

**MAINE SWIMMING INC.**  
**Winter Combined Championships**  
**March 6-9, 2008**

**Location:** Stanley M. Wallace Pool, University of Maine, Orono, Maine

**Sanction:** Maine Swimming, Inc. Sanction # ME0708-0306

**Parking:** Parking will not be allowed near the Alford/Field House/Pool during the Friday PM and Saturday PM sessions (sessions 3 and 5). Parking will be available near the Arts Center and a shuttle bus will be available to ferry people between the pool and parking lot.

**Meet Format:** The 10&U and 11-12 age groups will swim timed finals and the 13-14 and Senior age groups will swim trials and finals. The finals will consist of 2 heats (Championship and Consolation) with 17 or more entries and 1 heat (Championship) in events with 16 or less entries; except for the 400IM and 500 Free, which will only have 1 heat regardless of the number of entries, and the 1650 and 1000 Frees, which are timed finals.

**Entries:** All entries must be submitted by e-mail or on disc using the **Hy-tek** format. A hard copy back up is required. All forms must have the swimmers full name (first, last, middle initial), current USA number, seed time and **qualifying time meet reference** (proof of time). Relay entries must have the team abbreviation, letter and seed time. Example (PPSC "A" 1:55.32). Qualifying entries in SCY will be seeded first. **Do not convert times.** Nonconforming times will then be seeded in SCM and LCM order. Swimmers must be entered in either the Age Group or Senior portion of the meet. All relay swimmers must be listed on the team roster/meet entry submitted at the meet entry deadline to be eligible to swim in a relay. Late or deck entries will not be accepted. It is suggested that the hard copy be sent by certified mail, return receipt requested for proof of mailing. We will send a Hy-Tek team entry list to each team so they can check the accuracy of their entries. Psych sheets will be sent after entries are confirmed. Registration reconciliation will be done for this meet. **It is each team's responsibility to make sure the entry and registration information for each of their swimmers is accurate.**

**Entry Deadline:** February 28, 2008

**Entry Submission:** E-mail entry submission: Thomas Branch  
[winterchampsentries@maineswimming.org](mailto:winterchampsentries@maineswimming.org)

Hard copy backup and entry fees: Chris Branch  
37 Shaker Rd.  
Gray, ME 04039

Make checks payable to **MAINE SWIMMING INC.** (\*\*Note: **TEAMS PLEASE SEND ONE CHECK FOR YOUR TEAM'S ENTRIES**)

**Checks must be received prior to the start of the meet.**

A team information form is attached. This must be filled out and returned with your e-mailed entries. **Please note that your entries will not be considered complete until this form or the information required on the form is returned.**

<b>Entry Fees:</b>	<u>11-12, 10 &amp; Under</u>	<u>13-14, Senior</u>
Individual Events:	\$3.00/event	\$4.00/event
Relays:	\$12.00/relay	\$12.00/relay

**Entry Limit:** All swimmers in all age groups are limited to a maximum of **(3)** individual events and **(1)** relay event per day. 12 and under swimmers are limited to **(9)** individual events and **(3)** relay events for the meet. 13 and over swimmers are limited to **(6)** individual events and **(4)** relay events for the meet. Swimmers are limited to one relay per day. If an age group swimmer is entered in a senior event they will be scored in that event as a senior.

Each team is allowed to enter relays in an age group based on the number of swimmers having individual event qualifying times within that age group as follows: 0-4 qualifiers allows 1 relay entry, 5-8 qualifiers allows 2 relay entries, 9-12 qualifiers allows 3 relay entries and so on. 10 & Under swimmers are allowed to swim in only 1 session per day.

**Proof of Times:** Proof of time should be submitted with each team's entries. Swimmers not swimming the cut time who did not submit proof of time with their entries will not be allowed to continue in the meet, until the seed time or better has been proven with a time from the USA-S National Times Database, Pine Tree Cluster YMCA Database, MPA High School Database or meet results. The qualifying period is from the first day of the previous winter's Combined Championships until the entry deadline for this meet.

