

Portland Porpoise Swim Club

Candy Cane Meet 2011

Sunday December 4, 2011

Location: Harold Paulson Pool at the Riverton Community Center, 1600 Forest Avenue, Portland, Maine

Sanction: Maine Swimming, Inc. Sanction # ME1112-1204

Facility: Harold Paulson Pool - a six lane 25-meter pool with non-turbulent lane lines, automatic timing and bleacher seating.

Meet Format: All events will be timed finals. 25 meter swims will be swum from the start end of pool to shallow end with manual timing. There will be no time trials. This meet is run in line with USA swimming's IMReady program.

Entries: Meet Entries must be submitted via email:

1. HY-TEK zip file, and
2. attached Entry report in Word format

Entry Deadline: Hy-Tek entries must be received no later than 11:59 pm Sunday, November 27, 2011. No deck entries will be accepted.

Entry Submission: Send email entries to Kathy McIntyre at kmcintyre716@gmail.com and cc: Kristen de Oliveira, Meet Director, at kdeoliveira21@gmail.com.

Swimmers must be USA-Swimming registered for 2011 or 2012. Include swimmers' registration number with entries. Entries must be submitted by team with all competing swimmers included in each entry submission. In the event the meet is over-subscribed entries may be cut on the basis of last entry received, first cut. This meet is recommended for swimmers of all ages.

Please make checks payable to Portland Porpoises Swim Club and mail to Kristen de Oliveira, PPSC, 21 Candlewyck Terrace, Portland, ME 04102 (One check per team, please.)

Entry Fees: \$3.00 per individual event for HY-TEK entries. \$6.00 per relay entry for HY-TEK entries. There is a \$0.50 surcharge, per event, for non HY-TEK entries.

Entry Limit: Swimmers are limited to 5 (five) individual events per day. There are no limits on the number of relays they can do.

Meet Director: Kristen de Oliveira (kdeoliveira21@gmail.com; 207.838.9777)

Meet Director: John Bliss

Rules: Current USA Swimming Code and Rules shall apply. Decisions by the meet referee will be final.

Admission: \$2.00

Program: \$2.00

Eligibility: This meet is open to any swimmer who is a properly registered member of USA-S before the start of the meet or is a registered member with United States Masters Swimming (USMS).

Seeding: The meet will be pre-seeded and deck entries for individual events will not be accepted.

USA Swimming Registration: Club athletes may obtain USA-S Registration from your Club Registrar. Unattached athletes may obtain forms and instructions from the Maine Swimming website; www.maineswimming.org. Direct registration questions to the Maine Swimming, Inc. Membership/Registration Chair, Thomas Branch, 207-712-0877 or registrations@maineswimming.org.

Deck Registrations will not be allowed. Registration reconciliation will be done for this meet. **It is each team's responsibility to make sure the entry and registration information for each of their swimmers is accurate.**

Meet Policy: All USA Swimming Registered Officials and Coaches are required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck. **Coaches must be properly registered and have all certifications up to date in order to be allowed on deck for this meet.** Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck Credentials: Only certified and meet registered coaches, session officials, registered USA swimmers, and Meet Staff will be allowed on the deck.

Warm Ups: All swimmers shall enter feet first using the sit and slide method at the starting end of the pool. Sprint lanes will be announced during the warm up period. Headfirst dives are allowed in sprint lanes only.

Start Time: Warm Ups will begin at 7:30am. The meet will start at 8:30am.

Awards: Prizes will be awarded to all heat winners.

Safety: Each participating swimmer must be under the supervision of a USA-Swimming certified coach with a current USA-Swimming membership. There will be absolutely no diving into the pool except during sprint lane warm-ups and swim event starts. All entry into the pool is from the deep end only -- the sit and slide method is required. Non-compliance is justification for disqualification from the meet. Swimmers must enter and exit the pool through the locker rooms. There is no food allowed in the pool area.

Protests: A committee will be formed to handle and protests that arise during the meet. The committee will include the meet director, the meet referee, a coach, and an athlete (not from the same team as the originator of the protest).

RULES: Current USA Swimming rules with govern all competition. Decisions by the meet referee will be final.

Liability: Hosting Club, Facility, shall be free from any liability or claims for damages by reason or injury to anyone during the conduct of the meet.

Misconduct: Any issues of conduct which occur within the meet venue are defined as, but not limited to; violation of safety guidelines, disrespect for meet management personnel, officials or fellow athletes, theft, vandalizing or possession of alcohol, tobacco or illegal drugs. More serious violations may result in legal action by the LSC or local authorities.

Liability: Hosting Club, Facility, shall be free from any liability or claims for damages by reason or injury to anyone during the conduct of the meet.

Other: Food and beverage will be available during the meet. Swim equipment will also be for sale.

Cell Phones of any kind and all video recording or image capturing devices of any kind are prohibited from the locker rooms and behind the starting blocks.

THERE ARE NO EXCEPTIONS!

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Harold Paulson Pool at the Riverton Community Center
1600 Forest Avenue Portland, Maine

Session 1 Warm up
8 & under **7:30-7:55**
10 & Under **8:00-8:25**
8:30AM Start

Girls	Event #	Age	Event	Age Boys	Event #
1	10 & Under		100 IM	10 & Under	2
3	10 & Under		50 Breaststroke	10 & Under	4
5	10 & Under		50 Butterfly	10 & Under	6
7	10 & Under		50 Backstroke	10 & Under	8
9	10 & Under		100 Freestyle	10 & Under	10
11	10 & Under		200 Free Relay	10 & Under	12

Session 2 Warm up
1:00- 1:25 11-12 year olds
1:25-1:55 Open
2:00PM Start

Girls	Event #	Age	Event	Age Boys	Event #
13	11 & 12		200 Free Relay	11 & 12	14
15	Open		200 Free Relay	Open	16
17	11 & 12		200 IM	11 & 12	18
19	Open		200 IM	Open	20

21	11 & 12	50 Backstroke	11 & 12	22
23	Open	100 Backstroke	Open	24
25	11 & 12	50 Butterfly	11 & 12	26
27	Open	100 Butterfly	Open	28
29	11 & 12	50 Breaststroke	11 & 12	30
31	Open	100 Breaststroke	Open	32
33	11 & 12	200 Freestyle	11 & 12	34
35	Open	200 Freestyle	Open	36
37	11 & 12	200 Medley Relay	11 & 12	38
39	Open	200 Medley Relay	Open	40