

**JAMIE HIGGINS SCHOLARSHIP MEET
AND JAMIE HIGGINS OPEN
SATURDAY – OCTOBER 21, 2006
DONALD RICHARDS POOL, CAPE ELIZABETH, ME.**

SANCTIONED BY: Maine Swimming, Inc. Sanction #ME0607-1021

HOSTED BY: Coastal Maine Aquatics

MEET DIRECTOR: Mark Leavitt

MEET LOCATION: Donald Richards Pool – Cape Elizabeth High School
345 Ocean House Road (Route 77)
Cape Elizabeth, Maine 04107

FACILITY: Donald Richards Pool, 25 yards, six lanes, non-turbulent
Lane lines, Colorado Automatic Timing System with
electronic scoreboard. Ample parking.

ENTRY DEADLINE: Entries submitted on Hy-tek commlink disks must be
received by October 12, 2006 at 6:00 PM. Entries
by hardcopy must be received by October 10, 2006. We
will make every effort to accommodate swimmers,
however we cannot guarantee that late entries or entries
that, in the opinion of the Meet Director, would result in
exceeding the meet time limit, will be entered. Deck
entries will not be allowed.

**ENTRIES AND
QUESTIONS:** Mark A. Leavitt
578 Washington Ave., Apt. 2
Portland, ME 04103
Phone: 207-828-7925
Email: mleavitt4@maine.rr.com

ENTRY FEES: \$2.00 per event, \$6.00 per relay, payable to CMA.
**Payment for entries is due within four (4) business days
of the entry deadline. Team entries will not be
considered official until after the payment is made.** One
check from each team, payable to “Coastal Maine
Aquatics”, will be accepted.

FORMATS AND AWARDS:

Jamie Higgins Scholarship Meet Only: This is a Maximum Time Standard Meet. Entry times must be no faster than the times listed. All events are pre-seeded timed finals. Ribbons will be awarded to the top six finishers in each event including relays.

Jamie Higgins Open: These events are open to all swimmers not qualified to swim in the Jamie Higgins Scholarship Meet. Events are open to all ages. Events will be swum as pre-seeded timed finals. No awards will be given for these events.

ELIGIBILITY/RULES:

All swimmers must be USA Swimming registered. Age is as of October 21, 2006. USA Swimming Code shall apply. Swimmers may enter no more than five events per session.

SCORING:

This meet will not be scored.

TIME TRIALS:

There will be no Time Trials.

WARM UP:

Warm up lanes will be assigned after receipt of entries. A copy of the lane assignment and time will be provided to coaches prior to the meet and in their meet packet.

ADMISSION:

\$1.00 per session. Programs will be available for a nominal fee. As directed by the Town of Cape Elizabeth **NO** food or beverages, other than water, will be permitted in the pool area.

CONCESSIONS:

Food and beverages will be available for purchase. A dining area will also be available.

K & B Swimwear will be on site with swimming equipment and accessories.

NOTES:

ALL USA SWIMMING RULES APPLY.

Feet first entry only at the starting block end of the pool. Lanes will be designated as sprint lanes during the warm up.

We are guests of the Town of Cape Elizabeth and the Donald Richards Pool. Swimmers and spectators must Follow all Town rules or be asked to leave the pool area.

SCHEDULE OF EVENTS

THE JAMIE HIGGINS SCHOLARSHIP MEET EVENTS ARE MAXIMUM TIME STANDARD EVENTS. ENTRY TIMES MUST BE NO FASTER THAN THE TIMES LISTED.

SESSION ONE

First Warm Up 7:30-8:00 AM, Second Warm Up 8:00-8:30 AM

Start 8:40 AM

GIRLS

EVENT

BOYS

1.	Open 200 Individual Medley	1.
2.	8 & Under 100 Medley Relay	3.
4.	11-12 200 Medley Relay	5.
6.	Open 200 Butterfly	6.
7.	8 & Under 25 Butterfly	8.
9. 32.69	11-12 50 Butterfly	10. 32.39
11.	Open 200 Backstroke	11.
12.	8 & Under 25 Backstroke	13.
14. 34.29	11-12 50 Backstroke	15. 33.99
16.	Open 200 Breaststroke	16.
17.	8 & Under 25 Breaststroke	18.
19. 37.99	11-12 50 Breaststroke	20. 37.59

21.	8 & Under 25 Freestyle	22.
23. 29.89	11-12 50 Freestyle	24. 28.69
25.	Open 100 Freestyle	25.
26.	8 & Under 100 IM	27.
28. 1:14.39	11-12 100 IM	29. 1:12.79

SESSION TWO

Warm Up: No earlier than 12:00 PM or one hour after the completion of Session One. First Warm Up 12:00-12:30; Second Warm Up 12:30-1:00.

Start: No earlier than 1:00PM

<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
30.	10& Under 200 Medley Relay	31.
32.	13 & Over 200 Medley Relay	33.
34.	Open 100 Butterfly	34.
35. 37.29	10 & Under 50 Butterfly	36. 36.69
37. 1:08.39	13 & Over 100 Butterfly	38. 1:04.09
39.	Open 100 Backstroke	39.
40. 38.19	10 & Under 50 Backstroke	41. 38.49
42. 2:29.69	13 & Over 200 Backstroke	43. 2:19.49
44.	Open 100 Breaststroke	44.
45. 41.99	10 & Under 50 Breaststroke	46. 42.49
47. 2:47.99	13 & Over 200 Breaststroke	48. 2:36.29
49.	Open 50 Freestyle	49.
50. 32.39	10 & Under 50 Freestyle	51. 31.89
52. 28.79	13 & Over 50 Freestyle	53. 26.59
54. 1:23.19	10 & Under 100 IM	55. 1:21.29
56. 2:31.49	13 & Over 200 IM	57. 2:22.49