

MAINE SWIMMING INC.
Summer Combined Championships
July 23rd – 26th, 2008

Location: Canada Games Aquatic Centre
50 Union Street
Saint John, New Brunswick, Canada

Sanction: Maine Swimming, Inc. Sanction # ME0708-0723 IC

Meet Format: The 10 & Under and 11-12 age groups will swim timed finals and the 13-14 and Senior age groups will swim trials and finals, except for the 800 and 1500 Frees which are timed finals. The finals will consist of 3 heats (A, B & C heats) in an event with 25 or more entries, 2 heats (A & B heats) with 17 or more entries and 1 heat (A heat) in events with 16 or less entries; except for the 400 IM and the 400 Free, which will only have 1 heat regardless of the number of entries.

Entries: All entries must be submitted by e-mail or on disc using the **Hy-tek** format. A hard copy back up is required. All forms must have the swimmers full name (first, last, middle initial), current USA number, and seed time. Relay entries must have the team abbreviation, letter and seed time. Example (SEAL "A" 1:55.32). All relay swimmers must be listed on the team roster/meet entry at the meet entry deadline to be eligible to swim a relay. **Entries for timed final events will be converted to Long Course Meters and entries for prelim events will be seeded in the following order long course meters (LCM), short course meters (SCM) and then short course yards (SCY). SCY and SCM times should not be converted to LCM prior to being submitted.**

Late or deck entries will not be accepted. Swimmers must be entered in either the Age Group or Senior portion of this meet. We will send a Hy-Tek team entry list to each team so they can check the accuracy of their entries. Please review this and respond immediately even if there are no corrections. Psych sheets will be sent after entries are confirmed.

All swimmers must be registered USA-S or SNC members. Registration reconciliation will be done for this meet. It is each team's responsibility to make sure the entry and registration information for each of their swimmers is accurate.

Entry Deadline: July 15, 2008

Entry Submission: E-mail entry submission: Thomas Branch
summerchampsentries@maineswimming.org

Hard copy backup and entry fees: Chris Branch
37 Shaker Rd.
Gray, ME. 04039

Make checks payable to Maine Swimming Inc. **(NOTE: TEAMS PLEASE SEND ONE CHECK FOR YOUR TEAM'S ENTRIES** and send by regular mail, **no** return receipt, confirmation of receipt will be by e-mail)

A team information form is attached. This must be filled out and returned with your e-mailed entries. Please note that your entries will not be considered complete until this form or the information required on the form is returned.

Entry Limit: All swimmers in all age groups are limited to a maximum of **(3)** individual events and **(1)** relay event per day, except Seniors who are allowed (1) relay event per session. 13 and over swimmers are limited to **(6)** individual events and **(5)** relay events for the meet. 12 and under swimmers are limited to **(9)** individual events and **(3)** relay events for the meet. An age group swimmer may only be entered in their age group or the senior age group. If a swimmer chooses to swim in a senior event, they will be scored as a senior. 10 & Under swimmers are allowed to swim in only 1 session per day.

Entry Fees:	<u>10 & Under, 11-12</u>	<u>13-14, Senior</u>
Individual Events:	\$3.00US/event	\$4.00US/event
Relays :	\$12.00US/relay	\$12.00US/event

Meet Director: Chris Branch

Meet Referee: John Moreshead

Questions: Chris Branch – Phone (207) 657-6487 home, (207) 712-5268 cell
E-mail: meetdirector@maineswimming.org

Admission: No charge for admission.

Programs: The meet program will cover; 13 and over trials, 10 & Under, and, 11 & 12 age group timed finals. The cost will be \$10.00US. The evening programs will have the 13-14 and Senior finals and this program is free with the purchase of a meet program and will be sold for \$2.00US for those who do not have a program.

Eligibility: This meet is open to any swimmer who is properly registered with Maine Swimming for 2008 in accordance with the MSI Policy & Procedures or a SNC registered 13 & 14 or Senior swimmer from New Brunswick. Please note, that all swimmers must be registered by the entry deadline (July 15, 2008) to be eligible to swim in Summer Championships. Swimmers transferring into MSI from another LSC must complete their transfer by the entry deadline in order to be eligible to compete in Summer Championships. Late entries and deck registrations will **not** be allowed.

