

# **Portland Porpoise Swim Club**

*Invites you to the*

## **Groundhog International Swim Meet**

Friday, Saturday, and Sunday

January 20, 21, & 22

2006

at the

Greason Pool

Bowdoin College

Brunswick, Maine

- Sanctioned by: ME#0506-0120
- Hosted by: Portland Porpoise Swim Club & Bowdoin College
- Meet Location: Greason Pool  
Bowdoin College  
Brunswick, Maine
- Meet Director: Tom Major  
31 Clayton Street  
Portland, Maine 04103  
Tel. 797-4974  
Email. jmajor01@maine.rr.com
- Facility: The Greason Pool is a 14-lane, 25-yard facility, with Colorado Timing System and display board for up to nine lanes. Balcony seating for approximately four hundred spectators is available.
- Eligibility: Each swimmer must be registered prior to the entry deadline with either USA-S or SNC (Canada.) All coaches must also be registered USA-S or SNC.
- Entry Deadline: Entries must be received by the meet director no later than January 15, 2005. In the event of over subscription, meet management reserves the right to cut teams by date of entry and payment.
- Entry Fees: \$3.00 for each individual event entry and \$8.00 for each relay team entry. Checks should be made payable to the Portland Porpoise Swim Club and sent, postmarked by the deadline, to:  
Tom Major  
31 Clayton Street  
Portland ME 04103-2201
- Entry Procedures:
- 1) Meet entries should be submitted via email in HY-TEK Meet Manager format. The HY-TEK meet entry file will be provided by PPSC for import and use in each team's Team Manager program. Send entries directly to: jmajor01@maine.rr.com
  - 2) Entry times should be in short course yards (SCY).
  - 3) Swimmers may swim a maximum of three events per session.
  - 4) All Swimmers may enter sessions 1, 2 and 5.  
12 & under swimmers may enter either session 2 or session 3, but not both.  
In order to swim in session 4, swimmers must qualify in session 2.

5) For finals, the top eight 11/12 and 13/14 swimmers will qualify.  
The top twenty-four seniors swimmers will qualify.

Rules: All USA-S Code and Rules shall apply.

Meet Format:

Session 1	
Friday night, 1/20/05	Timed Finals
Warm-up at 4:00 P.M.	Meet Start at 5:00 PM
Session 2	
Saturday Morning, 1/21/05	Prelims
Warm-up at 7:00 AM	Meet Start at 8:00 AM
Session 3	
Saturday Afternoon, 1/21/05	Timed Finals
Warm-up at 1:00 PM	Meet Start 2:00 PM
Session 4	
Saturday Evening, 1/21/05	Finals
Warm-up at 4:00 PM	Meet Start 5:00 PM
Session 5	
Sunday Morning, 1/22/05	Timed Finals
Warm-up at 7:00 AM	Meet Start 8:00 AM

Warm-up

Procedures:

1. All USA-S warm-up rules will be followed.
2. Feet first entry from start end only.
3. Sprint lanes will be designated.

Awards: Prizes will be presented to the top three places in each event in session 4.

Best time prizes will be awarded in session 3.

A trophy will be awarded to the team with the highest score.

Age Divisions:

12 & Under.

13 - 14

Senior (open)

Any swimmer under age 15 may declare "senior" status at the time of the meet entry.

Officials: Teams are encouraged to provide USA-S or SNC certified officials. Every effort will be made to include visiting officials as part of the deck operation.

Concessions: The "Porpoise Cafe" will be open during the meet.

Directions:

Directions are available at

<http://www.bowdoin.edu/athletics/directions.shtml>

Friday, January 20<sup>th</sup> - Sunday, January 23<sup>rd</sup>, 2005

***Session 1 - Timed Finals***  
***Friday, January 20th***  
***4:00 pm Warm-up for 5:00 pm Start***

WOMEN	EVENT	MEN
1	Open 500 Y Freestyle	2
3	Open 400 Y IM	4
5	Open 50 Y Freestyle	6
7	Open 400 Y Freestyle Relay	8

***Session 2 - Prelims***  
***Saturday, January 21<sup>st</sup>***  
***7:00 am Warm-up for 8:00 am Start***

9	100 Y Freestyle	10
11	100 Y Breaststroke	12
13	200 Y IM	14
15	100 Y Backstroke	16
17	100 Y Butterfly	18

***Session 3 – Timed Finals***  
***Saturday, January 21<sup>st</sup>***  
***1:00 pm Warm-up for 2:00 pm Start***

19	12 & Under 50 Y Butterfly	20
21	12 & Under 50 Y Backstroke	22
23	12 & Under 50 Y Breaststroke	24
25	12 & Under 100 Y IM	26

***Session 4 - Finals***  
***Saturday, January 21<sup>st</sup>***  
***4:00 pm Warm-up for 5:00 pm Start***

9e	11 & 12 100 Y Freestyle	10e
9d	13 & 14 100 Y Freestyle	10d
9a	Open 100 Y Freestyle	10a
11e	11 & 12 100 Y Breaststroke	12e
11d	13 & 14 100 Y Breaststroke	12d
11a	Open 100 Y Breaststroke	12a
13e	11 & 12 200 Y IM	14e
13d	13 & 14 200 Y IM	14d
13a	Open 200 Y IM	14a
15e	11 & 12 100 Y Backstroke	16e
15d	13 & 14 100 Y Backstroke	16d
15a	Open 100 Y Backstroke	16a
17e	11 & 12 100 Y Butterfly	18e
17d	13 & 14 100 Y Butterfly	18d
17a	Open 100 Y Butterfly	18a
27	Open 400 Y Medley Relay	28

***Session 5 - Timed Finals***  
***Sunday, January 22<sup>nd</sup>***  
***7:00 pm Warm-up for 8:00 pm Start***

29	Open 200 Y Freestyle	30
31	Open 200 Y Breaststroke	32
33	Open 200 Y Backstroke	34
35	Open 200 Y Butterfly	36
37	Open 1000 Y Freestyle	38

11 & 12's may enter Session 1 on Friday, either Session 2 OR Session 3 on Saturday and Session 5 on Sunday. No swimmer may be entered in both sessions 2 & 3.

Swimmers are limited to 3 events per session.

We will swim the following finals:

11 & 12 : Top eight in each Saturday prelim event.

13 & 14: Top eight in each Saturday prelim event.

Open: Top 24 in each Saturday prelim event. Swimmers under age 15 who wish to enter the Open category must declare so upon meet entry.

Prizes will be presented to the top 3 swimmers in each event in session 4.

Best time prizes will be awarded in session 3.

A trophy will be awarded to the team with the highest score.

The schedule is projected on the estimated splashes. The schedule may be revised depending upon entries.

Coaches will be informed of any changes to the schedule.