidelines, disrespect for meet management personnel, officials or fellow athletes, theft, vandalizing or possession of alcohol, tobacco or illegal drugs are subject to removal from the facility and are subject to a MSI Board of Review Hearing. More serious violations may result in legal action by the LSC or local authorities.

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## **Officials**

Teams are requested to provide at least one (1) USA-S certified official for each session of the meet. Please provide the name of each official and his/her certification level on the form provided. Return this form with your meet entries.

## **Warm Ups**

**USA Swimming and Maine Swimming safety procedures will be enforced throughout the meet. Warm-ups are subject to the following procedures:**

All swimmers shall enter feet first using the sit and slide method at the starting end of the pool.

Sprint lanes will be announced during the warm up period.

The warm-ups sessions for the Senior preliminaries will be divided into three periods, two 30 minute periods with teams assigned and one 10 minute period that will be open to all swimmers. The teams assigned to the first period on Saturday will have the second warm up on Sunday and vice versa for the second period on Saturday. Warm-up schedules will be posted on the Bowdoin Open website and emailed to the contact person prior to the meet and will be made available to coaches at the meet.

No headfirst or backstroke starts will be permitted except in sprint lanes, when designated.

The referee may remove anyone from the warm-up for failure to comply with the warm-up rules.

**Swimmers without a coach must report to the Meet Director before entering the pool for warm-up in order to obtain a lane assignment.**

## **Senior Awards**

Awards will be presented to first and second individual male and female high point winners, and first and second place team for men, women and combined.

## **Age Group Awards**

Ribbons signifying event and place of finish will be awarded to the top eight finishers of each event.

## **Rules**

2013 USA Swimming Code and Rules shall apply. All decisions by the Meet Referee are final.

## **Admission**

\$2.00/session

## **Programs**

The senior meet program for Friday night and preliminary will be sold by session for \$2.00 after the positive check in period ends for that session. The age group meet program will cover the 10 & under and the 11 & 12 age groups timed finals. These programs will be sold by session for \$2.00 after the positive check in period ends for that session. The evening programs will have the finals only and this program will be sold for \$2.00.

## **Safety**

Each participating swimmer must be under the supervision of a USA Swimming certified coach with a current USA-Swimming membership. There will be absolutely no diving into the pool except during sprint lane warm-ups and swim event starts. All entries into the pool are from the deep end only. Non-compliance is justification for disqualification from the meet. Current USA Swimming Safety Rules will be in effect and will be strictly enforced.

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## **Results**

Final Results will be e-mailed. Live Results will be on the web through the Maine Swimming Website.

## **Timers**

The Bowdoin College Men's and Women's Swim Team will be providing timers for all sessions, so volunteer timers will not be needed for this meet.

## **Parking**

Free parking is available in front of the building and the adjacent hockey arena. Please park in legal parking spots.

## **Hospitality**

There will be food and drinks available at all sessions for officials, coaches and meet staff in the southeast corner of the pool area. There will also be concessions provided for athletes and spectators in the multi-purpose room.

## **Senior Scoring**

The top 10 finalists will keep their place and be scored within the top 10. The Consolation and Bonus Finalists can score anywhere from 11<sup>th</sup> through 30<sup>th</sup> place. Relays and Individual events are scored the same.

Final Points – 40, 38, 37, 36, 35, 34, 33, 32, 30, 28

Consolation & Bonus Points – 25, 23, 22, 21, 20, 19, 18, 17, 16, 15, 12, 10, 9, 8, 7, 6, 5, 4, 3, 2

## **Liability**

Bowdoin College shall be free from any liability or claims for damages by reason or injury to anyone during the conduct of the meet.

**CELL PHONES, CAMERAS AND OTHER RECORDING DEVICES ARE  
PROHIBITED FROM THE LOCKER ROOMS, BATHROOMS  
AND BEHIND THE BLOCKS!!!!**

**DECK CHANGING IS PROHIBITED**

**SWIMMERS PLEASE STAY OFF THE TRACK AND OUT OF THE  
FIELDHOUSE!!!!**

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Please return this sheet with your entry, type or print.