Coaches must be properly registered, have all certifications up to date and be listed on the team information form in order to be allowed on deck for this meet. Coach's registrations will be checked prior to the start of the meet.

Registrations should be sent to:

Lu Ryan
19 Jameco Mill Rd.
Scarborough, ME 04074-8215
(207) 885-0435

registrations@maineswimming.org

Seeding: 13-14 and Seniors will be seeded together at trials. 13 & 14 and Seniors will then be separated for finals. The 800 & 1500 will be timed finals. The 1500 will be swum on Wednesday, alternating girls' and boy's heats fastest to slowest. The 800 will be swum on Saturday, with the fastest girls and boys heats swum at finals. The remaining heats will be swum during trials, alternating girls and boys fastest to slowest. 800 and 1500 swimmers must provide their own timers, except for the two 800 heats swum at finals. The 13-14 and Senior 400 IM and 400 Free trials will be swum fastest heat to slowest heat alternating girls and boys. 10 and Under and 11 & 12 events will be timed finals, swimming slowest to fastest, except for the 400 Free. The 400 will be swum on Wednesday running fastest to slowest, mixed girls and boys. 10 & Under and 11-12 400 swimmers must provide their own timers.

Time Trials: These will only take place if time permits and approved by the Meet Director and Meet Referee.
\$12.00US/individual event
\$24.00US/relay event

Timers, Marshals, & Clean-up: Each team will be responsible for coordinating and providing timers for the specified lane, marshals for the assigned session (**marshals do not need to be USA-S registered**), clean-up following the assigned session and other duties as assigned. The assignments will be determined at the completion of meet entries and teams will be notified by e-mail. **Please note that the MSI Policy and Procedures requires each team with at least 15 swimmers entered in the meet to have one USA-S registered non-athlete available for jobs as assigned at each session.**

Team Representative: Each team must provide the name of an individual who will act as the spokesperson for that team with respect to all meet matters on the Meet Information Form.

Deck Credentials: Only certified coaches, session officials, registered USA or SNC swimmers and Meet Staff will be allowed on deck.

Warm-ups: All swimmers shall enter feet first using the sit and slide method at the starting end of the pool. Sprint lanes will be announced during the warm up period. Headfirst dives are allowed in sprint lanes only. 10 & Under will have **designated** warm-up lanes from 8AM to 8:25AM

Start Times: Evening:	<u>Wednesday</u> Warm-up: 3:30 – 4:25P.M Meet Start: 4:30 P.M.
Morning:	<u>Thursday Friday and Saturday</u> Warm-up: 7:00 - 8:25 A.M. Meet Start: 8:30 A.M.
Evening:	<u>Thursday and Friday</u> Warm-up: 3:30 – 4:25 P.M. Meet Start: 4:30 P.M. <u>Saturday</u> Warm-up: 3:00 – 3:55 P.M. Meet Start: 4:00 P.M.

Please note that Saint John is in the Atlantic Time Zone, which is 1 hour ahead of Maine.

Scoring: All participants: Individual events: 1st – 16th for 10 & U and 11-12
20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Individual events: 1ST – 16th for 13-14 and Seniors
30-26-24-23-21-20-18-17-14-11-9-8-6-5-3-2
Relay events: 1st – 16th for 10 and Under and 11-12
67-58-54-51-47-44-40-38-31-24-20-18-14-11-7-4
Relay events: 1st – 16th for 13-14 and Seniors
50-43-40-38-35-33-30-28-23-18-14-10-8-5-3

Awards: All participants: All Divisions:
Individual: Medals 1st - 8th, Ribbons 9th - 16th
Relays: Medals 1st - 3rd, Ribbons 4th - 8th

Maine Teams only: All Age Divisions:
Girls and Boys Ind. High Point: Trophies 1st - 8th
(These trophies will not be awarded at the meet)

Maine Teams only: Team Trophies:
Girls and Boys Age Group 1st
Girls Overall High Point 1st & 2nd
Boys Overall High Point 1st & 2nd
Combined High Point 1st - 3rd

Scratch Rule: Scratching from finals will be allowed in accordance with current USA Rule 207.9 D&E and the MSI Policy and Procedures.

