

# THE 18<sup>th</sup> ANNUAL BOWDOIN OPEN

Senior/Age Group Swim Meet  
December 9th, 10th and 11th, 2011

## Sanctioned By

Maine Swimming Inc. #ME1112-1209

## Hosted By

Bowdoin College Swimming and Diving & Brunswick Area Swimming Association

## Meet Directors

Chris Branch, Thomas Branch & Brad Burnham

## Questions

Brad Burnham  
9000 College Station  
Brunswick, ME 04011  
(207) 725-3527  
[bburnham@bowdoin.edu](mailto:bburnham@bowdoin.edu)

Chris Branch  
37 Shaker Road  
Gray, ME 04039  
(207) 712-5268 cell  
[clbranch@myottmail.com](mailto:clbranch@myottmail.com)

## Meet Location

Greason Pool  
Farley Field House  
Bowdoin College  
Brunswick, ME 04011

## Meet Referee

Steve Elwell; [mcyclor2@gmail.com](mailto:mcyclor2@gmail.com)

## Facility

Bowdoin Pool provides up to 10 deep-water competition lanes, plus five additional warm-up/cool-down lanes with non-turbulent lane lines.

## Timing System

Colorado Timing - System 6 with electronic scoreboard  
Hy-Tek Meet Manager 3.0 will be used to compile results

## Entry Deadline

Entries will be accepted beginning on October 1, 2011. Entries must be received by e-mail no later than mid-night Friday, December 2, 2011. **We will e-mail you a confirmation after we receive your entry data.**

## Send Entries by e-mail or mail to:

Thomas Branch  
161A Essex Street  
Bangor, ME 04401  
[redsox04282@roadrunner.com](mailto:redsox04282@roadrunner.com)

## Send Hard Copies and Checks to:

Brad Burnham  
Bowdoin Athletics - Swimming  
9000 College Station  
Brunswick, ME 04011

## Entry Fees

### Senior Events

\$5.00 for each individual entry  
\$5.50 for each individual paper entry  
\$12.00 for each relay entry  
\$12.50 for each paper entry  
\$10.00 per swimmer for Swimmer Participation

### Age Group Events

\$4.00 for each individual entry  
\$4.50 for each paper entry  
\$12.00 for each relay entry  
\$12.50 for each paper entry  
\$10.00 per swimmer for Swimmer Participation

Make checks payable to **Bowdoin College (\*\*Note: TEAMS PLEASE SEND ONE CHECK FOR YOUR TEAM'S ENTRIES)** Checks must be received prior to the start of the meet.

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## **Entry Procedure**

Hy-Tek Team Manager entries are preferred by e-mail. If you do not have the ability to use Hy-Tek you can submit a hardcopy of your entries by sending us either an e-mail or USPS mail to the entry person. If you are submitting Hy-Tek entries, a hard copy back up is required to be sent by mail to Brad Burnham. All forms must have the swimmers full name (first, middle initial, last) and birth date as they were USA-S registered, current USA-S number, and seed time.

**All swimmers entering the Senior Meet, regardless of age, must meet the qualifying times. Exceptions may be made by the meet host on a case by case basis.**

All relay swimmers must be listed on the team roster/meet entry submitted at the meet entry deadline to be eligible to swim in a relay. Late or deck entries will not be accepted.

The contact information form included in this meet packet must accompany the hard copy of your entries and check.

Each swimmer is limited to three (3) individual events per day. **All athletes are eligible to swim in the senior meet; however, he/she must meet the qualifying times, which are included with this information.**

Entry times must be in short course yards. Teams using Short Course Meter or Long Course Meter entry times should use Hy-Tek to convert the times to short course yards.

**If the Senior and/or Age Group meet is oversubscribed then the last entries that are received will be the first ones to be cut from the meet; in other words last in, first out. To make sure that your swimmers make the meet please send in your entries early.**

## **Entry Time Updates**

Entry times may be updated until Monday, December 5, 2011. No new entries will be accepted after the December 2, 2011 entry deadline. Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

## **Time Trials**

Time trials will only take place if time permits and if approved by the Meet Referee and the Meet Directors at a cost of \$15.00 per individual event and \$30.00 per relay event.

## **Eligibility**

This meet is open to any swimmer who is a properly registered member of USA-S before the start of the meet or with United States Masters Swimming (USMS). Age is as of December 9, 2011.

