

**Coastal Maine Aquatics
2007 Summer Splash
June 22nd & 23rd, 2007**

SANCTIONED BY: Maine Swimming, Inc. Sanction # ME0607-0622

HOSTED BY: Coastal Maine Aquatics

MEET DIRECTOR: Mark Leavitt

MEET REFEREE: John Moreshead

MEET LOCATION:

The Donald L. Richards Pool, Cape Elizabeth High School, 345 Ocean House Road (Route 77), Cape Elizabeth, Maine 04107.

FACILITY:

The Donald L. Richards Pool is a 25 yard, six lane swimming pool with non-turbulent lane lines, Colorado Automatic Timing System, and electronic scoreboard with six lane display. Ample parking is available in several lots on the high school campus.

For this meet one lane will be available as a continuous warm up/cool down lane. Entry to this lane will be from the access ramp to the turn (shallow) end of the pool. Swimmers must show courtesy to their fellow swimmers in the competition lanes by not stopping at the starting block end of the lane.

ENTRY DEADLINE:

Entries submitted on Hy-Tek commlink discs must be received either by email attachment or through the mail by Thursday, June 14, 2007 at 6:00PM EST. Entries submitted by hardcopy must be received by Monday, June 11, 2007. We will make every effort to accommodate swimmers, however we cannot guarantee that late entries or entries that, in the opinion of the Meet Director, would result in exceeding the meet time limit, will be entered. Deck entries will be allowed at the discretion of the Meet Referee and Meet Director.

**ENTRIES AND
QUESTIONS:**

Mark Leavitt
578 Washington Ave., Apt. 2
Portland, ME 04103
E-Mail: mleavitt4@maine.rr.com
Phone 207-828-7925

ENTRY FEES:

Entry Fee is \$2.00 per event payable to Coastal Maine Aquatics. **Payment for entries is due within four (4) business days of the entry deadline. Team entries will not be considered official until after the payment is made.** One check from each team, payable to Coastal Maine Aquatics, will be accepted.

Time Trial payment is expected at the time the Time Trial is requested.

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ENTRY TIMES:

All entries must be specified in short-course yard (25 yard pool) times. Meter times must be converted to yard times. Entries with “NO TIME” will be accepted.

FORMATS AND AWARDS:

All events are pre-seeded timed finals. Events will be seeded and swum as mixed gender based on entry times. Ribbons will be awarded to the top six finishers in each event by gender and age group (10 and Under, 11-12, 13-14, and Senior). **Entries for events over 200 yards in Session 1 must meet the Qualifying Time listed for that event.** Session 1 will be Open to all age groups, Session 2 will be for 12 and Under only, and Session 3 will be Open to all age groups.

ELIGIBILITY/RULES:

All swimmers must be USA Swimming registered. Age is as of June 22, 2007. **USA Swimming Code shall apply.** Swimmers may enter no more than five (5) events per Session. **As directed by the Town of Cape Elizabeth, NO food or beverages, other than water, will be permitted in the pool area.** Electronic devices with the ability to take photographs or digital images are prohibited from the locker rooms.

Swimmers must follow the instructions of the Safety Marshall regarding appropriate behavior on the pool deck or be disqualified from the meet.

ENTRY LIMITS:

Swimmers may be entered in no more than five (5) individual events per day.

SCORING:

This meet will not be scored.

TIME TRIALS:

Time Trials will be offered at the discretion of the Meet Referee and Meet Director if conducting such trials will not exceed the four hour session time limit. Time Trials will be limited to only those events being swum in each session.

WARM UP:

Warm up lanes will be assigned after receipt of entries. A copy of the lane assignment and time will be provided to coaches prior to the meet and in their meet information packets. **Feet first entry only at the starting block end of the pool is mandatory. Coaches may start one way sprints in their lanes when ready.**

Warm-Up Schedule:

Session 1:	Friday, June 22	Warm-up 5:00 PM	Start 6:00 PM
Session 2:	Saturday, June 23	Warm-up 8:30 AM	Start 9:30 AM

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Session 3: Saturday, June 23
Warm-up: 12:30 PM,
Start: 1:30 PM

ADMISSION:

Admission is \$1.00 per person per session. Meet Programs with heat and lane assignments for the entire meet will be available for purchase for a nominal fee.

CONCESSIONS:

Food and beverages will be available for purchase at the CMA Café located in the hallway off the pool lobby. Weather permitting there will be a traditional summer cook out with picnic table seating to the left of the pool entrance.

K & B Sportswear will be on site Saturday with swimming equipment and accessories for purchase.

EVENTS:

**Friday, June 22, 2006
Session 1, Open Age Group
Warm Up 5:00PM, Start 6:00PM**

Event #1 400IM Faster than 5:31.99
Event #2 50 Free
15 minute warm-up
Event #3 200 IM
Event #4 1000 Free Faster than 12:48.89

**Saturday, June 23, 2006
Session 2, 12 and Under
Warm Up 8:30AM, Start 9:30AM**

Event #5 100 Free
Event #6 50 Fly
Event #7 100 Breast
Event #8 50 Back
Event #9 500 Free
Event #10 50 Free
Event #11 100 Back
Event #12 50 Breast
Event #13 100 Fly

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**Saturday, June 23, 2005
Session 3, Open
Warm Up 12:30PM, Start 1:30PM**

Event #14	200 Fly
Event #15	100 Free
Event #16	200 Breast
Event #17	200 Back
Event #18	100 Fly
Event #19	200 Free
Event #20	100 Breast
Event #21	100 Back

**WE ARE GUESTS OF THE TOWN OF CAPE ELIZABETH
AND THE DONALD L. RICHARDS POOL. SWIMMERS AND
SPECTATORS MUST FOLLOW ALL TOWN RULES OR BE
ASKED TO LEAVE THE POOL AREA.**