

MAINE SWIMMING INC.
Winter Combined Championships
March 16 - 19, 2006

Location: Greason Pool, Bowdoin College, Brunswick, Maine

Sanction: Maine Swimming Sanction # ME0506-0316

Entries: All entries must be submitted by e-mail or on disc using the **Hy-tek** format. A hard copy back up is required. All forms must have the swimmers full name (first, last, middle initial), current USA number, seed time and **qualifying time meet reference** (proof of time). Relay entries must have the team abbreviation, letter and seed time. Example (PPSC "A" 155.32). Qualifying entries in SCY will be seeded first. **Do not convert times.** Nonconforming times will then be seeded in SCM and LCM order. Swimmers must be entered in either the Age Group or Senior portion of the meet. All relay swimmers must be listed on the team roster/meet entry to be eligible to swim in a relay. Late or deck entries will not be accepted. It is suggested that the hard copy be sent by certified mail, return receipt requested for proof of mailing. We will send a Hy-Tek team entry list to each team so they can check the accuracy of their entries. Psych sheets will be sent after entries are confirmed. Entry reconciliation will be done for this meet. It is each team's responsibility to make sure the entry and registration information for each of their swimmers is accurate.

Entry Deadline: March 8, 2006

Entry Submission: E-mail entry submission

Chris Branch

branch@securespeed.net

hard copy backup & entry fees

Steve Alcaide

491 Harpswell Neck Rd.

Harpswell, ME 04079

Make checks payable to **Maine Swimming Inc. (**Note: TEAMS PLEASE SEND ONE CHECK FOR YOUR TEAM'S ENTRIES)**

A team information form is attached. This must be filled out and returned with your entries. Please note that your entries will not be considered complete until this form or the information required on the form is returned.

Entry Fees: Individual Events: \$3.00/event
Relays: \$8.00/relay

Entry Limit: All swimmers in all age groups are limited to a maximum of **(3)** individual events and **(1)** relay event per day. 13 and over swimmers are limited to **(6)** individual events and **(3)** relay events for the meet. 12 and under swimmers are limited to **(9)** individual events and **(3)** relay events for the meet. If an age group swimmer is entered in a senior event they will be scored in that event as a senior.

Each team is allowed to enter relays based on the number of swimmers having individual event qualifying times within that age group as follows: 0-4 qualifiers allows 1 relay entry, 5-8 qualifiers allows 2 relay entries, 9-12 qualifiers allows 3 relay entries and so on.
10 & Under swimmers are allowed to swim in only 1 session per day.

Proof of Times: Proof of time should be submitted with each team's entries. Swimmers not swimming the cut time who did not submit proof of time with their entries will not be allowed to continue in the meet, until the seed time or better has been proven with a time from the USA-S National Times Database, Pine Tree Cluster YMCA Database, MPA High School Database or meet results. The qualifying period is from the first day of the previous winter's Combined Championships until the entry deadline for this meet and the swimmer must have been USA-S registered at the time of the qualifying swim.

Meet Director: Chris Branch / Steve Alcaide

Meet Referee: Eric Hoar/Beth Drew

Admission: \$1.00/session

Programs: The meet program will cover the 13 and over trials, the 10 & Under and the 11 & 12 age group timed finals. The cost will be \$10.00. The evening programs will have the 13-14 and Senior finals only and this program is free with the purchase of a meet program.

Eligibility: This meet is open to any swimmer who has met the qualifying times and is properly registered with Maine Swimming for 2006 in accordance with the MSI Policy & Procedures. Please note, that all swimmers must be registered by the entry deadline (March 8, 2006) to be eligible to swim in Winter Championships. Swimmers transferring into MSI from another LSC must complete their transfer by the entry deadline in order to be eligible to compete in Winter Championships. Late entries and deck registrations will **not** be allowed.

Coaches must be properly registered, have all certifications up to date and be listed on the team information form in order to be allowed on deck for this meet. Coach's registrations will be checked prior to the start of the meet.

