

**COACHES COMMITTEE MEETING MINUTES**  
**9/29/19 via ZOOM**

Roll Call: Kyle Bauer, Suzi Buccanfuso, Marcel DaPonte, Trevor Edmunds, Will McCorkle, Paul Monyok, Jay Morissette, Ryan Pare, Betsy Perron, Taylor Rogers, Mike Schmidt, Marie Weferling, Jim Willis

**CUT TIMES**

See Attachments for Jim Willis' proposed changes to this year's cut times, a summary of the current protocol for establishing cuts and the current time chart.

Discussed current system of establishing cut times based on national time standards vs. idea of establishing cut times based on finishes the year before/ keeping the number entrants for each event around 32.

The overall goal should be to increase the level of competition.

Are some events undersubscribed because of interest or because the cut time is too difficult?

Marcel suggested that we should have a plan that will remain in place for 4 years; Jim said the cut times should be updated every 2 years.

Jim Willis suggested we form a task force to establish cuts for 2021-24 and we keep the current system in place for 2020, with adjustments to the 11-12 G 500 free, & 200 Breast, 15&O G 100 Back, 200 Back & 200 IM and 15&O Boys 200 breast (See attachment)

MOTION by Jay Morissette, second by Mike Schmidt. Accept the proposed adjustments to the 2020 cut times.

Motion passes unanimously.

Marcel confirmed that the decision protocol is that the Coach Committee makes recommendations to the TPC.

Jay reiterated his position that having both the Coach and Technical Planning Committees is superfluous; felt both should be combined.

**COACH AWARDS**

MOTION by Jay Morissette, second by Marcel Da Ponte. Establish 4 awards – Coach of the Year, Assistant Coach of the Year, Coach of the Meet (Winter Champs) Coach of the Meet (MESI III).

Motion passes unanimously

COY awards would be awarded at the Banquet and would encompass the year beginning and ending on April 15.

Discussion on criteria for awards tabled. Jim suggested consulting other LSCs for criteria.

**TRAINING CAMPS:**

Discussed idea for having local short course camps in October and December and a travel long course camp in May.

- Ideally, we would have about 5 swimmers per lane (30-40 swimmers depending on size of pool).

- Non-travel camps would have a slower qualifying standard; travel camps would have a more difficult standard.
- Need to establish criteria for selecting coaches; Coach Committee should vote on coaches.
- Up to a 2 hour workout.

Mike Schmidt proposed putting camps on the calendar as part of the next bid meeting.

Until we can get camps established, coaches agreed to invite other teams to “open practices”. Coaches should email the group if/when they are planning to host an open practice.

#### SWIMPOSIUM? TOM TALK IDEAS:

Will be 10/17/20

Ideas for Tom Talk (dry side topics): MAAPP/Safe Sport, Building Positive Team Culture (Jamie Bloom spoke at Y Leadership Camp), Leadership (Toni Armstrong, Baltimore Leadership Guides), and Sports Psychology

#### MESI III:

MOTION by Jay Morissette, second by Kyle Bauer. In the 400 free and IM, move the top 8 swimmers for each age group to the evening session.

Motion passes unanimously.

MOTION by Jim Willis, second by Taylor Rogers. On the first day of the meet, schedule the 50 back after the 100 breast, before the 200 free.

Motion passes unanimously.

#### EASTERN ZONE MEET @ LIBERTY UNIVERSITY:

Jim Willis reported that many LSC's have voted to boycott the EZ LC Zone meet at Liberty University because of that institution's policies regarding LGBTQ persons and wanted some guidance from the committee for the BOD about whether or not MESI should join the boycott.

MOTION by Jay Morissette, second by Marie Weferling. MESI should not attend any meet at Liberty University.

DISCUSSION: Suzi Boccanfuso. Give swimmers a voice and then coaches can stand behind the swimmers. Response: swimmers should not have the sole role in making this decision.

Mike Schmidt: would like to take a closer look at the policy we are evaluating.

MOTION tabled, will revisit in December.

Meeting adjourned.

Respectfully submitted by Betsy Perron, MESI Secretary. October 9, 2019

Boys	10&u	11-12	13-14	15-16	17&o
50 Free	B+	B+	BB	A	A
100 Free	B+	B	BB	A	A
200 Free	B	B	BB	A	A
500 Free	B	B	BB	BB	BB
1000			B+	BB	BB
1650			B+	BB	BB
50 Back	B+	B+			
100 Back	B	B	B+	BB	BB
200 Back		B	B+	BB	BB
50 Breast	B	B			
100 Breast	B	B	B	BB+	BB+
200 Breast		B	B+	B	B
50 Fly	B	B			
100 Fly	B	B	B+	A	A
200 Fly		B	B	BB	BB
100 IM	B	B	BB		
200 IM	B	B	BB	BB+	BB+
400 IM		B	B+	BB	BB

Girls	10&u	11-12	13-14	15-16	17&o
50 Free	BB	BB	A	A	A
100 Free	BB	BB	A	A	A
200 Free	B+	BB	BB+	A	A
500 Free	B	B	BB+	BB+	BB+
1000			BB	BB	BB
1650			BB	BB	BB
50 Back	BB	B+			
100 Back	B+	BB	BB	BB+	BB+
200 Back		B	BB	BB	BB
50 Breast	BB	B+			
100 Breast	B+	B+	BB	BB+	BB+
200 Breast		B+	BB	BB	BB
50 Fly	BB	B+			
100 Fly	B	B	B+	BB+	BB+
200 Fly		B	B+	BB	BB
100 IM	BB	BB			
200 IM	B+	B+	BB+	BB+	BB+
400 IM		B	BB	BB+	BB+

A = A Time

BB+ = Time between BB and A

BB = BB Time

B + = Time between B and BB

B = B Time

In the Fall of 2014, MESI wanted to align qualifying times for the Winter Championships w/USA Swimming motivational times. The q-times in 2014 were figured w/in the competition numbers w/in the LSC. For the 2015 meet, times were aligned at the B or BB or A standard. It was decided that 12 & unders would have no faster than a 'BB' time and 13 & overs would have nothing fast than a 'A' time. For the 2019 meet we changed 15 & over q-times to 15-16 and 17 & over though the event is just scored 15 & over.

Most of the times that were used in 2015 were carried over to 2016 with slight changes. At the conclusion of the 2016 season, USA-S released a new motivational times list. This caused any time that was a 'B', 'BB' or 'A' time to change to the new time (about 80% of the events changed times), we did not change any times that were in the between a motivational time.

In the ensuing years, we have cut the times in events where we have had over 32 swimmers in an event for 2 years, if it is not faster than a 'BB' or 'A' time. This does cause the 50 & 100 free's to have a lot of swimmers in the events because they do seem to be 'A' times that more swimmers can achieve. If we are going to change a time because of high numbers, we have been cutting about 1 sec/50 off an event.

Our times get faster every 4 years because of the USA Motivational times list and our times improve as our swimmers improve. We have had between 2800-3500 swims at our Winter Championship since 2002. Should we look at changing for the next 4 years, that is a question we should ask ourselves and what do we want to do get there.

This year, recommending the following changes to

11-12 G 500 Free 659.29

11-12 G 200 Breast 316.29

15&o G 100 Back 106.09/105.09

15&o G 200 Back 228.29/225.69

15&o G 200 IM 224.19/220.89 (A)

15&o B 200 Breast 236.59/233.79 (BB)