## **USA Swimming Registration**

Club athletes may obtain USA-S Registration from your Club Registrar. Unattached Maine athletes may obtain forms and instructions from the Maine Swimming's website; [www.maineswimming.org](http://www.maineswimming.org). Direct registration questions to the Maine Swimming, Inc. Membership/Registration Chair, Thomas Branch, 207-712-0877 or [registrations@maineswimming.org](mailto:registrations@maineswimming.org). Deck Registrations will be allowed for Maine Athletes only. Registration reconciliation will be done for this meet. **It is each team's responsibility to make sure the entry and registration information for each of their swimmers is accurate.**

## **Meet Policy**

All USA Swimming Registered Officials and Coaches are required to display USA Swimming Credential (USA Swimming Membership Card) while on deck. **Coaches must be properly registered and have all certifications up to date in order to be allowed on deck for this meet.**

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## Session Times

	Warm-Up	Start
<i>Friday, December 9th</i>		
Timed Finals	3:00 PM	4:15 PM
<i>Saturday, December 10th</i>		
Prelims	7:15 AM	8:30 AM
Age Group	1:00 PM	1:30 PM
Finals	4:30 PM	5:30 PM
<i>Sunday, December 11th</i>		
Prelims	7:15 AM	8:30 AM
Age Group	12:30 PM	1:00 PM
Finals	4:00 PM	5:00 PM

## Meet Format

### General

Senior individual events, except the 400 IM, 500 Free and 1650 Free, will be swum as trials and finals; with three heats in the evening finals. The championship final will contain the top 10 swimmers, the consolation final will contain the 11<sup>th</sup>-20<sup>th</sup> place swimmers and the bonus final will contain the 21<sup>st</sup>-30<sup>th</sup> place swimmers. The 400 IM, 500 Freestyle and 1650 freestyle will be swum as timed finals and will include all entered swimmers. Age Group Meet Events will be swum as timed finals.

### Qualifying Times

Senior individual events for all swimmers regardless of age as well as the 100 yard and 200 yard events in the Age Group Meet have qualifying times for 2011. All swimmers entered in events with qualifying times must meet the qualifying times. Exceptions may be made by the meet host on a case by case basis. Qualifying times were added in order to help reduce the size of the meet in order to meet deck capacity requirements for the Greason Pool.

### 1650 Freestyle

The fastest heat of women and men will be swum at the beginning of the final session on Saturday evening. The remaining heats will be seeded fastest to slowest alternating women and men with the fastest morning heat swimming after the final heat of the 50 Free. A heat sheet will be provided twenty minutes after the scratch deadline. **The 1650 will be limited to the fastest 25 women and 25 men entered in the event by the entry deadline.** A list of the swimmers entered in the 1650 will be forwarded to all of the teams in the Senior portion of the meet. Meet management reserves the right to expand the field depending on the meet timeline. Swimmers bumped from the 1650 will be given the opportunity to enter an alternate event.

### Relays

Relays will be swum as timed finals in the evening session and can include swimmers from all age groups as long as they are entered in the meet. Swimmers 12 & under may swim in the Senior relays but may not swim relays in both meets.

### Senior and Age Group

The Senior Meet is open to all swimmers who meet the qualifying times. Swimmers 12 & under will swim in the age group meet, except that 12 & under swimmers who meet the qualifying times may swim in the senior meet. Please note that all swimmers in the Senior Meet regardless of age must meet the qualifying times. **If the Senior and/or Age Group meet is oversubscribed then the last entries that are received will be the first ones to be cut from the meet; in other words last in, first out. To make sure that your swimmers make the meet please send in your entries early.**

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## **Senior Prelim Seeding**

This is a positive check in meet. The meet will be pre-seeded using Hy-tek Meet Manager during warm-up for the preliminary sessions. Heat sheets will be posted around the deck and copies will be given to the coaches.

The fastest three (3) heats will be circle seeded except timed finals. The remaining heats of each event will be pyramid seeded. We will use 10 lanes for all events. Meet management reserves the right to reseed if necessary.

## **Age Group Seeding**

This is a positive check in meet. The meet will be pre-seeded using Hy-Tek Meet Manager 3.0 during warm-up for that session. All events will be run as timed finals, slowest to fastest.

## **Senior Scratch Policy**

Positive check-in is required for all events.

Qualifying swimmers must declare his/her intent to scratch from finals within thirty (30) minutes after the completion of the event. Any athlete who qualifies for the championship final, consolation final or bonus final, fails to scratch and does not show for the final will be disqualified from the meet, unless excused by the Meet Referee. Scratches from the preliminary session will **not** result in disqualification from the meet as per Maine Swimming, Inc. Policies and Procedures.