**Meet Director:** Chris Branch

**Meet Referee:** John Moreshead

**Questions:** Chris Branch; (207) 657-6487, [meetdirector@maineswimming.org](mailto:meetdirector@maineswimming.org)

**Admission:** \$2.00/session

**Programs:** The meet program will cover the 13 and over trials, the 10 & Under and the 11 & 12 age group timed finals. The cost will be \$10.00. The evening programs will have the 13-14 and Senior finals only and this program is free with the purchase of a meet program and will be sold for \$2 for those who do not have a meet program.

**Eligibility:** This meet is open to any swimmer who has met the qualifying times and is properly registered with Maine Swimming for 2008 in accordance with the MSI Policy & Procedures. Please note, that all swimmers must be registered by the entry deadline (February 28, 2008) to be eligible to swim in Winter Championships. Swimmers transferring into MSI from another LSC must complete their transfer by the entry deadline in order to be eligible to compete in Winter Championships. Late entries and deck registrations will **not** be allowed.

**Coaches must be properly registered, have all certifications up to date and be listed on the team information form in order to be allowed on deck for this meet.** Coach's registrations will be checked prior to the start of the meet.

Registrations should be sent to: Lu Ryan  
19 Jameco Mill Rd.  
Scarborough, ME 04074-8215  
(207) 885-0435  
[LJKLM@verizon.net](mailto:LJKLM@verizon.net)

**Seeding:** 13 & 14 and Seniors will be seeded together at trials. 13&14 and Seniors will then be separated for finals. The 1650 will be timed finals and will be swum on Thursday, running fastest to slowest, mixed girls and boys. The 1000 will be timed finals, with the fastest girl's and boy's heat being swum at finals. The remaining heats will be swum during trials, alternating girls and boys fastest to slowest. **1650 and 1000 swimmers must provide their own timers, except for the two 1000 heats swum at finals.**

10 and Under and 11 & 12's will be timed finals, swimming slowest to fastest, except for the 500 Free. The 500 Free will be swum on Thursday, running fastest to slowest, mixed girls and boys. **These swimmers must provide their own timers.**

**Time Trials:** These will only take place if time permits and approved by the Meet Director and Meet Referee.  
\$12.00/individual event  
\$24.00/relay event

**Timers, Marshals and Clean-up:** Each team will be responsible for coordinating and providing timers for the specified lane, marshals for the assigned session (**marshals do not need to be USA-S registered**), clean-up following the assigned session and other duties as assigned. The assignments will be determined at the completion of meet entries and the teams will be notified by e-mail.

**Note: 1650, 1000 and 11-12 and 10&Under 500 Free swimmers need to provide at least one timer for their swim, except for the 1000 swimmers competing in the finals session.**

**Team Representative:** Each team must provide the name of an individual who will act as the spokesperson for that team with respect to all meet matters on the Meet Information Form.

**Deck Credentials:** Only certified and meet registered coaches, session officials, registered USA swimmers and Meet Staff will be allowed on deck.

**Warm-ups:** All swimmers shall enter feet first using the sit and slide method at the starting end of the pool. Sprint lanes will be announced during the warm up period. Headfirst dives are allowed in sprint lanes only. A warm up schedule will be provided after receipt of entries for all sessions, except Thursday night.

**Start Times:**

Evening

**Thursday**

Warm-up: 3:15–4:25 P.M.

Meet Start: 4:30 P.M.

Morning

**Friday, Saturday and Sunday**

Warm-up: 7:00 - 8:25 A.M.

Meet Start: 8:30 A.M.

Evening

**Friday & Saturday**

Warm-up: 3:45 – 4:55 P.M.

Meet Start: 5:00 P.M.

**Sunday**

3:15-4:25 P.M.

4:30 P.M.