Registrations should be sent to: Linda McCann

17 Frankwood Drive
Winslow, ME. 04901

(H) 207-873-5522

mccann5@adelphia.net

Seeding: 13 & 14 and Seniors will be seeded together at trials. 13&14 and Seniors will then be separated for finals. The 1650 will be timed finals. The 1650 will be swum on Thursday, running fastest to slowest, mixed girls and boys. The 1000 will be timed finals, with the fastest girl's and boy's heat being swum at finals. The remaining heats will be swum during trials, alternating girls and boys fastest to slowest.
10 and under and 11 & 12's will be timed finals, swimming slowest to fastest, except for the 500 Free. The 500 Free will be swum on Thursday, running fastest to slowest, mixed girls and boys.

Time Trials: These will only take place if time permits and approved by the Meet Director and Meet Referee.
\$6.00/individual event
\$16.00/relay event

Timers, Marshals and Clean-up:

Each team will be responsible for coordinating and providing timers for the specified lane, marshals for the assigned session (marshals must be USA-S registered) and clean-up following the assigned session. The assignments will be determined at the completion of meet entries and the teams will be notified by e-mail.

Note: 1650, 1000 and 11-12 and 10&Under 500 Free swimmers need to provide at least one timer for their swim, except for the 1000 swimmers competing at finals.

Team Representative:

Each team must provide the name of an individual who will act as the spokesperson for that team with respect to all meet matters.

Deck Credentials:

Only certified and meet registered coaches, session officials, registered USA swimmers and Meet Staff will be allowed on deck.

Questions: Chris Branch; 207-657-6487, branch@securespeed.net
Steve Alcaide; 207-721-3269, stevea@suscom-maine.net

Warm-ups: All swimmers shall enter feet first at the starting end of the pool. Sprint lanes will be announced during the warm up period. Headfirst dives are allowed in sprint lanes only. 10 and Unders will have designated warm-up lanes from 8:00 A.M. to 8:25 A.M.

Start Times:

Evening

Thursday

Warm-up: 4:00–4:55 P.M.

Meet Start: 5:00 P.M.

Morning

Friday, Saturday and Sunday

Warm-up: 7:00 - 8:25 A.M.

Meet Start: 8:30 A.M.

Note: From 8:00 A.M. until 8:25 A.M. 5 lanes will be dedicated to 10 and unders

Evening

Friday & Saturday

Warm-up: 4:00 – 4:55 P.M.

Meet Start: 5:00 P.M.

Sunday

3:30-4:25 P.M.

4:30 P.M.

Scoring:Individual events: 1st - 16th for 10 and Unders and 11-12 age groups
20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1Individual events: 1st – 16th for 13-14 and Seniors

30-26-24-23-21-20-18-17-14-11-9-8-6-5-3-2

Relay events: 1st - 16th

50-43-40-38-35-33-30-28-23-18-15-13-10-8-5-3

Awards:Individual: Medals 1st - 8th, Ribbons 9th - 16thRelays: Medals 1st - 3rd, Ribbons 4th - 8thGirls and Boys High Point: Trophies 1st - 8thTeam Trophies: Girls High Point 1st & 2nd
Boys High Point 1st & 2nd
Combined High Point 1st - 3rd**Scratch Rule:** Scratching from finals will be allowed in accordance with current USA Rule 207.9 D&E.**Protests:**

A meet jury will adjudicate any non-actual competition protest including the issue of misconduct. The meet jury will consist of the Meet Director, the Meet Referee, the MSI General Chair, an Athlete representative, the Coach's Representative or an appointed designee so noted to the Meet Director. Only the designated team representative or appointed designee so noted to the meet director may speak for a team concerning all meet matters.

Misconduct: any issues of conduct which occur within the meet venue are defined as, but not limited to; violation of safety guidelines, disrespect for meet management personnel, officials or fellow athletes, theft, vandalizing or possession of alcohol, tobacco or illegal drugs. More serious violations may result in legal action by the LSC or local authorities.

Liability: Maine Swimming and Bowdoin College shall be free from any liability or claims for damages by reason or injury to anyone during the conduct of the meet.

CELL PHONES ARE PROHIBITED FROM LOCKER ROOMS

Eastern Zone Championship:

Each year the Zone entries must be completed shortly after Winter Championships. Swimmers who have submitted applications by the application deadline will be eligible to qualify at this meet. Swimmers will need to declare their intentions to participate in each event he/she qualifies in as soon as possible after qualifying (unless multiple qualifying events are anticipated) and no later than the end of the swimmer's session for the day. Alternates will then qualify and should check with the Zone Table at the meet each session to declare their intentions. Any swimmer not declaring their intention to participate by the end of the meet will automatically be subject to the determination of the Zone Committee and Zone Team Coach.