## **Age Group Scratch Policy**

Positive check-in is required for all events. Scratches are allowed after positive check-in but a notification from a coach would be appreciated.

## **Warm Ups**

All swimmers shall enter feet first using the sit and slide method at the starting end of the pool. Sprint lanes will be announced during the warm up period. Head first dives are allowed in sprint lanes only. Warm Up times and lanes will be assigned for the Senior trials sessions.

## **Protests**

A committee will be formed to handle any protests that arise during the meet. The committee will include the meet director(s), meet host, the meet referee, a coach and an athlete (not from the same team as the originator of the protest).

Misconduct: any issues of conduct which occur within the meet venue are defined as, but not limited to; violation of safety guidelines, disrespect for meet management personnel, officials or fellow athletes, theft, vandalizing or possession of alcohol, tobacco or illegal drugs. More serious violations may result in legal action by the LSC or local authorities.

## **Senior Awards**

Trophies will be awarded to first and second individual male and female high point winners, and first and second place team for men, women and combined.

## **Age Group Awards**

Ribbons signifying event and place of finish will be awarded to the top eight finishers of each event.

## **Officials**

Teams are requested to provide at least one (1) USA-S certified official for each session of the meet. Please provide the name of each official and his/her certification level on the form provided. Return this form with your meet entries.

## **Deck Credentials**

Only certified and meet registered coaches, session officials, registered USA-S or USMS swimmers and Meet Staff will be allowed on the deck.

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## Rules

2011 USA Swimming Code and Rules shall apply.

## Senior Scoring

The top 10 finalists will keep their place and be scored within the top 10. The Consolation and Bonus Finalists can score anywhere from 11<sup>th</sup> through 30<sup>th</sup> place. Relays and Individual events are scored the same.

<u>Final</u>		<u>Consolation and Bonus Final</u>	
Place	Points	Place	Points
1	40	11	25
2	38	12	23
3	37	13	22
4	36	14	21
5	35	15	20
6	34	16	19
7	33	17	18
8	32	18	17
9	30	19	16
10	28	20	15
		21	12
		22	10
		23	9
		24	8
		25	7
		26	6
		27	5
		28	4
		29	3
		30	2

## Admission

\$2.00/session

## Programs

The senior meet program for Friday night and preliminary will be sold by session for \$2.00 after the positive check in period ends for that session. The age group meet program will cover the 10 & under and the 11 & 12 age groups timed finals. These programs will be sold by session for \$2.00 after the positive check in period ends for that session. The evening programs will have the finals only and this program will be sold for \$2.

## Equipment Vendor

Action Accents will be selling suits, goggles, and other accessories for the duration of the meet.

## Liability

Bowdoin College shall be free from any liability or claims for damages by reason or injury to anyone during the conduct of the meet.

**CELL PHONES, CAMERAS AND OTHER RECORDING DEVICES ARE PROHIBITED FROM THE LOCKER ROOMS AND BEHIND THE BLOCKS!!!!**

**SWIMMERS PLEASE STAY OFF THE TRACK AND OUT OF THE FIELDHOUSE!!!!**

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Please return this sheet with your entry, type or print.

## 1. Team Contact Information

Team Name: \_\_\_\_\_

Abbreviation: \_\_\_\_\_

Head Coach: \_\_\_\_\_

Coaches at Meet: \_\_\_\_\_

\_\_\_\_\_

Team Contact: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Meet Hotel & Phone: \_\_\_\_\_

## 2. Names and phone numbers of your USA-S Certified Officials

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## 3. Senior Events Entry Fee Summary

Individual Entries: \_\_\_\_\_ x \$5.00 = \_\_\_\_\_

Relay Entries: \_\_\_\_\_ x \$12.00 = \_\_\_\_\_

Total Paper Entries (if applicable): \_\_\_\_\_ x \$0.50 = \_\_\_\_\_

Total: \_\_\_\_\_

## 4. Age Group Events Entry Fee Summary

Individual Entries: \_\_\_\_\_ x \$4.00 = \_\_\_\_\_

Relay Entries: \_\_\_\_\_ x \$12.00 = \_\_\_\_\_

Total Paper Entries (if applicable): \_\_\_\_\_ x \$0.50 = \_\_\_\_\_

Total: \_\_\_\_\_

5. Swimmer Surcharge \_\_\_\_\_ x \$10.00 = \_\_\_\_\_

**Senior and Age Group Fees Grand Total: \_\_\_\_\_**

**(Make checks payable to: Bowdoin College)**

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## Event Order and Cut Times