**Scoring:**

Individual events: 1<sup>st</sup> - 16<sup>th</sup> for 10 and Under and 11-12 age groups

20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Individual events: 1<sup>st</sup> – 16<sup>th</sup> for 13-14 and Senior age groups

30-26-24-23-21-20-18-17-14-11-9-8-6-5-3-2

Relay events: 1<sup>st</sup>-16<sup>th</sup> for 10 and Under and 11-12 age groups

67-58-54-51-47-44-40-38-31-24-20-18-14-11-7-4

Relay events: 1<sup>st</sup> - 16<sup>th</sup> for 13-14 and Senior age groups

50-43-40-38-35-33-30-28-23-18-15-13-10-8-5-3

**Awards:** Individual: Medals 1<sup>st</sup> - 8<sup>th</sup>, Ribbons 9<sup>th</sup> - 16<sup>th</sup>  
Relays: Medals 1<sup>st</sup> - 3<sup>rd</sup>, Ribbons 4<sup>th</sup> - 8<sup>th</sup>  
Girls and Boys High Point: Trophies 1<sup>st</sup> - 8<sup>th</sup>  
Team Trophies: Girls Each Age Group 1<sup>st</sup>  
Boys Each Age Group 1<sup>st</sup>  
Girls High Point 1<sup>st</sup> & 2<sup>nd</sup>  
Boys High Point 1<sup>st</sup> & 2<sup>nd</sup>  
Combined High Point 1<sup>st</sup> - 3<sup>rd</sup>

**Scratch Rule:** Scratching from finals will be allowed in accordance with current USA Rule 207.9 D&E and the MSI Policy and Procedures.

**Protests:** A meet jury will adjudicate any non-actual competition protest including the issue of misconduct. The meet jury will consist of the Meet Director, the Meet Referee, the MSI General Chair, an Athlete representative, the Coach's Representative or an appointed designee so noted to the Meet Director. Only the designated team representative or appointed designee so noted to the meet director may speak for a team concerning all meet matters.

Misconduct: any issues of conduct which occur within the meet venue are defined as, but not limited to; violation of safety guidelines, disrespect for meet management personnel, officials or fellow athletes, theft, vandalizing or possession of alcohol, tobacco or illegal drugs. More serious violations may result in legal action by the LSC or local authorities.

**Liability:** Maine Swimming, Inc. and University of Maine shall be free from any liability or claims for damages by reason or injury to anyone during the conduct of the meet.

## **CELL PHONES ARE PROHIBITED FROM LOCKER ROOMS**

**Eastern Zone Championship:** Each year the Zone entries must be completed shortly after Winter Championships. Swimmers qualify for Zones based on his/her swims at Winter Championships. **Swimmers do not need to fill out an application form prior to the meet in order to be eligible for Zones.** Swimmers who qualify will need to declare their intentions to participate in each event he/she qualifies in as soon as possible after qualifying (unless multiple qualifying events are anticipated) and no later than the end of the swimmer's session for that day. Alternates will then qualify and should check with the Zone Table during each session to declare their intentions. For more information see the Zone page at [www.maineswimming.org](http://www.maineswimming.org).

**REMINDERS:**

- For any 200 (or shorter) trials and finals event that has 16 or less entries, the results of the morning session order will be final for the 9<sup>th</sup> thru 16<sup>th</sup> places and only the 1<sup>st</sup> thru 8<sup>th</sup> places will swim at the evening session.
- Only the top 8 swimmers will swim the finals in the 500 Free and the 400 IM. The results of the morning session order will be final for 9<sup>th</sup> thru 16<sup>th</sup> place.
- Swimmers in the 10 & Under and 11-12 500 frees and 13-14 and Senior 1000 and 1650 frees need to provide one timer for their swim, except for the 1000 swimmers competing at finals.
- The MSI Policy and Procedures requires teams with more than 15 entries in the meet to have one USA-S registered non-athlete available for jobs as assigned for each session.
- Parking will not be allowed near the Alfond/Field House/Pool during the Friday and Saturday PM sessions (sessions 3 and 5). Parking will be available near the Arts Center and a shuttle bus will be available to ferry people between the pool and parking lot.

