

SUMMER SPLASH IMX MEET
SUNDAY – JUNE 26, 2011
DONALD RICHARDS POOL, CAPE ELIZABETH, ME.

SANCTIONED BY: Maine Swimming, Inc., Sanction #ME1011 - 0621

HOSTED BY: Coastal Maine Aquatics

MEET DIRECTORS: Mark Leavitt / Sean Flaherty

MEET REFEREE: Anne Carney

MEET LOCATION:

Donald Richards Pool – Cape Elizabeth High School, 345 Ocean House Road (Route 77), Cape Elizabeth, Maine 04107

FACILITY:

The Donald L. Richards Pool is a 25 yard, six lane pool with non-turbulent lane lines, Colorado Automatic Timing System, and electronic scoreboard with six lane display. Ample parking is available in several lots on the high school campus.

ENTRY DEADLINE:

Entries submitted on Hy-Tek commlink discs must be received either by email attachment or through the mail by Monday, June 20, 2011 at 6:00PM EDT. **This deadline will not be extended to allow a Registration Reconciliation to occur prior to the Meet.** We will make every effort to accommodate swimmers, however we cannot guarantee late entries or entries that, in the opinion of the Meet Director, would result in exceeding the meet time limit, will be entered. Deck entries will not be allowed.

**ENTRIES AND
QUESTIONS:**

Sean Flaherty
PO Box 6998
Scarborough, ME 04070
Phone: 207-450-4188
Email: sean.flaherty@coastalmaineaquatics.com

ENTRY FEES:

\$3.00 per event payable to Coastal Maine Aquatics. **Payment for entries is due within four (4) business days of the entry deadline. Team entries will not be considered official until after the payment is made.** One check from each team, payable to Coastal Maine Aquatics, will be accepted.

ENTRY TIMES:

All entries must be specified in short-course yard (25 yard pool) times. Meter times must be converted to yard times. Entries with "NO TIME" will be accepted.

FORMATS AND AWARDS:

The meet will be scored in a USA Swimming IMX format. Swimmers earn "Power Points" for each of the IMX events based on their actual age, not age range. Results for each event will be determined by the Power Points earned in that event, not necessarily the order of finish in the event. The total Power Points earned for each event are combined to determine the IMX Score for each swimmer.

USA Swimming explains that every swim listed in the USA Swimming STAR Times Database includes a Hy-Tek Power Point value. This point system from Hy-Tek allows for comparison of the quality of performances across strokes, distances and events, as well as between age groups.

Events will be swum as timed finals. Seeding will be mixed age and mixed gender by entry times. Results are tabulated by the swimmer's age. Swimmers must provide their own counters for the 500 Free.

Special USA Swimming/IM Xtreme logo swim caps will be presented to the top IMX Score earners for each age.

ELIGIBILITY/RULES:

All swimmers must be USA Swimming registered. **It is each team's responsibility to make sure the entry and registration information for each of their swimmers is accurate.** Registration Reconciliation will be done for this meet. All registrations should be sent to Thomas Branch, 161A Essex Street Bangor, ME 04401-4059, or emailed to: registrations@maineswimming.org. Age is as of June 26, 2011. **No swimmer will be allowed to participate in the Meet who is not registered prior to the start of the Meet.**

USA Swimming Code shall apply. Swimmers may enter no more than five (5) events in the meet. **As directed by the Town of Cape Elizabeth, NO food or beverages, other than water, will be permitted in the pool area. Electronic devices, such as cell phones, with the ability to take photographs or digital images are prohibited from the locker rooms.**

TIME TRIALS: There will be no Time Trials.

DECK CREDENTIALS: Only certified and meet registered coaches, session officials, registered USA-S swimmers and Meet Staff will be allowed on deck

WARM UP:

Warm up lanes will be assigned after receipt of entries. A copy of the lane assignment and time will be provided to coaches prior to the meet and in their meet information packets. **“Sit and Slide” entry at the starting block end of the pool is mandatory.** **Coaches may start one way sprints in their lanes when ready.**

ADMISSION:

Admission is \$3.00 per person for the entire day. Meet Programs with heat and lane assignments will be available for purchase for a nominal fee.

LIABILITY:

Coastal Maine Aquatics and Cape Elizabeth High School shall be free from any liability or claims for damages by reason or injury to anyone during the conduct of the meet.

PROTESTS:

A committee will be formed to handle protests that arise during the meet. The committee will include the Meet Director, the Meet Referee, a coach and an athlete (not from the same team as the originator of the protest).

CONCESSIONS:

Food and beverages will be available for purchase at the CMA Café.

A VENDOR will be on site with swimming equipment and accessories for purchase.

**WE ARE GUESTS OF THE TOWN OF CAPE ELIZABETH
AND THE DONALD L. RICHARDS POOL. SWIMMERS
AND SPECTATORS MUST FOLLOW ALL TOWN RULES
OR BE ASKED TO LEAVE THE POOL AREA.**

SCHEDULE OF EVENTS

SESSION ONE, Sunday June 26, 2011

Warm-up begins at 7:00am per schedule provided.

Start: No earlier than 8:00 AM

All events are mixed age and mixed gender.

Event #

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|---|---------------------------------|
| 1 | Mixed 11 & Over 500 Freestyle |
| 2 | Mixed 10 & Under 200 Freestyle |
| 3 | Mixed 11 & Over 200 Backstroke |
| 4 | Mixed 10 & Under 100 Backstroke |
| 5 | Mixed 11 & Over 200 Butterfly |
| 6 | Mixed 10 & Under 100 Butterfly |

SESSION TWO, Sunday June 26, 2011

Warm-up begins at 12:30pm per schedule provided.

Start: No earlier than 1:30 PM

All events are mixed age and mixed gender.

Event #

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| 7 | Mixed 11 & Over 200 Breaststroke |
| 8 | Mixed 10 & Under 100 Breaststroke |
| 9 | Mixed 13 & Over 200 Freestyle |
| 10 | Mixed 10 & Under 200 IM |
| 11 | Mixed 11-12 200 IM |
| 12 | Mixed 13 & Over 400 IM |