



www.northpennaquaticclub.org

2021 North Penn Trophy Meet

Dear Coaches & Parents:

Enclosed please find information on the 2021 North Penn Trophy Meet, which is scheduled for **Sunday, November 21, 2021**. The North Penn Trophy Meet is an “all level” meet which awards trophies in each event for places one through six, medals for places seven through twelve, and ribbons for places thirteen through eighteen. In addition, there is a high point trophy for the first-place boy and girl in each age group. To our knowledge, this is the only meet of its kind that gives out this caliber of awards!

This meet is pending MA approval.

The meet will take place at North Penn High School Pool located in Lansdale, PA. North Penn High School aquatic facility is a state-of-the-art indoor 25-yard pool, which features 8 lanes, competitor lane lines, Daktronics 8-lane automatic timing and an 8-lane readout board.

Please note that everyone entering the facility must wear a facemask and have their temperature taken. Swimmers must wear a facemask up until the time of the race. Bins will be at the end of each lane to store masks while racing and a runner will be responsible for moving all 8&U masks from one end of the pool to the other.

At the moment there is no capacity limit regarding swimmers or spectators. However, should that change per state/local/school policies, we will notify all registered clubs. Accommodations could include, but are not limited to, limiting entries, limiting coaches, limiting spectators to 1 per swimmer or eliminating spectators. If spectators are limited or disallowed, NPAC will do its best to provide a livestream option for parents.

In order to run a more efficient meet and accommodate everyone, 8 & unders will now swim a 50 free instead of a 100 IM. In the 9-12 session, a qualifying time has been added to the 100 IM events. In addition, we will limit the 9-12 100 IM events to 16 heats in total, 4 heats for each event -9-10 girls, 9-10 boys, 11-12 girls, and 11-12 boys. We will accept the first 32 swimmers in each event who meet the qualifying time and then these events will close.

All 9-12 and open IM events, as well as the open 200 free will be a positive check in.

All sessions of this meet fill quickly. Please email entries as soon as possible.

This is a fun event giving swimmers a chance to participate in an additional meet and to receive some very nice awards.

Sincerely yours,
Rosie Cook
Trophy Meet Director

NORTH PENN AQUATIC CLUB TROPHY MEET

www.northpennaquaticclub.org

Mid Atlantic Approval Pending

When: Sunday, November 21, 2021

Where: North Penn High School
1340 Valley Forge Rd
Lansdale, PA 19446
(intersection of Sumneytown Pike and Valley Forge Road)

Warm-Up: Session 1: 8/under 7:00 AM warm up 7:50 AM Start

Session 2: 9/10s & 11/12s 10:00 AM warm up 11:20 AM Start

Session 3: 13&up 3:45 PM warm up 4:45 PM Start

*****Warm up/Start times may be adjusted to accommodate the size of each session**

Facility: .
8 lanes, 25-yard indoor pool, competitor lane lines, Daktronics 8 lane automatic timing and 8 lane readout board. Water depth at start end for 25s is 5 feet, 6 inches. Water depth at the start end for 50s, 100s, and 200s is 12 feet and turn end is 5 feet 6 inches. An adjacent warm up/warm down pool is available for swimmers. The competition course has not been certified in accordance with USA Swimming Rule 104.2.2C(4).

Rules: US Swimming/SAL rules will apply.

Please note that everyone entering the facility must wear a mask. Swimmers must wear a mask up until the time of the race. Bins will be at the end of each lane to store masks while racing and a runner will be responsible for moving all 8&U masks from one end of the pool to the other.

Eligibility: This meet is open to any swimmer who is registered with a Suburban Aquatic League team or select YMCA teams. **Age of swimmer as of October 31, 2021 will determine swimmer's age group.** Any swimmer falsifying birthdates will be stripped of any awards. Any swimmer, coach and/or parent may be barred from future meets.

Qualifying Times: Qualifying times are not required for any events except for the 9-12 100 IM's (events #27-30). Each of these events will be limited to 4 heats. The first 32 swimmers who meet the qualifying time listed below for each event will be accepted. Once the 32 swimmer limit is reached the event will be closed.

Qualifying Time:

9-10 girls 100 IM 1:42.59

9-10 boys 100 IM 1:39.39

11-12 girls 100 IM 1:24.39

11-12 boys 100 IM 1:20.89

Entries close:

Entries must be received no later than Saturday, October 30, 2021. We expect this meet will reach capacity & will close well before the Oct. 30 deadline. Please email early! Warm up may be changed according to meet entries. **Make sure your USA swimmers have their US numbers listed and they are correct. NPAC cannot be responsible for times not uploaded to SWIMS due to missing or incorrectly provided US numbers.**

Email/Mail To:

please email entry file to:
rosiedcook@gmail.com

Please mail a print out of your entries and check to:
Rosie Cook
2901 Bayton Rd
Norristown, PA 19403
610-470-7093

Entry fee:

\$5.00 per event.
Make checks payable to "NPAC".
A maximum of 5 events per swimmer.