**DAILY EVENTS SCHEDULE**

*Thursday March 6, 2008*

Session 1: Warm-ups: 3:15 P.M. Start: 4:30 P.M

<u>GIRLS EVENT</u>	<u>CUT OFF</u>	<u>EVENT DESCRIPTION</u>	<u>CUT OFF</u>	<u>BOYS EVENT</u>
1	NT	13-14 200 Medley Relay	NT	2
3	NT	Senior 200 Medley Relay	NT	4
5	8:35.79	10 & U 500 Free	9:02.49	5
6	7:00.99	11 – 12 500 Free	7:30.49	6
7	23:34.19	13-14 1650 Free	22:55.99	7
7	22:20.99	Senior 1650 Free	21:59.99	7

- All events will be timed finals, seeded mixed boys and girls fastest to slowest
- 1650 and 500 free swimmers must provide their own timers.
- Awards will be divided by age group and gender

## DAILY EVENTS SCHEDULE

*Friday March 7, 2008*

Session 2:      Warm-ups:    7:00 A.M.      Start:    8:30 A.M

GIRLS EVENT	CUT OFF	EVENT DESCRIPTION		CUT OFF	BOYS EVENT
9	NT	10 & U 400	Free Relay	NT	10
11	47.79	10 & U 50	Breast	51.89	12
13	1:23.89	13-14 100	Breast	1:25.49	14
13	1:21.49	Senior 100	Breast	1:13.49	14
15	1:21.29	10 & U 100	Free	1:27.09	16
17	2:22.29	13-14 200	Free	2:21.59	18
17	2:13.39	Senior 200	Free	2:03.19	18
19	42.19	10 & U 50	Fly	49.69	20
21	1:17.79	13-14 100	Fly	1:18.99	22
21	1:10.89	Senior 100	Fly	1:03.99	22
23	3:37.19	10 & U 200	IM	3:52.49	24
25	14:08.89	13-14 1000	Free	13:42.09	26
25	12:59.99	Senior 1000	Free	12:39.99	26

- 1000 free heats will be timed finals, seeded girls-boys fastest to slowest.
- 1000 free swimmers must provide their own timers.
- The fastest heat of girls and boys 1000 free is swum in the evening.

Session 3      Warm-ups:    3:45 P.M.      Start:    5:00 P.M.

GIRLS EVENT	CUT OFF	EVENT DESCRIPTION		CUT OFF	BOYS EVENT
27	NT	11-12 200	Free Relay	NT	28
29	NT	13-14 400	Free Relay	NT	30
31	NT	Senior 400	Free Relay	NT	32
33	3:03.39	11-12 200	Back	3:26.49	34
25	-----	Senior 1000	Free	-----	26
35	42.59	11-12 50	Breast	46.59	36
13	-----	13-14 100	Breast	-----	14
13	-----	Senior 100	Breast	-----	14
37	1:09.89	11-12 100	Free	1:13.59	38
17	-----	13-14 200	Free	-----	18
17	-----	Senior 200	Free	-----	18
39	36.19	11-12 50	Fly	41.79	40
21	-----	13-14 100	Fly	-----	22
21	-----	Senior 100	Fly	-----	22
41	2:56.19	11-12 200	IM	3:12.99	42

# DAILY EVENTS SCHEDULE

*Saturday March 8, 2008*

## Session 4:

Warm-ups: 7:00 A.M.

Start: 8:30 A.M.

GIRLS EVENT	CUT OFF	EVENT DESCRIPTION		CUT OFF	BOYS EVENT
43	NT	10 & U 200	Free Relay	NT	44
45	2:39.49	13-14 200	IM	2:45.99	46
45	2:31.19	Senior 200	IM	2:16.49	46
47	1:31.39	10 & U 100	IM	1:41.49	48
49	29.39	13-14 50	Free	28.59	50
49	27.89	Senior 50	Free	24.89	50
51	1:46.19	10 & U 100	Breast	2:07.89	52
53	3:13.39	13-14 200	Breast	3:05.79	54
53	2:56.59	Senior 200	Breast	2:54.09	54
55	42.59	10 & U 50	Back	45.49	56
57	1:14.79	13-14 100	Back	1:16.19	58
57	1:10.59	Senior 100	Back	1:04.59	58
59	3:04.59	10 & U 200	Free	3:21.99	60
61	6:25.69	13-14 500	Free	6:32.89	62
61	6:12.99	Senior 500	Free	5:46.69	62

## Session 5:

Warm-ups: 3:45 P.M.

