# Seals Swim Club Odd Age Meet

Davan Pool, 426 Bridge Street Westbrook, ME 04098

## Sunday, May 15, 2011 Maine Swimming, Inc. Sanction # ME 1011 - 0515

**Facility:** The Davan Pool is a 6-lane, 25 yard pool with non-turbulent lane lines. The pool has a fully-automatic Colorado Time System electronic timing with touch pads at the finish end of the pool with a display board for showing each lane's time. There are no touch pads at the turn end of the pool. The finish/start end of the pool is 10 feet deep; the turn end of the pool is 3 feet deep. The pool is located at the Wescott Junior High School, Davan Pool, 426 Bridge Street, Westbrook, ME 04098

Meet Format: All events are sprints. Swimmers may compete in all 5 events.

**Schedule: See schedule of events** 

Entries: Entries will be accepted on or after May 1, 2010. Entries must be received no later than May 8, 2011. E-mail to Jim Violette jav17@maine.rr.com. The Seals will e-mail you confirmation of receipt of your entry data. Please make checks for entry fees payable to: Westbrook Seals. Please mail your entry fee check to: Westbrook Seals Swim Club, P.O. Box 909 Westbrook, ME 04092-4653

### **ELECTRONIC ENTRIES:**

E-MAIL zipped Hy-tek Commlink file with report text attached If computer format is unavailable, teams may submit typed paper entries. All forms must have the swimmers full name (first, last, middle initial), current USA number, seed time.

Entry Deadline: May 8, 2011.

**Entry Submission:** Contact Name of Person submitting the Entries to the Seals, Contact Mailing Address, Contact Phone Number, Contact Email Address

Entry Fees: E-Mailed Individual Events: \$3.00/event, paper entries: \$3.50/event

Meet Director: Dana Sone (md.sone6@myfairpoint.net) 207.893.1926

Meet Referee: John Bliss (jmbliss8@msn.com) 207.797.9494

**Head Coach**: John Smith (sealsswimming@yahoo.com) 207.632.6379

**Rules:** Current USA Swimming Code and Rules shall apply.

Admission: \$2.00/session

**Programs:** Programs will be available for \$1.00.

**Eligibility:** This meet is open to any swimmer who is a properly registered member of USA-S before the start of the meet or is a registered member with United States Masters Swimming (USMS). Age is as of May 15<sup>th</sup>, 2011.

USA Swimming Registration: Club athletes may obtain USA-S Registration from your Club Registrar. Unattached athletes may obtain forms and instructions from the Maine Swimming Web Site; <a href="www.maineswimming.org">www.maineswimming.org</a>. Direct registration questions to the Maine Swimming, Inc. Membership/Registration Chair, Thomas Branch, 207-712-0877 or <a href="maineswimming.org">registrations@maineswimming.org</a>. Deck Registrations will be allowed. Registration reconciliation will be done for this meet. <a href="maineswimming.org">It is each team's responsibility to make sure</a> the entry and registration information for each of their swimmers is accurate.

Meet Policy: All USA Swimming Registered Officials and Coaches are required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck. Coaches must be properly registered and have all certifications up to date in order to be allowed on deck for this meet.

**Seeding:** All events will be seeded after check in from fastest to slowest by the Hy-Tek Meet Manager program immediately after the close of positive check-in.

**Time Trials:** May be swum if time permits and with the **approval** of the **Meet Referee** and **Meet Director** at the cost of \$5.00 per individual swim

Deck Credentials: Only certified, USA Swimming registered coaches, session officials, swimmers and Meet Staff will be allowed on deck.

**Questions? Contact: Dana Sone** (Meet Director)

**Warm-ups:** All swimmers shall enter feet first using the sit and slide method at the starting end of the pool (deep end). Sprint lanes will be announced during the warm up period. Headfirst dives are allowed in sprint lanes only.

### **Start Times:**

Session I: Ages 8-9, 12-13, 16 and over

Warm-Up: 9:00 am – 9:55 am

Start Time: 10:05 am

Session II: Ages 10-11, 14-15

Warm-Up: 1:00 pm – 1:55 pm

Start Time: 2:05 pm

**Scoring:** Meet will not be scored.

**Awards:** Prizes awarded to heat winners.

Safety: Each participating swimmer must be under the supervision of a USA Swimming certified coach with a current USA-Swimming membership. There will be absolutely no diving into the pool except during sprint lane warm-ups and swim event starts. All entry into the pool is from the deep end only. Non-compliance is justification for disqualification from the meet. Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Protests:** A committee will be formed to handle and protests that arise during the meet. The committee will include the meet directors, the meet referee, a coach and an athlete (not from the same team as the originator of the protest).

**Misconduct:** Any issues of conduct which occur within the meet venue are defined as, but not limited to; violation of safety guidelines, disrespect for meet management personnel, officials or fellow athletes, theft, vandalizing or possession of alcohol, tobacco or illegal drugs. More serious violations may result in legal action by the LSC or local authorities.

**Liability:** Hosting Club and Facility shall be free from any liability or claims for damages by reason or injury to anyone during the conduct of the meet.

# CELL PHONES, CAMERAS AND OTHER RECORDING DEVICES ARE PROHIBITED FROM THE LOCKER ROOMS AND FROM BEHIND THE STARTING BLOCKS!!!!

Food: Drinks and snacks will be available for purchase at the meet.

Seals Swim Club and Davan Pool assume no responsibility for lost or stolen property. Pets of any kind are not allowed. Davan Pool and the Wescott Junior High School and school grounds is a no smoking facility. Additional parking is available at the adjacent Wescott Middle School.

Directions: Please visit our website for directions: www.sealsswimming.org

# Session I Ages 8-9, 12-13, 16 and up

Warm up: 9:00am-10:00am Start time: 10:05am

Event # Women	Age	Event	Event # Men
1	8 & 9	50Fly	2
3	16 and up	100 Fly	4
5	12 & 13	100 Fly	6
7	8 & 9	50 Back	8
9	16 and up	100 Back	10
11	12 & 13	100 Back	12
13	8 & 9	50 Free	14
15	16 and up	100 Free	16
17	12 & 13	100 Free	18
19	8 & 9	50 Breast	20
21	16 and up	100 Breast	22
23	12 &13	100 Breast	24
25	8 & 9	100 IM	26
27	16 and up	100 IM	28
29	12 & 13	100 IM	30

# Session II Ages 10-11, 14-15

Warm-up: 1:00pm- 2:00pm Start: 2:05pm

Start: 2:05pm			
31	10 & 11	50 Fly	32
33	14 & 15	100 Fly	34
35	10-11	50 Back	36
37	14 & 15	100 Back	38
39	10-11	50 Free	40
41	14 & 15	100 Free	42
43	10 & 11	50 Breast	44
45	14 & 15	100 Breast	46
47	10 & 11	100 IM	48
49	14 & 15	100 IM	50