

**Portland Porpoise Swim Club's
1st Annual -- Halloween Mini Meet
Sunday October 31, 2010**

Harold Paulson Pool at the Riverton Community Center
1600 Forest Avenue Portland, Maine

SANCTION: Held under the Approval of Maine Swimming, Inc. Approval #:ME1011-10-31. USA-S Insurance applies to only those attendees who are currently and Properly Registered and Certified with USA-S. Attendees who are Not USA-S registered are offered No Insurance Coverage at this event. All USA-S Registered Athletes must be under the direct supervision of a currently registered and certified USA-S Coach.

ELIGIBILITY: This meet is open to any swimmer who is either a non-registered member of USA-s or who is a properly registered member of USA-S before the start of the meet or is a registered member with United States Masters Swimming (USMS). All swimmers who are swimming for a USA-S only club must be a registered USA-S member to swim in this meet.

FACILITY: Harold Paulson Pool - a six lane 25-meter pool with non-turbulent lane lines, automatic timing and bleacher seating.

SCHEDULE: See Schedule of Events Sheet.

FORMAT: All events will be timed finals. 25 meter swims will be swum from the start end of pool to shallow end with manual timing. There will be no time trials.

For questions on the meet contact: Chas Foehl, Meet Director at 776-2658 or cfoehl@me.com

ENTRIES: Meet Entries must be submitted via email:

- 1) HY-TEK zip file, and
- 2) attached Entry report in Word format

Hy-Tek entries must be received no later than 11:59 pm Sunday, October 24th, 2010

No Deck entries will be accepted.

Send email entries to: bcaton@maine.rr.com

If you have questions about your files or entries you may reach Betty at 878-3614.

Swimmers must be USA-Swimming registered for 2010 or 2011. Include swimmers' registration number with entries. Entries must be submitted by team with all competing swimmers included in each entry submission. In the event the meet is over-subscribed entries may be cut on the basis of last entry received, first cut. Swimmers are limited to 5 (five) individual events per day. No limits on the number of relays they can do. This meet is recommended for swimmers ages 9 & Under.

FEES: \$3.00 per individual event for HY-TEK entries. \$6.00 per relay entry. There is a \$0.50 surcharge, per event, for non HY-TEK entries.

Please make checks payable to Portland Porpoises Swim Club and mail to Chas Foehl, PPSC, 254 Clifton Street, Portland, Maine 04103 (One check per team, please.)

Programs will be available for a nominal fee.

There will be a \$1.00 admission fee for spectators.

SEEDING: The meet will be pre-seeded and deck entries for individual events will not be accepted.

RULES: Current USA Swimming rules with govern all competition. Decisions by the meet referee will be final.

USA SWIMMING REGISTRATION: Club athletes may obtain USA-S Registration from your Club Registrar. Unattached athletes may obtain forms and instructions from the Maine Swimming Web Site; www.maineswimming.org. Direct registration questions to the Maine Swimming, Inc. Membership/Registration Chair, Thomas Branch, 207-712-0877 or registrations@maineswimming.org. Deck Registrations will be allowed. Registration reconciliation will be done for this meet. It is each team's responsibility to make sure the entry and registration information for each of their swimmers is accurate.

SAFETY: Each participating swimmer must be under the supervision of a USA-Swimming certified coach with a current USA-Swimming membership. There will be absolutely no diving into the pool except during sprint lane warm-ups and swim event starts. All entry into the pool is from the deep end only -- the sit and slide method is required. Non-compliance is justification for disqualification from the meet. Swimmers must enter and exit the pool through the locker rooms. There is no food allowed in the pool area.

Protests: A committee will be formed to handle and protests that arise during the meet. The committee will include the meet directors, the meet referee, a coach and an athlete (not from the same team as the originator of the protest).

Liability: Hosting Club, Facility, shall be free from any liability or claims for damages by reason or injury to anyone during the conduct of the meet.

Deck Credentials: Only certified and meet registered coaches, session officials, registered USA swimmers and Meet Staff will be allowed on the deck.

Cell Phones of any kind and all video recording or image capturing devices of any kind are prohibited from the locker rooms and behind the starting blocks. **THERE ARE NO EXCEPTIONS!**

AWARDS: A ribbon of participation will be awarded to all participants, with Blow-Pops awarded to each heat winner.

OTHER: Food and beverage will be available during the meet. Swim equipment will also be available for sale.

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Session 1 Warm-up 8:00-8:25 8 & 9 year olds Session 2 Warm-up 8:25-8:50
Meet starts 9:00

#1 - 9 & under mixed (male/female) 100 Medley Relay

#2 - Girls 9 & under 50 Free

#3 - Boys 9 & under 50 Free

#4 - Girls 9 & under 25 Fly

#5 - Boys 9 & under 25 Fly

#6 - Girls 8 & 9 year old 25 Back

#7 - Boys 8 & 9 year old 25 Back

#8 - Girls 8 & 9 year old 25 Breast

#9 - Boys 8 & 9 year old 25 Breast

#10 - Girls 8 & 9 year old 100 IM

#11 - Boys 8 & 9 year old 100 IM

#12 - 9 & under mixed (male/female) 200 Free Relay

All 25 meter events will start at the Start end of pool and have manual times.