## Team Contact Info

Team Name/Abbreviation: \_\_\_\_\_  
Head Coach: \_\_\_\_\_  
Head Coach Cell: \_\_\_\_\_  
Coaches at Meet: \_\_\_\_\_  
\_\_\_\_\_  
Team Contact: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_  
Phone: \_\_\_\_\_  
Contact Email Address: \_\_\_\_\_  
Meet Hotel & Phone: \_\_\_\_\_

## Names and Phone numbers of USA-S Certified Officials

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Senior Event Fee Summary

Individual Entries: \_\_\_\_\_ x \$5.00 = \_\_\_\_\_  
Relay Entries: \_\_\_\_\_ x \$12.00 = \_\_\_\_\_  
Total: \_\_\_\_\_

## Age Group Event Fee Summary

Individual Entries: \_\_\_\_\_ x \$5.00 = \_\_\_\_\_  
Relay Entries: \_\_\_\_\_ x \$12.00 = \_\_\_\_\_  
Total: \_\_\_\_\_

## Swimmer Surcharge

Number of Athletes: \_\_\_\_\_ x \$10.00 = \_\_\_\_\_

**Senior and Age Group Fees Total:** \_\_\_\_\_

*(Make checks payable to: Bowdoin College)*

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## Event Order and Cut Times

### Friday, December 12<sup>th</sup>

Warm Up 3:00 PM, Start 4:15 PM

| <b>Women</b> |                 |                        | <b>Men</b>      |              |
|--------------|-----------------|------------------------|-----------------|--------------|
| Event Number | Qualifying Time | Event Name             | Qualifying Time | Event Number |
| 1            | 5:35.69         | *400 Individual Medley | 5:11.79         | 2            |
| 3            | 5:59.99         | *500 Freestyle         | 5:51.29         | 4            |
| 5            | NT              | **800 Freestyle Relay  | NT              | 6            |

### Saturday, December 13<sup>th</sup>

Prelims: Warm-up 7:00 AM, Start 8:30 AM Events 9 to 18, then 7 & 8

Age Group Warm-up 1:00 PM, Start 1:30 PM Events 21 to 32

Finals: Warm-up 4:00 PM, Start 5:00 PM Events 7 to 20

| <b>Women</b> |                 |                    | <b>Men</b>      |              |
|--------------|-----------------|--------------------|-----------------|--------------|
| Event Number | Qualifying Time | Event Name         | Qualifying Time | Event Number |
| 7            | 20:58.19        | ***1650 Freestyle  | 19:39.39        | 8            |
| 9            | 2:12.99         | 200 Freestyle      | 2:09.09         | 10           |
| 11           | 1:12.09         | 100 Backstroke     | 1:06.19         | 12           |
| 13           | 2:56.39         | 200 Breaststroke   | 2:42.59         | 14           |
| 15           | 1:11.79         | 100 Butterfly      | 1:05.09         | 16           |
| 17           | 30.39           | 50 Freestyle       | 26.59           | 18           |
| 19           | NT              | **400 Medley Relay | NT              | 20           |

| <b>Girls</b> |                 |           | <b>Boys</b>           |           |                 |              |
|--------------|-----------------|-----------|-----------------------|-----------|-----------------|--------------|
| Event Number | Qualifying Time | Age Group | Event Name            | Age Group | Qualifying Time | Event Number |
| 21           | NT              | 12 & U    | 200 Medley Relay      | 12 & U    | NT              | 22           |
| 23           | 1:21.09         | 10 & U    | 100 Freestyle         | 10 & U    | 1:28.49         | 24           |
|              | 1:13.59         | 11 & 12   |                       | 11 & 12   | 1:12.19         |              |
| 25           | 1:55.49         | 10 & U    | 100 Butterfly         | 10 & U    | 1:54.09         | 26           |
|              | 1:26.29         | 11 & 12   |                       | 11 & 12   | 1:24.49         |              |
| 27           | 53.59           | 10 & U    | 50 Breaststroke       | 10 & U    | 53.19           | 28           |
|              | 43.69           | 11 & 12   |                       | 11 & 12   | 43.79           |              |
| 29           | 1:45.09         | 10 & U    | 100 Backstroke        | 10 & U    | 1:41.39         | 30           |
|              | 1:26.29         | 11 & 12   |                       | 11 & 12   | 1:24.09         |              |
| 31           | 3:17.29         | 10 & U    | 200 Individual Medley | 10 & U    | 3:38.89         | 32           |
|              | 3:02.49         | 11 & 12   |                       | 11 & 12   | 3:00.99         |              |