Start: 5:00 P.M.

GIRLS EVENT	CUT OFF	EVENT DESCRIPTION		CUT OFF	BOYS
63	NT	13-14 400	Medley Relay	NT	64
65	NT	Senior 400	Medley Relay	NT	66
67	NT	11-12 200	Medley Relay	NT	68
45	-----	13-14 200	IM	-----	46
45	-----	Senior 200	IM	-----	46
69	3:11.79	11-12 200	Fly	3:50.89	70
49	-----	13-14 50	Free	-----	50
49	-----	Senior 50	Free	-----	50
71	1:18.79	11-12 100	IM	1:26.89	72
53	-----	13-14 200	Breast	-----	54
53	-----	Senior 200	Breast	-----	54
73	1:32.19	11-12 100	Breast	1:43.39	74
57	-----	13-14 100	Back	-----	58
57	-----	Senior 100	Back	-----	58
75	37.29	11-12 50	Back	40.59	76
61	-----	13-14 500	Free	-----	62
61	-----	Senior 500	Free	-----	62
77	2:33.29	11-12 200	Free	2:46.99	78



# DAILY EVENTS SCHEDULE

*Sunday March 9, 2008*

Session 6: Warm-ups: 7:00 A.M. Start: 8:30 A.M.

GIRLS EVENT	CUT OFF	EVENT DESCRIPTION		CUT OFF	BOYS EVENT
79	NT	10 & U 200	Medley Relay	NT	80
81	6:08.39	13-14 400	IM	5:54.99	82
81	5:51.29	Senior 400	IM	5:27.79	82
83	1:34.99	10 & U 100	Back	1:47.19	84
85	2:44.99	13-14 200	Back	2:46.09	86
85	2:36.99	Senior 200	Back	2:23.29	86
87	35.69	10 & U 50	Free	37.19	88
89	1:04.89	13-14 100	Free	1:03.09	90
89	1:00.79	Senior 100	Free	54.79	90
91	1:43.69	10 & U 100	Fly	1:53.69	92
93	2:53.39	13-14 200	Fly	2:46.49	94
93	2:42.99	Senior 200	Fly	2:36.59	94

Session 7 Warm-ups: 3:15 P.M. Start: 4:30 P.M.

GIRLS EVENT	CUT OFF	EVENT DESCRIPTION		CUT OFF	BOYS EVENT
95	NT	13-14 200	Free Relay	NT	96
97	NT	Senior 200	Free Relay	NT	98
99	NT	11-12 400	Free Relay	NT	100
81	-----	13-14 400	IM	-----	82
81	-----	Senior 400	IM	-----	82
101	3:31.39	11-12 200	Breast	3:53.19	102
85	-----	13-14 200	Back	-----	86
85	-----	Senior 200	Back	-----	86
103	1:20.99	11-12 100	Back	1:27.99	104
89	-----	13-14 100	Free	-----	90
89	-----	Senior 100	Free	-----	90
105	31.29	11-12 50	Free	32.99	106
93	-----	13-14 200	Fly	-----	94
93	-----	Senior 200	Fly	-----	94
107	1:24.99	11-12 100	Fly	1:46.89	108

# MSI WINTER CHAMPIONSHIPS

## MEET INFORMATION

**Team Entry Contact** (person to contact to resolve issues with entries):

Name \_\_\_\_\_

E-mail \_\_\_\_\_

Phone Nos: Home \_\_\_\_\_

Work \_\_\_\_\_

Cell \_\_\_\_\_

**Team Representative:** \_\_\_\_\_

**Coaches** (list all coaches from your team who will be at the meet)

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

4) \_\_\_\_\_

5) \_\_\_\_\_

**Officials** (list officials from your team who will be at the meet)

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

4) \_\_\_\_\_

5) \_\_\_\_\_

6) \_\_\_\_\_

**This form or the information on it (part of an e-mail) must be submitted with your e-mailed team entries.**