Protests: A meet jury will adjudicate any non-actual competition protest including issue of misconduct. The meet jury will consist of the Meet Director, the Meet Referee, the MSI General Chair, an Athlete representative, the Coach's Representative or an appointed designee so noted to the Meet Director. Only the designated team representative or appointed designee so noted to the meet director may speak for a team concerning all meet matters.

Misconduct: any issues of conduct which occur within the meet venue are defined as, but not limited to; violation of safety guidelines, disrespect for meet management personnel, officials, coaches or fellow athletes, theft, vandalizing, or possession of alcohol, tobacco or illegal drugs. More serious violations may result in legal action by the LSC or local authorities.

Liability: Maine Swimming and the Canada Games Aquatic Centre shall be free from any liability or claims for damages by reason or injury to anyone during the conduct of the meet.

REMINDERS:

- 1) For any 200 (or shorter) trials and finals event that has 16 or less entries, the results of the morning session order will be final for the 9th thru 16th places and only the 1st thru 8th places will swim at the evening session.
- 2) For any 200 (or shorter) trials and finals event that has 24 or less entries 2 finals heats (A & B) will be swum.
- 3) For any 200 (or shorter) trials and finals event with 25 or more entries 3 finals heats (A, B & C) will be swum.
- 4) Only the Top 8 swimmers will swim the finals in the 400 Free and the 400 IM.
- 5) Please note that Saint John is in the Atlantic Time Zone, which is 1 hour ahead of Maine.
- 6) Swimmers in the 10 & Under and 11-12 400 frees and 13-14 and Senior 800 and 1500 frees need to provide one timer for their swim, except for the 800 swimmers competing at finals.
- 7) The MSI Policy and Procedures now requires teams with more than 15 entries in the meet to have one USA-S registered non-athlete available for jobs as assigned for each session.

DAILY EVENTS SCHEDULE

Wednesday July 23, 2008 – Evening Session

Session 1:

Warm-ups: 3:30 P.M.

Start: 4:30 P.M.

GIRLS

1
2
2
4

EVENT DESCRIPTION

10 & U 400 Free
13-14 1500 Free
Senior 1500 Free
11-12 400 Free

BOYS

1
3
3
4

- All events will be timed finals, the 10 & Under and 11-12 400 Free will be seeded mixed boy and girl fastest to slowest and the 13-14 and Senior 1500 Free will alternate girls' and boy's heats fastest to slowest. .
- Swimmers must have their own timers for the 400 & 1500 Free.
- Awards will be divided by age group and gender

DAILY EVENTS SCHEDULE

Thursday July 24, 2008 – Morning Session

Session 2:

Warm-ups: 7:00 A.M.

Start: 8:30 A.M.

<u>GIRLS</u>	<u>EVENT DESCRIPTION</u>	<u>BOYS</u>
5	13-14 200 Free Relay	6
7	Senior 200 Free Relay	8
9	10 & U 400 Free Relay	10
11	13-14 100 Breast	12
11	Senior 100 Breast	12
13	10 & U 50 Breast	14
15	13-14 200 Free	16
15	Senior 200 Free	16
17	10 & U 200 Free	18
19	13-14 100 Fly	20
19	Senior 100 Fly	20
21	10 & U 50 Fly	22
23	13-14 400 IM	24
23	Senior 400 IM	24

Thursday July 24, 2008 – Evening Session

Session 3

Warm-ups: 3:30 P.M.

Start: 4:30 P.M.

<u>GIRLS</u>	<u>EVENT DESCRIPTION</u>	<u>BOYS</u>
25	11-12 200 Medley Relay	26
27	11-12 200 Back	28
11	13-14 100 Breast	12
11	Senior 100 Breast	12
29	11-12 50 Breast	30
15	13-14 200 Free	16
15	Senior 200 Free	16
31	11-12 100 Free	32
19	13-14 100 Fly	20
19	Senior 100 Fly	20
33	11-12 50 Fly	34
23	13-14 400 IM	24
23	Senior 400 IM	24
35	11-12 200 IM	36
37	13-14 400 Medley Relay	38
39	Senior 400 Medley Relay	40

DAILY EVENTS SCHEDULE

Friday July 25, 2008 – Morning Session

Session 4:

Warm-ups: 7:00 A.M.

