

MAINE SWIMMING, INC.
Maine, New Brunswick & Nova Scotia
All Star Meet
November 11th, 2006

Location: Edwin Gamble Pool, Bath Family YMCA, Bath, Maine

Facility: Edwin Gamble Pool provides up to eight 25 yard competition lanes, plus warm-up/cool-down pool, non-turbulent lane lines, Daktronics Automatic Timing System with electronic scoreboard. Hy-Tek Meet Manager 2.0 will be used to compile results.

Sanction: Maine Swimming Sanction # ME0607-1111

Entries: All entries must be submitted by e-mail using the **Hy-Tek** format. A hard copy back up is required. All forms must have the swimmers full name (first, last, middle initial), current USA number or SNC number, seed time. Relay entries must have the team abbreviation, letter and seed time. Example (PPSC "A" 155.32).
All relay swimmers must be listed on the team roster/meet entry to be eligible to swim in a relay.
We will send a Hy-Tek team entry list to each team so they can check the accuracy of their entries. Psych sheets will be sent after entries are confirmed.
Entry reconciliation will be done for this meet. It is each team's responsibility to make sure the entry and registration information for each of their swimmers is accurate.

Entry Deadline: November 4th, 2006

Entry Submission: Thomas Branch
37 Shaker Rd.
Gray, ME. 04039
branch@securespeed.net

Make checks payable to **Maine Swimming Inc. (**Note: TEAMS
PLEASE SEND ONE CHECK FOR YOUR TEAM'S ENTRIES)**

Entry Fees: \$20.00 US per swimmer. This amount includes galactic bowling, food after the meet and all other costs.

Entry Limit: 5 individual entries per swimmer and 2 relays

Meet Director: Chris Branch

Programs: \$3.00 US

Seeding: New Brunswick Lanes 3 & 6, Nova Scotia Lanes 5 & 7 and Maine Lanes 2 & 4

Time Trials: No Time Trials will be offered at this meet.

Timers, Marshals and Clean-up: **The Maine teams will be assigned to these job responsibilities.**

Officials: Officials from New Brunswick and Nova Scotia are welcome to work this meet. There will be an officials sign in sheet on the deck by the pool office and an officials' meeting will be held prior to the meet.

Team Representative:

Each team must provide the name of an individual who will act as the spokesperson for that team with respect to all meet matters.

Deck Credentials:

Only certified and meet registered coaches, session officials, registered USA swimmers and Meet Staff will be allowed on deck.

Questions: Chris Branch; 207-657-6487, branch@securespeed.net
Laura Branch; 207-657-6487, branch@securespeed.net

Warm-ups: All swimmers shall enter feet first at the starting end of the pool. Sprint lanes will be announced during the warm up period. Headfirst dives are allowed in sprint lanes only.

Start Times: Warm-up: 4:00 P.M. Eastern Time
Meet Start: 5:00P.M. Eastern Time

Scoring: Individual Events: 6-4-3-2-1-0 Relays: 8-4-0

Awards: Overall Trophy awarded to the team with the most points.

Protests: A meet jury will adjudicate any non-actual competition protest including the issue of misconduct.
Misconduct: any issues of conduct which occur within the meet venue are defined as, but not limited to; violation of safety guidelines, disrespect for meet management personnel, officials or fellow athletes, theft, vandalizing or possession of alcohol, tobacco or illegal drugs. More serious violations may result in legal action by the LSC or local authorities.

Liability: Maine Swimming and Bath Family YMCA shall be free from any liability or claims for damages by reason or injury to anyone during the conduct of the meet.

Social: There will be food served at the Bath YMCA after the meet for all swimmers and team and meet personnel. After that swimmers and team personnel are invited to participate in Galactic Bowling in Brunswick. Teams to provide their own transportation, directions will be provided.

CELL PHONES ARE PROHIBITED FROM LOCKER ROOMS

EVENTS SCHEDULE

GIRLS

EVENT DESCRIPTION

BOYS

Saturday November 11th, 2006

Warm-ups: 4:00 P.M. (EST)

Start: 5:00 P.M. (EST)

1	11-12 200 Medley Relay	2
3	13-14 200 Medley Relay	4
5	15-18 200 Medley Relay	6
7	11-12 500 Free	8
9	13-14 500 Free	10
11	15-18 500 Free	12
13	11-12 200 IM	14
15	13-14 200 IM	16
17	15-18 200 IM	18
19	11-12 50 Fly	20
21	11-12 100 Fly	22
23	13-14 100 Fly	24
25	15-18 100 Fly	26
27	11-12 200 Back	28
29	13-14 200 Back	30
31	15-18 200 Back	32
33	11-12 50 Free	34
35	13-14 50 Free	36
37	15-18 50 Free	38
39	11-12 50 Breast	40
41	11-12 100 Breast	42
43	13-14 100 Breast	44
45	15-18 100 Breast	46
	15 Minute Break	
47	13-14 1000 Free	48
49	15-18 1000 Free	50
51	11-12 100 Free	52
53	13-14 100 Free	54
55	15-18 100 Free	56
57	11-12 200 Fly	58
59	13-14 200 Fly	60
61	15-18 200 Fly	62
63	11-12 50 Back	64
65	11-12 100 Back	66
67	13-14 100 Back	68
69	15-18 100 Back	70
71	11-12 200 Free	72
73	13-14 200 Free	74
75	15-18 200 Free	76
77	11-12 200 Breast	78
79	13-14 200 Breast	80
81	15-18 200 Breast	82

83	13-14 400 IM	84
85	15-18 400 IM	86
87	11-12 200 Free Relay	88
89	13-14 200 Free Relay	90
91	15-18 200 Free Relay	92

Motels:

Fairfield Inn & Suites Marriott 207- 721-0300
 130 Pleasant St.
 Brunswick, Maine

Comfort Inn 207- 729-1129
 199 Pleasant St.
 Brunswick, Maine

Holiday Inn (Less than 2 miles from pool)
 139 Richardson St. 207-443-9741
 Bath, Maine

Econo Lodge 207- 729-9991
 215 Pleasant St.
 Brunswick, Maine

Super 8 Motel 207- 725-8883
 224 Bath Rd.
 Brunswick, Maine

The motels in Brunswick are 10 to 15 minutes from the pool. There are also a number of motels in Freeport, which is 20 minutes from the pool.