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### Sunday, December 14<sup>th</sup>

Prelims: Warm-up 7:00 AM, Start 8:30 AM Events 33 to 42  
Age Group Warm-up 12:40 PM, Start 1:10 PM Events 45 to 58  
Finals: Warm-up 4:00 PM, Start 5:00 PM Events 33 to 44

| <b>Women</b> |                 |                       | <b>Men</b>      |              |
|--------------|-----------------|-----------------------|-----------------|--------------|
| Event Number | Qualifying Time | Event Name            | Qualifying Time | Event Number |
| 33           | 1:04.49         | 100 Freestyle         | 58.79           | 34           |
| 35           | 2:36.49         | 200 Butterfly         | 2:24.49         | 36           |
| 37           | 1:21.99         | 100 Breaststroke      | 1:14.69         | 38           |
| 39           | 2:34.89         | 200 Backstroke        | 2:23.39         | 40           |
| 41           | 2:34.29         | 200 Individual Medley | 2:24.49         | 42           |
| 43           | NT              | **400 Free Relay      | NT              | 44           |

| <b>Girls</b> |                 |           | <b>Boys</b>           |           |                 |              |
|--------------|-----------------|-----------|-----------------------|-----------|-----------------|--------------|
| Event Number | Qualifying Time | Age Group | Event Name            | Age Group | Qualifying Time | Event Number |
| 45           | NT              | 12 & U    | 200 Free Relay        | 12 & U    | NT              | 46           |
| 47           | 2:58.29         | 10 & U    | 200 Freestyle         | 10 & U    | 3:09.09         | 48           |
|              | 2:29.69         | 11 & 12   | 200 Freestyle         | 11 & 12   | 2:37.19         |              |
| 49           | 48.59           | 10 & U    | 50 Backstroke         | 10 & U    | 48.59           | 50           |
|              | 38.79           | 11 & 12   | 50 Backstroke         | 11 & 12   | 38.99           |              |
| 51           | 1:58.79         | 10 & U    | 100 Breaststroke      | 10 & U    | 1:53.69         | 52           |
|              | 1:35.79         | 11 & 12   | 100 Breaststroke      | 11 & 12   | 1:33.59         |              |
| 53           | 47.99           | 10 & U    | 50 Butterfly          | 10 & U    | 46.69           | 54           |
|              | 37.29           | 11 & 12   | 50 Butterfly          | 11 & 12   | 37.69           |              |
| 55           | 39.49           | 10 & U    | 50 Freestyle          | 10 & U    | 38.49           | 56           |
|              | 34.09           | 11 & 12   | 50 Freestyle          | 11 & 12   | 33.09           |              |
| 57           | 1:32.39         | 10 & U    | 100 Individual Medley | 10 & U    | 1:40.39         | 58           |
|              | 1:19.99         | 11 & 12   | 100 Individual Medley | 11 & 12   | 1:23.19         |              |

- \* Friday evening events will be **timed finals**.
- \*\* Relay events will be swum as **timed finals** in the evening session
- \*\*\* The 1650 Freestyle will be swum as a timed final event alternating heats of women and men, fastest to slowest with the fastest heat of women and men swimming in finals and the other heats swimming after prelims on Saturday.