Start: 8:30 A.M.

<u>GIRLS</u>	<u>EVENT DESCRIPTION</u>	<u>BOYS</u>
41	13-14 200 Medley Relay	42
43	Senior 200 Medley Relay	44
45	10 & U 200 Medley Relay	46
47	13-14 200 IM	48
47	Senior 200 IM	48
49	10 & U 200IM	50
51	13-14 50 Free	52
51	Senior 50 Free	52
53	10 & U 100 Breast	54
55	13-14 200 Breast	56
55	Senior 200 Breast	56
57	10 & U 50 Back	58
59	13-14 100 Back	60
59	Senior 100 Back	60
61	10 & U 100 Free	61
63	13-14 400 Free	64
63	Senior 400 Free	64

Friday July 25, 2008 – Evening Session

Session 5:

Warm-ups: 3:30 P.M.

Start: 4:30 P.M.

<u>GIRLS</u>	<u>EVENT DESCRIPTION</u>	<u>BOYS</u>
65	11-12 400 Free Relay	66
47	13-14 200 IM	48
47	Senior 200 IM	48
67	11-12 200 Fly	68
51	13-14 50 Free	52
51	Senior 50 Free	52
69	11-12 100 Breast	70
55	13-14 200 Breast	56
55	Senior 200 Breast	56
71	11-12 50 Back	72
59	13-14 100 Back	60
59	Senior 100 Back	60
73	11-12 200 Free	74
63	13-14 400 Free	64
63	Senior 400 Free	64
75	13-14 800 Free Relay	76
77	Senior 800 Free Relay	78

DAILY EVENTS SCHEDULE

Saturday July 26, 2008 – Morning Session

Session 6:

Warm-ups: 7:00 A.M.

Start: 8:30 A.M.

<u>GIRLS</u>	<u>EVENT DESCRIPTION</u>	<u>BOYS</u>
79	10 & U 200 Free Relay	80
81	13-14 200 Back	82
81	Senior 200 Back	82
83	10 & U 100 Back	84
85	13-14 100 Free	86
85	Senior 100 Free	86
87	10 & U 50 Free	88
89	13-14 200 Fly	90
89	Senior 200 Fly	90
91	10 & U 100 Fly	92
93	13-14 800 Free	94
93	Senior 800 Free	94

- 800 free heats will be timed finals, seeded girls-boys fastest to slowest.
- The fastest heat for both Men & Women of the 800 free will be swum in the evening
- Swimmers must have their own timers for the 800 Free.

Saturday July 26, 2008 – Evening Session

Session 7

Warm-ups: 3:00 P.M.

Start: 4:00 P.M.

<u>GIRLS</u>	<u>EVENT DESCRIPTION</u>	<u>BOYS</u>
95	11-12 200 Free Relay	96
97	13-14 400 Free Relay	98
99	Senior 400 Free Relay	100
101	11-12 200 Breast	102
93	13-14 800 Free	94
93	Senior 800 Free	94
103	11-12 100 Back	104
81	13-14 200 Back	82
81	Senior 200 Back	82
105	11-12 50 Free	106
85	13-14 100 Free	86
85	Senior 100 Free	86
107	11-12 100 Fly	108
89	13-14 200 Fly	90
89	Senior 200 Fly	90

MSI SUMMER CHAMPIONSHIPS MEET INFORMATION

Team Entry Contact (person to contact to resolve issues with entries):

Name _____
(Please print or type)

E-mail _____

Phone #'s: Home _____

Work _____

Cell _____

Team Representative (team spokesperson for all meet matters)

Name _____
(Please print or type)

Coaches (list all coaches from your team who will be at the meet)

1) _____

2) _____

3) _____

4) _____

5) _____

Officials (list officials from your team who will be at the meet)

1) _____

2) _____

3) _____

4) _____

5) _____

This form or the information on it (part of an e-mail) must be submitted with your team's e-mailed entries.