### Friday, December 9th

Warm Up 3:00 PM, Start 4:15 PM

Event Number	Women's Qualifying Time	Event Name	Men's Qualifying Time	Event Number
1	5:35.69	*400 Individual Medley	5:11.79	2
3	6:16.29	*500 Freestyle	5:51.29	4
5	NT	**800 Freestyle Relay	NT	6

### Saturday, December 10th

Prelims: Warm-up 7:15 AM, Start 8:30 AM Events 7 to 18  
Age Group Warm-up 1:00 PM, Start 1:30 PM Events 21 to 42  
Finals: Warm-up 4:30 PM, Start 5:30 PM Events 7 to 20

Event Number	Women's Qualifying Time	Event Name	Men's Qualifying Time	Event Number
7	21:27.19	***1650 Freestyle	19:59.39	8
9	2:21.19	200 Freestyle	2:10.09	10
11	1:12.09	100 Backstroke	1:06.19	12
13	2:56.39	200 Breaststroke	2:42.59	14
15	1:11.79	100 Butterfly	1:05.09	16
17	30.39	50 Freestyle	26.59	18
19	NT	**400 Medley Relay	NT	20

Event Number	Girls' Qualifying Time	Age Group	Event Name	Age Group	Boys' Qualifying Time	Event Number
21	1:49.99	10 & U	100 Freestyle	10 & U	1:44.99	22
23	1:19.99	11 & 12	100 Freestyle	11 & 12	1:19.49	24
25	1:57.49	10 & U	100 Butterfly	10 & U	1:56.19	26
27	1:27.19	11 & 12	100 Butterfly	11 & 12	1:25.79	28
29	NT	10 & U	50 Breaststroke	10 & U	NT	30
31	NT	11 & 12	50 Breaststroke	11 & 12	NT	32
33	1:45.69	10 & U	100 Backstroke	10 & U	1:42.89	34
35	1:27.99	11 & 12	100 Backstroke	11 & 12	1:25.79	36
37	1:44.99	10 & U	100 Individual Medley	10 & U	1:41.29	38
39	1:26.29	11 & 12	100 Individual Medley	11 & 12	1:23.69	40
41	NT	12 & U	200 Medley Relay	12 & U	NT	42

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## Event Order and Cut Times

### Sunday, December 11th

Prelims: Warm-up 7:15 AM, Start 8:30 AM Events 43 to 52  
Age Group Warm-up 12:30 PM, Start 1:00 PM Events 55 to 80  
Finals: Warm-up 4:00 PM, Start 5:00 PM Events 43 to 54

<i>Women's</i>			<i>Men's</i>		
Event Number	Qualifying Time	Event Name	Qualifying Time	Event Number	
43	1:05.79	100 Freestyle	59.79	44	
45	2:36.49	200 Butterfly	2:24.49	46	
47	1:21.99	100 Breaststroke	1:14.69	48	
49	2:35.89	200 Backstroke	2:23.39	50	
51	2:39.29	200 Individual Medley	2:26.39	52	
53	NT	**400 Free Relay	NT	54	

  

<i>Girls'</i>			<i>Boys'</i>			
Event Number	Qualifying Time	Age Group	Event Name	Age Group	Qualifying Time	Event Number
55	3:20.19	10 & U	200 Freestyle	10 & U	3:09.89	56
57	2:43.19	11 & 12	200 Freestyle	11 & 12	2:38.89	58
59	NT	10 & U	50 Backstroke	10 & U	NT	60
61	NT	11 & 12	50 Backstroke	11 & 12	NT	62
63	1:59.99	10 & U	100 Breaststroke	10 & U	1:55.69	64
65	1:36.39	11 & 12	100 Breaststroke	11 & 12	1:35.09	66
67	NT	10 & U	50 Butterfly	10 & U	NT	68
69	NT	11 & 12	50 Butterfly	11 & 12	NT	70
71	NT	10 & U	50 Freestyle	10 & U	NT	72
73	NT	11 & 12	50 Freestyle	11 & 12	NT	74
75	3:42.69	10 & U	200 Individual Medley	10 & U	3:40.89	76
77	3:03.79	11 & 12	200 Individual Medley	11 & 12	3:03.09	78
79	NT	12 & U	200 Free Relay	12 & U	NT	80

\* Friday evening events will be **timed finals**.

\*\* Relay events will be swum as **timed finals** in the evening session

\*\*\* The 1650 Freestyle will be swum as a timed final event alternating heats of women and men, fastest to slowest with the fastest heat of women and men swimming in finals.