REMINDERS:

- For any 200 (or shorter) trials and finals event that has 16 or less entries, the results of the morning session order will be final for the 9th thru 16th places and only the 1st thru 8th places will swim at the evening session.
- Only the top 8 swimmers will swim the finals in the 500 Free and the 400 IM. The results of the morning session order will be final for 9th thru 16th place.

DAILY EVENTS SCHEDULE

<u>GIRLS EVENT</u>	<u>CUT OFF</u>	<u>EVENT DESCRIPTION</u>	<u>CUT OFF</u>	<u>BOYS EVENT</u>
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Thursday March 16, 2006

Session 1: Warm-ups: 4:00 P.M. Start: 5:00 P.M.

1	23:34.19	13-14 1650	Free	22:55.99	1
1	22:20.99	Senior 1650	Free	21:59.99	1
2	8:35.79	10 & U 500	Free	9:02.49	2
3	7:00.99	11 – 12 500	Free	7:30.49	3

- All events will be timed finals, seeded mixed boys and girls fastest to slowest
- 1650 and 500 free swimmers must provide their own timers.
- Awards will be divided by age group and gender

DAILY EVENTS SCHEDULE

<u>GIRLS EVENT</u>	<u>CUT OFF</u>	<u>EVENT DESCRIPTION</u>	<u>CUT OFF</u>	<u>BOYS EVENT</u>
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Friday March 17, 2006

<u>Session 2:</u>		Warm-ups:	7:00 A.M.	Start:	8:30 A.M.	
5	NT	10 & U 400	Free Relay	NT	6	
7	47.79	10 & U 50	Breast	50.89	8	
9	1:23.89	13-14 100	Breast	1:25.49	10	
9	1:23.49	Senior 100	Breast	1:13.49	10	
11	1:21.29	10 & U 100	Free	1:25.09	12	
13	2:22.29	13-14 200	Free	2:21.59	14	
13	2:13.39	Senior 200	Free	2:03.19	14	
15	42.19	10 & U 50	Fly	49.69	16	
17	1:17.79	13-14 100	Fly	1:18.99	18	
17	1:12.89	Senior 100	Fly	1:05.99	18	
19	3:37.19	10 & U 200	IM	3:52.49	20	
21	14:08.89	13-14 1000	Free	13:42.09	22	
21	12:59.99	Senior 1000	Free	12:39.99	22	

- 1000 free heats will be timed finals, seeded girls-boys fastest to slowest.
- 1000 free swimmers must provide their own timers.
- The fastest heat of girls and boys 1000 free will be swum in the evening.

<u>Session 3</u>		Warm-ups:	4:00 P.M.	Start:	5:00 P.M.	
23	NT	11-12 200	Free Relay	NT	24	
25	3:03.39	11-12 200	Back	3:26.49	26	
21	-----	Senior 1000	Free	-----	22	
27	42.59	11-12 50	Breast	46.59	28	
9	-----	13-14 100	Breast	-----	10	
9	-----	Senior 100	Breast	-----	10	
29	1:09.89	11-12 100	Free	1:13.59	30	
13	-----	13-14 200	Free	-----	14	
13	-----	Senior 200	Free	-----	14	
31	36.19	11-12 50	Fly	42.79	32	
17	-----	13-14 100	Fly	-----	18	
17	-----	Senior 100	Fly	-----	18	
33	2:56.19	11-12 200	IM	3:12.99	34	
35	NT	13-14 400	Free Relay	NT	36	
37	NT	Senior 400	Free Relay	NT	38	

DAILY EVENTS SCHEDULE

<u>GIRLS EVENT</u>	<u>CUT OFF</u>	<u>EVENT DESCRIPTION</u>	<u>CUT OFF</u>	<u>BOYS EVENT</u>
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Saturday March 18, 2006

