

Seacoast Swim Club

Harvest Classic October 16th, 2011

SANCTION: Maine Swimming, Inc. Sanction Number: ME1112-1016

LOCATION: Greely High School Pool, 303 Main St., Cumberland, Maine

FACILITY: The pool is a 5 lane, 25-yard pool with non-turbulent lane lines and Colorado automatic timing system. Bleacher seating is available at the pool.

SCHEDULE: See schedule of events page.

FORMAT: All events will be time finals. There will be no time trails.

For question concerning this meet please contact: Heather Giandrea, SSC Meet Director at hrg@maine.rr.com. Meet Referee will be Manuel Sone.

DECK CREDENTIALS: **Only certified and meet registered coaches, session officials, registered USA swimmers and Meet Staff will be allowed on deck outside of the spectator seating.**

ENTRIES: This meet is recommended for swimmers of all ages. Swimmers are limited to 5 individual events per day and 1 relay. **All swimmers must be registered with USA-Swimming.**

Entries may be submitted via email in Hy-Tek file format or via USPS. All entries must include the swimmers full name (first, last, middle initial), team name, current USA registration number, and seed time.

All Entries must be received by 6:00 p.m., Saturday October 8th, 2011. Seacoast Swim Club is not responsible for undelivered e-mail entries; please follow-up to insure your entries have been received. Deck entries will not be allowed.

E-Mail entries to: sscmaine@gmail.com

Send USPS entries to: Seacoast Swim Club
P. O. Box 115
Cumberland, Maine 04021

FEES: \$3.00 per individual event for HY-TEK computer entries.
\$6.00 per relay
\$3.50 per individual event, for all manual (non-computerized) entries.

Please make checks payable to **Seacoast Swim Club** and mail to address above. (One check per team).

There will be a \$2.00 admission fee for spectators.
Programs will be available for \$3.00 per session.

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USA SWIMMING REGISTRATION:

Club athletes may obtain USA-S Registration from your Club Registrar. Unattached athletes may obtain forms and instructions from the Maine Swimming Web Site; www.maineswimming.org. Direct registration questions to the Maine Swimming, Inc. Membership/Registration Chair, Thomas Branch, 207-712-0877 or registrations@maineswimming.org. Deck Registrations will be allowed. Registration reconciliation will be done for this meet. **It is each team's responsibility to make sure the entry and registration information for each of their swimmers is accurate.**

MEET POLICY:

All USA Swimming Registered Officials and Coaches are required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck. **Coaches must be properly registered and have all certifications up to date in order to be allowed on deck for this meet.** Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SEEDING:

The meet will be pre-seeded slowest to fastest.

RULES:

Current USA Swimming rules apply. Decisions by the meet referee are final except as stated in the protest section below.

AWARDS:

Ribbons will be awarded to the 1st – 8th place in each individual event. Heat winners will receive a prize.

SAFETY:

Each participating swimmer must be under the supervision of a USA Swimming certified coach with a current USA-Swimming membership. There will be absolutely no diving (sit and slide entries are permitted) into the pool except during sprint lane warm-ups and swim event starts. All entry into the pool is from the deep end only. Non-compliance is justification for disqualification from the meet.

PROTESTS:

A committee will be formed to handle and protests that arise during the meet. The committee will include the meet director, the meet referee, a coach and an athlete (not from the same team as the originator of the protest). Protests must be submitted as described in the USA rule book.

LIABILITY:

Seacoast Swim Club, Greely High School, and the Greely School System shall be free from any liability or claims for damages by reason or injury to anyone during the conduct of the meet.

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Schedule of Events

Warm-ups: **All swimmers shall enter feet first at the starting end of the pool. Sprint lanes will be announced during the warm-up period. Headfirst dives are allowed in sprint lanes only.**

Morning Session: Warm-up for **13 & Over**: 8:00 a.m. -8:25 a.m.
 Warm-up for **11 & 12**: 8:25 a.m. -8:55 a.m.
 Start time: 9:00 a.m.

Girls Event #	Age	Event	Age	Boys Event #
1	13 & Over	200 Mixed Free Relay	13 & Over	1
2	11 & 12	200 Mixed Free Relay	11 & 12	2
3	13 & Over	100 Freestyle	13 & Over	4
5	11 & 12	100 Freestyle	11 & 12	6
7	13 & Over	100 Breast	13 & Over	8
9	11 & 12	50 Breast	11 & 12	10
11	13 & Over	100 Fly	13 & Over	12
13	11 & 12	50 Fly	11 & 12	14
15	13 & Over	100 Back	13 & Over	16
17	11 & 12	50 Back	11 & 12	18
19	13 & Over	50 Freestyle	13 & Over	20
21	11 & 12	50 Freestyle	11 & 12	22
23	13 & Over	200 Individual Medley	13 & Over	24
25	11 & 12	100 Individual Medley	11 & 12	26
27	13 & Over	200 Mixed Medley Relay	13 & Over	27
28	11 & 12	200 Mixed Medley Relay	11 & 12	28

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Afternoon Session: Warm-up for **9 & 10**: 12:30 p.m. -12:55 p.m.
Warm-up for **8 & Under**: 12:55 p.m. -1:25 p.m.
Start Time: 1:30 p.m.

Girls Event #	Age	Event	Age	Boys Event #
29	9 & 10	200 Mixed Free Relay	9 & 10	29
30	8 & Under	100 Mixed Free Relay	8 & Under	30
31	9 & 10	100 Freestyle	9 & 10	32
33	8 & Under	50 Freestyle	8 & Under	34
35	9 & 10	50 Breast	9 & 10	36
37	8 & Under	25 Breast	8 & Under	38
39	9 & 10	50 Fly	9 & 10	40
41	8 & Under	25 Fly	8 & Under	42
43	9 & 10	50 Back	9 & 10	44
45	8 & Under	25 Back	8 & Under	46
47	9 & 10	50 Freestyle	9 & 10	48
49	8 & Under	25 Freestyle	8 & Under	50
51	9 & 10	100 Individual Medley	9 & 10	52
53	8 & Under	100 Individual Medley	8 & Under	54
55	9 & 10	200 Mixed Medley Relay	9 & 10	55
56	8 & Under	100 Mixed Medley Relay	8 & Under	56

- Each Team may have 2 entries only for each relay event
- All relays may be swum in the following ways:
 1. Boys and Girls combined (equal numbers of each are not necessary)
 2. All Boys
 3. All Girls

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