

**JAMIE HIGGINS SCHOLARSHIP MEET  
AND JAMIE HIGGINS OPEN  
SUNDAY – OCTOBER 30, 2005  
DONALD RICHARDS POOL, CAPE ELIZABETH, ME.**

**SANCTIONED BY:** Maine Swimming, Inc. Sanction # ME0506-1030

**HOSTED BY:** Coastal Maine Aquatics

**MEET DIRECTOR:** Mark Leavitt

**MEET LOCATION:** Donald Richards Pool – Cape Elizabeth High School  
345 Ocean House Road (Route 77)  
Cape Elizabeth, Maine 04107

**FACILITY:** Donald Richards Pool, 25 yards, six lanes, non-turbulent  
Lane lines, Colorado Automatic Timing System with  
electronic scoreboard. Ample parking.

**ENTRY DEADLINE:** Entries submitted on Hy-tek commlink disks must be  
received by October 20, 2005 at 6:00 PM. Entries  
by hardcopy must be received by October 16, 2005. We  
will make every effort to accommodate swimmers,  
however we cannot guarantee that late entries or entries  
that, in the opinion of the Meet Director, would result in  
exceeding the meet time limit, will be entered. Deck  
entries will not be allowed.

**ENTRIES AND  
QUESTIONS:** Mark A. Leavitt  
578 Washington Ave., Apt. 2  
Portland, ME 04103  
Phone: 207-828-7925  
E-mail: Questions to [mark.leavitt@biw.com](mailto:mark.leavitt@biw.com)  
Entries to [n2swimming4cma2003@yahoo.com](mailto:n2swimming4cma2003@yahoo.com)

**ENTRY FEES:** \$2.00 per event, \$5.00 per Time Trial, payable to CMA.  
**Payment for entries is due within four (4) business days  
of the entry deadline. Team entries will not be  
considered official until after the payment is made.** One  
check from each team, payable to “Coastal Maine  
Aquatics”, will be accepted. Time Trial payment is  
expected at the time the Time Trial is requested.

**FORMATS AND AWARDS:**

**Jamie Higgins Scholarship Meet Only: This is a Maximum Time Standard Meet.** Entry times must be no faster than the times listed. All events are pre-seeded timed finals. Ribbons will be awarded to the top six finishers in each event including relays.

**Jamie Higgins Open: These events are open to all swimmers not qualified to swim in the Jamie Higgins Scholarship Meet.** Events are open to all ages. Events will be swum as pre-seeded timed finals. No awards will be given for these events.

**ELIGIBILITY/RULES:**

All swimmers must be USA Swimming registered. Age is as of October 30, 2005. USA Swimming Code shall apply. Swimmers may enter no more than five events per session.

**OFFICIALS:**

Participating clubs are requested to provide as many USA Swimming certified officials as possible. Please email Mark Leavitt the names and certification level for each official volunteering. Please include the session each official will be attending.

**SCORING:**

This meet will not be scored.

**TIME TRIALS:**

Time Trials will be offered at the end of Sessions 2 at the discretion of the meet management. Time Trials will be limited to the events swum at that session. Swimmers may not exceed the five event limit including the Time Trials.

**ADMISSION:**

\$1.00 per session. Programs will be available for a nominal fee. As directed by the Town of Cape Elizabeth **NO** food or beverages, other than water, will be permitted in the pool area.

**CONCESSIONS:**

Food and beverages will be available for purchase. A dining area will also be available. The Swim Shack will be on site with swimming equipment and accessories.

**NOTES:**

**ALL USA SWIMMING RULES APPLY.**

**Feet first entry only at the starting block end of the pool. Lanes will be designated as sprint lanes during the warm up.**

**We are guests of the Town of Cape Elizabeth and the Donald Richards Pool. Swimmers and spectators must Follow all Town rules or be asked to leave the pool area.**

**SCHEDULE OF EVENTS**

**THE JAMIE HIGGINS SCHOLARSHIP MEET EVENTS ARE MAXIMUM TIME STANDARD EVENTS. ENTRY TIMES MUST BE NO FASTER THAN THE TIMES LISTED.**

**SESSION ONE**

Warm Up 7:30-7:50 AM 8 & Under, 7:50-8:20 AM 11-12 and Open

Start 8:40 AM

**GIRLS**

**EVENT**

**BOYS**

1.	Open 200 Medley Relay	1.
2.	8 & Under 100 Medley Relay	3.
4.	11-12 200 Medley Relay	5.
6.	Open 200 Butterfly	6.
7.	8 & Under 25 Butterfly	8.
9. 32.69	11-12 50 Butterfly	10. 32.39
11.	Open 200 Backstroke	11.
12.	8 & Under 25 Backstroke	13.
14. 34.29	11-12 50 Backstroke	15. 33.99
16.	Open 200 Breaststroke	16.
17.	8 & Under 25 Breaststroke	18.

19. 37.99	11-12 50 Breaststroke	20. 37.59
21.	8 & Under 25 Freestyle	22.
23. 29.89	11-12 50 Freestyle	24. 28.69
25.	Open 100 Freestyle	25.
26.	8 & Under 100 IM	27.
28. 1:14.39	11-12 100 IM	29. 1:12.79

## **SESSION TWO**

Warm Up: No earlier than 12:30 PM or one hour after the completion of Session One. First 20 minutes 10 & Under; next 30 minutes 13 & Over and Open.

Start: No earlier than 1:40 PM

<b><u>GIRLS</u></b>	<b><u>EVENT</u></b>	<b><u>BOYS</u></b>
30.	10 & Under 200 Medley Relay	31.
32.	13 & Over 200 Medley Relay	33.
34.	Open 100 Butterfly	34.
35. 37.29	10 & Under 50 Butterfly	36. 36.69
37. 1:08.39	13 & Over 100 Butterfly	38. 1:04.09
39.	Open 100 Backstroke	39.
40. 38.19	10 & Under 50 Backstroke	41. 38.49
42. 2:29.69	13 & Over 200 Backstroke	43. 2:19.49
44.	Open 100 Breaststroke	44.
45. 41.99	10 & Under 50 Breaststroke	46. 42.49
47. 2:47.99	13 & Over 200 Breaststroke	48. 2:36.29
49.	Open 50 Freestyle	40.
50. 32.39	10 & Under 50 Freestyle	51. 31.89
52. 28.79	13 & Over 50 Freestyle	53. 26.59
54.	Open 200 Individual Medley	54.
55. 1:23.19	10 & Under 100 IM	56. 1:21.29
57. 2:31.49	13 & Over 200 IM	58. 2:22.49