Late entries/
Deck entries

Any entry received after October 30, 2021 will be considered a late entry. Late entries will be accepted if space is available at \$10 per event. Late entries received after November 10, 2019 will be entered as NT and will not be in the meet program. Please note that late entries count toward the maximum of 5 events per swimmer. Deck entries will be accepted at \$10 per event if space is available.

Spectators:

Admission is free, Programs: \$3.00

Meet director:

For questions contact:
Rosie Cook, rosiedcook@gmail.com, 610-470-7093

Awards:

-Trophies: 1st - 6th

-Medals: 7th - 12th

-Ribbons: 13th - 18th

Any 12& under swimming up in the Open division will not be eligible for awards in the open division events.

-Frank W. Bartle Plaque: The overall winner of the boys and girls open200-yard freestyle (in lieu of the 1st place trophy)

-A High Point Trophy will be awarded to the boy and girl in each age

group with the most points. Any swimmer 12 & under swimming up in the Open division will not earn points towards the 6 & under, 8 & under, 9-10, or 11-12 high point trophy.

-Five event entry limit per day

Positive Check In: All 100 IM's, and the open 200 freestyle and 200IM events will be positive check in events. **Any swimmer who does not check in by the specified time will not be seeded to swim that event.**

Miscellaneous: **Team area will be limited to athletes, coaching staff and event staff.**

In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Deck Changes are prohibited

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.

Concessions: Food and beverages will be on sale in the lobby.
Swim Apparel will be on sale.
No food allowed in the pool area!

Smoking: Smoking is not permitted anywhere on school property.

Volunteers: In order to successfully run a meet of this size, the North Penn Aquatic Club needs extra volunteers/officials. **Each team will be asked to provide one timer for every 6 swimmers registered per session.**

Officials: Certified US Officials – please contact Rosie Cook – rosiedcook@gmail.com

EVENTS

Session 1 8/Under girls/boys

- | | |
|---------------------------------------|--------------------------------------|
| #1 8/Under Girls 25 Yard Freestyle | #2 8/Under Boys 25 Yard Freestyle |
| #3 8/Under Girls 25 Yard Backstroke | #4 8/Under Boys 25 Yard Backstroke |
| #5 8/Under Girls 25 Yard Breaststroke | #6 8/Under Boys 25 Yard Breaststroke |
| #7 8/Under Girls 25 Yard Butterfly | #8 8/Under Boys 25 Yard Butterfly |
| #9 8/Under Girls 50 Free | #10 8/Under Boys 50 free |

****All 8&U events will be swim together but 7&8's and 6&U's awarded separately**

Session 2 9/10 & 11/12 girls/boys

- | | |
|--------------------------------------|-------------------------------------|
| #11 11/12 Girls 50 Yard Freestyle | #12 11/12 Boys 50 Yard Freestyle |
| #13 9/10 Girls 50 Yard Freestyle | #14 9/10 Boys 50 Yard Freestyle |
| #15 11/12 Girls 50 Yard Backstroke | #16 11/12 Boys 50 Yard Backstroke |
| #17 9/10 Girls 50 Yard Backstroke | #18 9/10 Boys 50 Yard Backstroke |
| #19 11/12 Girls 50 Yard Breaststroke | #20 11/12 Boys 50 Yard Breaststroke |
| #21 9/10 Girls 50 Yard Breaststroke | #22 9/10 Boys 50 Yard Breaststroke |
| #23 11/12 Girls 50 Yard Butterfly | #24 11/12 Boys 50 Yard Butterfly |
| #25 9/10 Girls 50 Yard Butterfly | #26 9/10 Boys 50 Yard Butterfly |
| #27 11/12 Girls 100 Yard IM | #28 11/12 Boys 100 Yard IM |
| #29 9/10 Girls 100 Yard IM | #30 9/10 Boys 100 Yard IM |

Session 3 Open girls/boys

- #31 Open Girls 200 Yard Freestyle
- #32 Open Boys 200 Yard Freestyle
- #33 Open Girls 100 Yard Backstroke
- #34 Open Boys 100 Yard Backstroke
- #35 Open Girls 100 Yard Freestyle
- #36 Open Boys 100 Yard Freestyle
- #37 Open Girls 100 Yard Breaststroke
- #38 Open Boys 100 Yard Breaststroke
- #39 Open Girls 50 Yard Freestyle
- #40 Open Boys 50 Yard Freestyle
- #41 Open Girls 100 Yard Butterfly
- #42 Open Boys 100 Yard Butterfly
- #43 Open Girls 200 Yard IM
- #44 Open Boys 200 Yard IM

Open events will be swum together but the 13-14 age group and 15 & up age group will be awarded separately
