

**Seacoast Swim Club**  
**Harvest Meet**  
**Sunday Nov. 13, 2005**

- SANCTION:** Maine Swimming, Inc. Sanction number: ME0506-1113
- FACILITY:** Greely High School Pool - a five lane 25-yard pool with non-turbulent lane lines, automatic timing and bleacher seating.
- SCHEDULE:** See Schedule of Events Sheet.
- FORMAT:** All events will be timed finals. 25 yard swims will be swum from the start end of pool to shallow end with manual timing.

**For questions on the meet contact:**

Mark Weisman 829-6212

- ENTRIES:** Meet Entries must be submitted via either:
- 1) HY\_TEK Commlink diskette with report copy, or
  - 2) E-MAIL zipped commlink file with report text attached
  - 3) If computer format is unavailable, teams may submit paper entries using appropriate entry forms.

**The deadline for paper entries is 6:00 pm Wednesday, November 2, 2005.**

**Computer entry information must be received no later than 11:59 pm Friday, November 4, 2005**

Send email entries to: [mweisman@maine.rr.com](mailto:mweisman@maine.rr.com)

Send USPS mailed entries to:

Mark Weisman  
17 Balsam Drive  
Cumberland, Maine 04021  
(207)829-6212

Swimmers must be USA-Swimming registered for 2005. Include swimmers'

registration number with entries.

Entries must be submitted by team with all competing swimmers included in each entry submission.

In the event the meet is over-subscribed entries may be cut on the basis of last entry received, first cut.

Swimmers are limited to 5 (five) individual events per day.

This meet is recommend for swimmers of all ages.

**FEES:** \$2.00 per individual event for HY\_TEK entries.  
**There is a \$0.50 surcharge, per event, for non HY-TEK entries.**

Please make checks payable to **Seacoast Swim Club** and mail with entries. (One check per team, please.)

Programs will be available for \$3.00 per session.

There will be a \$1.00 admission fee for spectators.

**SEEDING:** The meet will be pre-seeded and deck entries for individual events will not be accepted.

**RULES:** Current USA Swimming rules with govern all competition.  
Decisions by the meet referee will be final.

**SAFETY:** Each participating swimmer must be under the supervision of a USA-Swimming certified coach with a current USA-Swimming membership.

There will be absolutely no diving into the pool except during sprint lane warm-ups and swim event starts. All entry into the pool is from the deep end only.

Non-compliance is justification for disqualification from the meet.  
Swimmers must enter and exit the pool through the locker rooms.  
There is no food allowed in the pool area per Town of Cumberland.

**AWARDS:** **Individual events:** Ribbons awarded for 1<sup>st</sup> – 8<sup>th</sup> place.

**OTHER:** Food and beverage will be available during the meet.

Directions:

From North: Take 295 to Exit 16, take a left at the Stop sign at the end of the ramp. Take a left onto Tuttle Road (just before Tuttle Rd. Overpass). Take a right onto Tuttle Road. Follow all the way to stop light and take right onto Route 9, Greely High School 500 yards on right. Follow drive way all the way to left. Pool located on left as you enter gray doors.

From South: Take 295 North to Exit 10 Bucknam Rd in Falmouth

Take a Right onto Buknam Road

Go to second light take a right onto Route 9

Take Route 9 to Cumberland go straight through Traffic light in Cumberland.

Greely High will be on your right hand side about 500 yards.

Need more detailed directions check out

[www.seacoastswimclub.org](http://www.seacoastswimclub.org) and click on get Directions to the pool.

## Seacoast Harvest Meet 2005

Sunday Nov. 13, 2005

Greely High School Pool, Cumberland Maine

### Session 1 Warm-up 8:00-8:25 8 & Under /8:25-8:55 11-12 year old

Girls Event #	Age	Event	Age	Boys Event #
1	8& Under	25 Freestyle	8& Under	2
3	11-12	200 Individual Medley	11-12	4
5	8&Under	25 Backstroke	8& Under	6
7	11-12	100 Breaststroke	11-12	8
9	8&Under	25 Butterfly	8&Under	10
11	11-12	100 Butterfly	11-12	12
13	8&Under	25 Breaststroke	8& Under	14
15	11-12	100 Backstroke	11-12	16
17	8& Under	50 Freestyle	8& Under	18
19	11-12	100 Freestyle	11-12	20

**All 25 will start at the Start end of pool and have manual times.**

### Session 2 1:00-1:25 10 & Under / 1:25-1:55 13 & Over

Girls Event #	Age	Event	Age	Boys Event #
21	10&Under	100 Individual Medley	10&under	22
23	Senior	200 Individual Medley	Senior	24
25	10&under	50 Backstroke	10&under	26
27	Senior	200 Breaststroke	Senior	28
29	10&under	50 Butterfly	10&under	30
31	13-14	100 Butterfly	13-14	32
33	Senior	200 Butterfly	Senior	34
35	10& under	50 Breaststroke	10& under	36
37	Senior	200 Backstroke	Senior	38
39	10&under	50 Freestyle	10&under	40
41	Senior	200 Freestyle	Senior	42