<u>Session 4:</u>		Warm-ups: 7:00 A.M.	Start: 8:30 A.M.		
39	NT	10 & U 200	Free Relay	NT	40
41	2:39.49	13-14 200	IM	2:45.99	42
41	2:31.19	Senior 200	IM	2:16.49	42
43	1:31.39	10 & U 100	IM	1:41.49	44
45	29.39	13-14 50	Free	28.59	46
45	27.89	Senior 50	Free	24.89	46
47	1:46.19	10 & U 100	Breast	2:07.89	48
49	3:13.39	13-14 200	Breast	3:05.79	50
49	2:56.59	Senior 200	Breast	2:54.09	50
51	42.59	10 & U 50	Back	45.49	52
53	1:14.79	13-14 100	Back	1:16.19	54
53	1:12.59	Senior 100	Back	1:04.59	54
55	3:00.59	10 & U 200	Free	3:21.99	56
57	6:25.69	13-14 500	Free	6:32.89	58
57	6:12.99	Senior 500	Free	5:46.69	58

<u>Session 5:</u>		Warm-ups: 4:00 P.M.	Start: 5:00 P.M.		
59	NT	11-12 200	Medley Relay	NT	60
41	-----	13-14 200	IM	-----	42
41	-----	Senior 200	IM	-----	42
61	3:11.79	11-12 200	Fly	3:50.89	62
45	-----	13-14 50	Free	-----	46
45	-----	Senior 50	Free	-----	46
63	1:18.79	11-12 100	IM	1:28.89	64
49	-----	13-14 200	Breast	-----	50
49	-----	Senior 200	Breast	-----	50
65	1:32.29	11-12 100	Breast	1:43.39	66
53	-----	13-14 100	Back	-----	54
53	-----	Senior 100	Back	-----	54
67	37.29	11-12 50	Back	40.59	68
57	-----	13-14 500	Free	-----	58
57	-----	Senior 500	Free	-----	58
69	2:33.29	11-12 200	Free	2:50.99	70
71	NT	13-14 400	Medley Relay	NT	72
73	NT	Senior 400	Medley Relay	NT	74

DAILY EVENTS SCHEDULE

<u>GIRLS EVENT</u>	<u>CUT OFF</u>	<u>EVENT DESCRIPTION</u>	<u>CUT OFF</u>	<u>BOYS EVENT</u>
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Sunday March 19, 2006

<u>Session 6:</u>		Warm-ups: 7:00 A.M.	Start: 8:30 A.M.	
75	NT	10 & U 200	Medley Relay	NT 76
77	6:08.39	13-14 400	IM	5:54.99 78
77	5:51.29	Senior 400	IM	5:31.79 78
79	1:34.59	10 & U 100	Back	1:47.19 80
81	2:44.99	13-14 200	Back	2:46.09 82
81	2:36.99	Senior 200	Back	2:23.29 82
83	35.69	10 & U 50	Free	37.19 84
85	1:04.89	13-14 100	Free	1:03.09 86
85	1:00.79	Senior 100	Free	54.79 86
87	1:43.69	10 & U 100	Fly	1:51.69 88
89	2:53.39	13-14 200	Fly	2:46.49 90
89	2:42.99	Senior 200	Fly	2:36.59 90

<u>Session 7</u>		Warm-ups: 3:30 P.M.	Start: 4:30 P.M.	
91	NT	11-12 400	Free Relay	NT 92
77	-----	13-14 400	IM	----- 78
77	-----	Senior 400	IM	----- 78
93	3:35.39	11-12 200	Breast	3:58.19 94
81	-----	13-14 200	Back	----- 82
81	-----	Senior 200	Back	----- 82
95	1:20.99	11-12 100	Back	1:27.99 96
85	-----	13-14 100	Free	----- 86
85	-----	Senior 100	Free	----- 86
97	31.29	11-12 50	Free	32.99 98
89	-----	13-14 200	Fly	----- 90
89	-----	Senior 200	Fly	----- 90
99	1:26.99	11-12 100	Fly	1:48.89 100
101	NT	13-14 200	Free Relay	NT 102
103	NT	Senior 200	Free Relay	NT 104

MSI WINTER CHAMPIONSHIPS MEET INFORMATION

Team Entry Contact (person to contact to resolve issues with entries):

Name _____

E-mail _____

Phone Nos: Home _____

Work _____

Cell _____

Coaches (list all coaches from your team who will be at the meet)

1) _____

2) _____

3) _____

4) _____

5) _____

Officials (list officials from your team who will be at the meet)

1) _____

2) _____

3) _____

4) _____

5) _____

6) _____

This form or the information on it (part of an e-mail) must be submitted with your team's entries.